August birth flower, poppy

6 inch (15 cm) hoop, 4.1 × 3.6 in (10.4 × 9.1 cm)



Colors by number: page 2.
Fabric: dark green cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of dark green cotton or linen.

An embroidery needle, size 9.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Fishbone stitch**
   2 strands, colors 3, 4, 5
   Leaves



2. **Long and short stitch**
   1 strand, colors 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13
   Stems (color 3), petals, buds, bud petals, seed head



3. **Satin stitch**
   2 strands, colors 1, 3, 5, 6
   Pods, stems (color 3), seed head crown, month



4. **Buttonhole stitch**
   2 strands, color 1
   Scalloped edge



5. **Stem stitch**, 2 strands, colors 2, 6
   Edge cord, leaf veins (color 6)

6. **Split stitch**
   1 strand, colors 4, 6, 7, 13
   Leaf veins (color 6), petal edges, seed head ribs (color 4)

7. **Straight stitch**
   1 strand, colors 4, 6, 14
   Lines of the stamens, pod rays, bud hairs, seed head ribs (color 4)



8. **French knot**
   1 strand, two wraps, colors 8, 14
   Knots of the stamens



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC BLANC White	**6**	DMC 3348 Light Yellow Green	**11**	DMC 321 Red
2	DMC ECRU Ecru	**7**	DMC 351 Coral	**12**	DMC 666 Bright Red
3	DMC 3364 Pine Green	**8**	DMC 310 Black	**13**	DMC 606 Bright Orange-Red
4	DMC 3363 Medium Pine Green	**9**	DMC 814 Dark Garnet	**14**	DMC 3799 Very Dark Pewter Gray
5	DMC 988 Medium Forest Green	**10**	DMC 498 Dark Red		

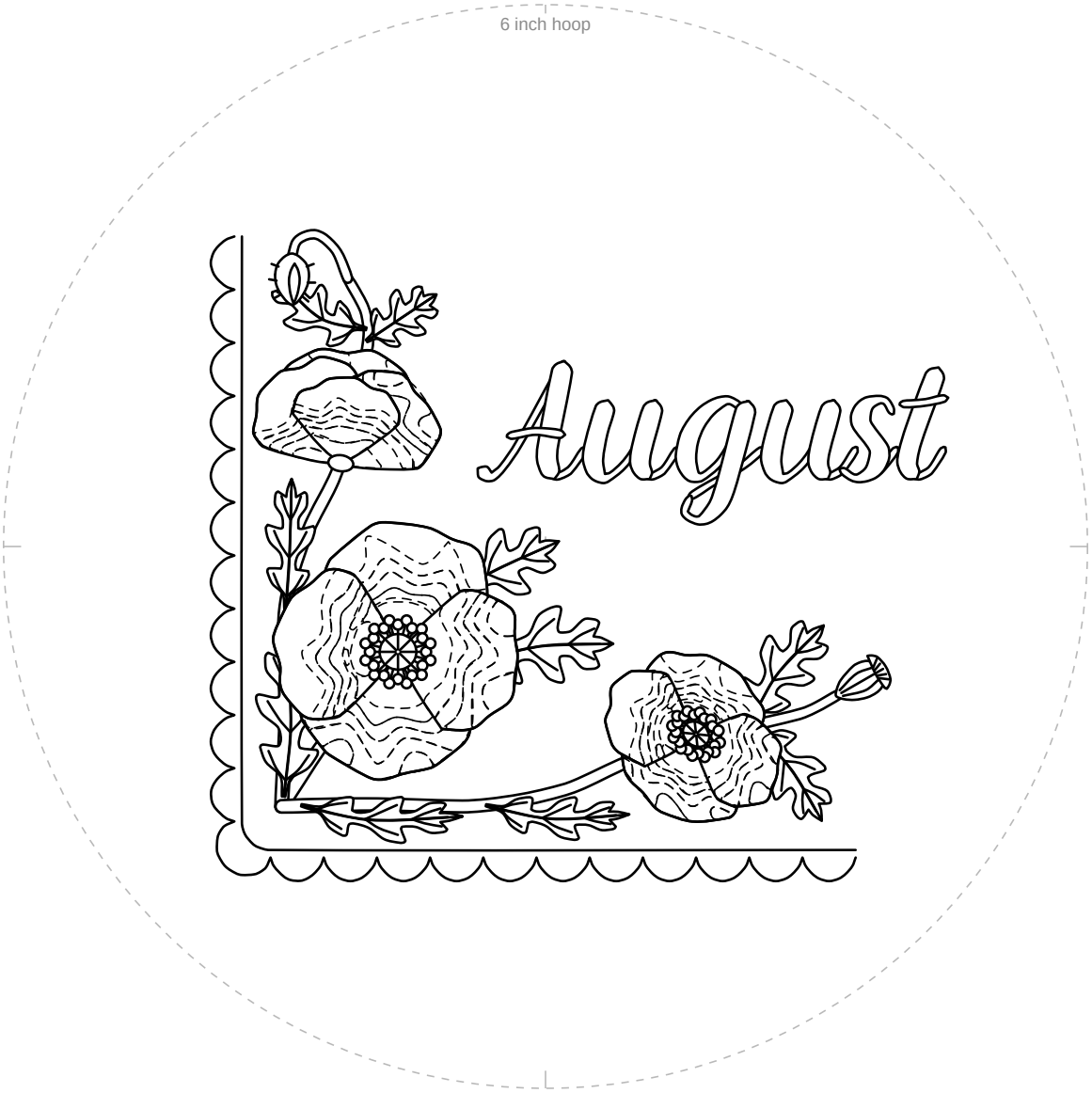
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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