Avocado branch with fruit and flowers

6 inch (15 cm) hoop, 4.6 × 4.7 in (11.7 × 11.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

22 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20
   2 strands: leaves, fruit stalks (colors 2 and 5), bough, dark fruit, wine fruit, half skin
   1 strand: leaf backs, cut end, flesh, stone hollow, stone



2. **Satin stitch**
   2 strands, colors 2, 3, 21
   Fruit stalks (color 2), stone highlight



3. **Back stitch**, 1 strand, colors 3, 6
   Leaf veins (colors 3 and 6)

4. **Split stitch**
   1 strand, colors 1, 2, 3, 4, 6, 7, 13, 18
   Leaf edges, leaf veins (colors 6 and 7), edges of the leaf backs, skin edges, flesh rim, stone edge

5. **Stem stitch**, 1 strand, color 3
   Flower stems

6. **Straight stitch**, 1 strand, color 16
   Lines of the open flowers



7. **Lazy daisy stitch**
   2 strands, color 22
   Loops of the open flowers



8. **French knot**
   two wraps, colors 3, 7, 22
   2 strands: flower buds
   1 strand: flower centers



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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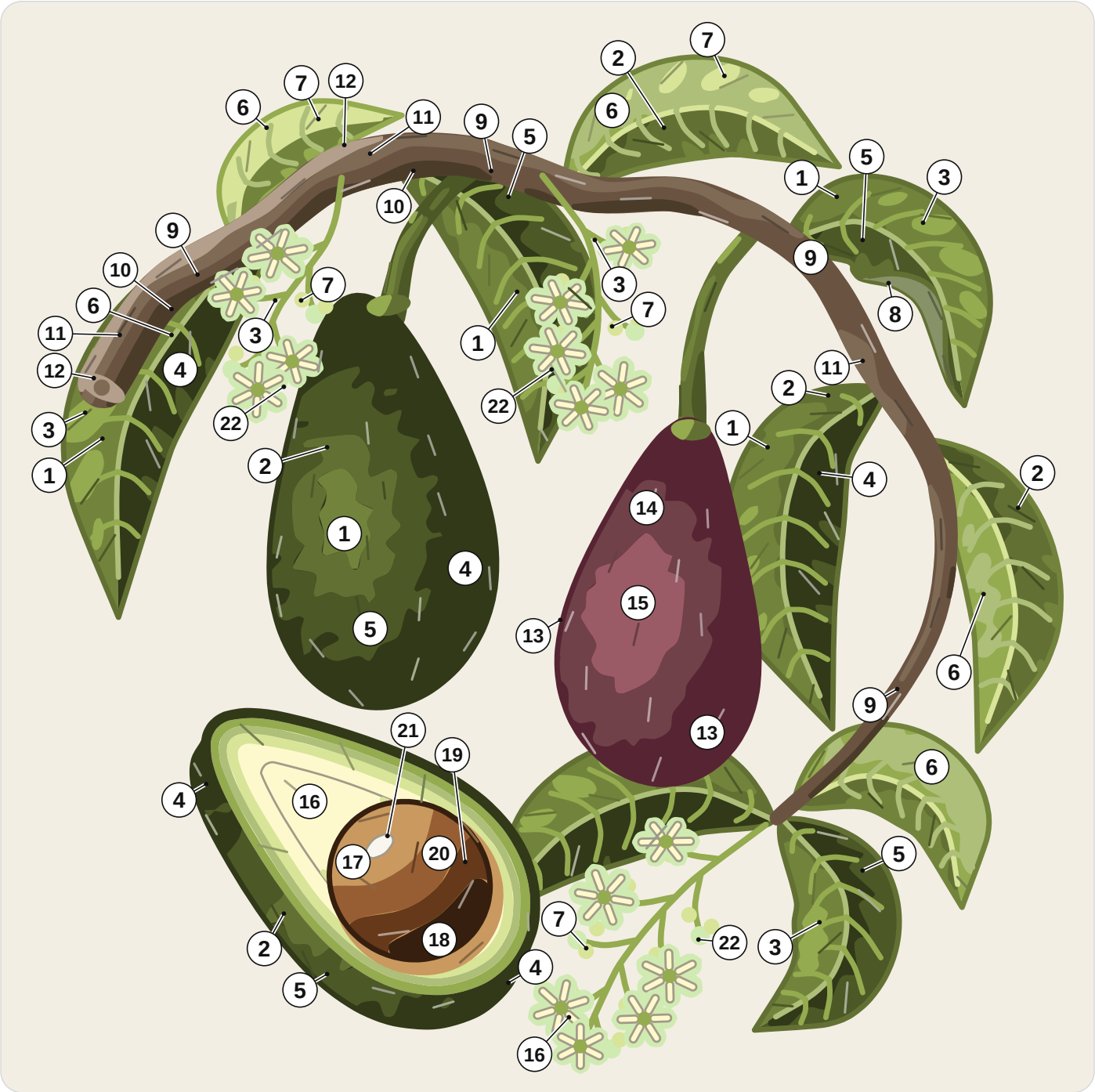
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 469 Avocado Green	9	DMC 3781 Dark Mocha Brown	17	DMC 436 Tan
2	DMC 937 Medium Avocado Green	10	DMC 3031 Very Dark Mocha Brown	18	DMC 938 Ultra Dark Coffee Brown
3	DMC 470 Light Avocado Green	11	DMC 3790 Ultra Dark Beige Gray	19	DMC 801 Dark Coffee Brown
4	DMC 934 Black Avocado Green	12	DMC 3032 Medium Mocha Brown	20	DMC 434 Light Brown
5	DMC 936 Very Dark Avocado Green	13	DMC 154 Very Dark Grape	21	DMC 3865 Winter White
6	DMC 471 Very Light Avocado Green	14	DMC 3802 Very Dark Antique Mauve	22	DMC 14 Pale Apple Green
7	DMC 472 Ultra Light Avocado Green	15	DMC 3726 Dark Antique Mauve		
8	DMC 3052 Medium Green Gray	16	DMC 3078 Very Light Golden Yellow		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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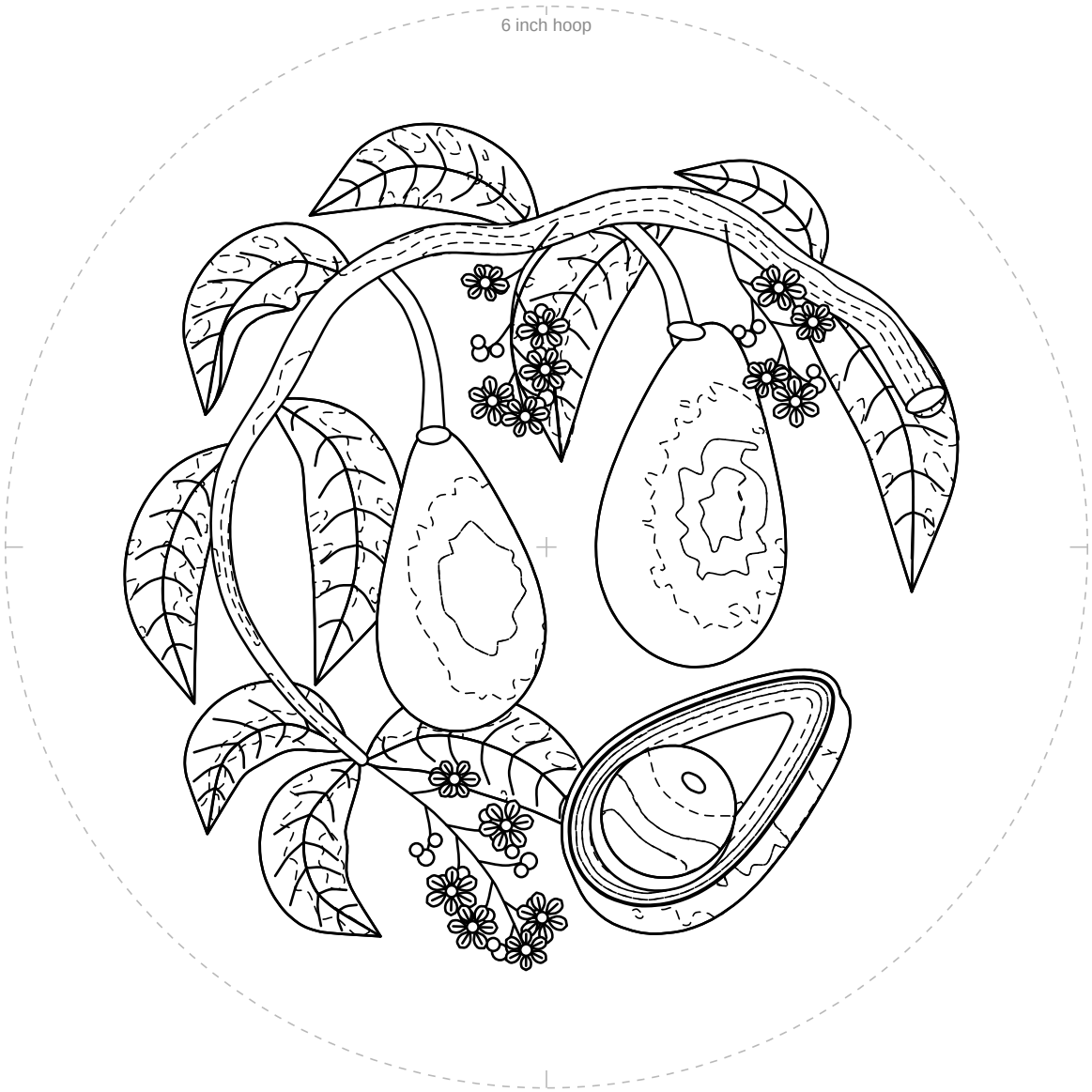
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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