Avocado pit sprouting in a glass

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.2 × 4.4 in (8.1 × 11.2 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 932 Light Antique Blue**
  Fine roots, sill and water line, glass (darker)
- **2 DMC 3865 Winter White**
  Glass (lighter), roots, whipped root, moon, near rim and bubbles
- **3 DMC 3348 Light Yellow Green**
  Leaf edges, leaf ribs and stems
- **4 DMC 3347 Medium Yellow Green**
  Leaves
- **5 DMC 351 Coral**
  New leaves (lighter)
- **6 DMC 3776 Light Mahogany**
  Pit (light), new leaves (darker)
- **7 DMC 738 Very Light Tan**
  Toothpicks
- **8 DMC 400 Dark Mahogany**
  Pit (dark), pit split
- **9 DMC 301 Medium Mahogany**
  Pit (middle)

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Leaves, toothpicks, pit, pit split, moon
2. **Fishbone stitch**, 2 strands
   New leaves
3. **Stem stitch**, strands by part on page 2
   Sill, stems, leaf edges, glass
4. **Outline stitch**, 2 strands
   Water line
5. **Whipped back stitch**, 3 strands
   Whipped root, near rim
6. **Split stitch**, strands by part on page 2
   Roots, fine roots
7. **Back stitch**, 1 strand
   Leaf ribs
8. **French knot**, 2 strands, two wraps
   Bubbles

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 932 Light Antique Blue	**4**	DMC 3347 Medium Yellow Green	**7**	DMC 738 Very Light Tan
2	DMC 3865 Winter White	**5**	DMC 351 Coral	**8**	DMC 400 Dark Mahogany
3	DMC 3348 Light Yellow Green	**6**	DMC 3776 Light Mahogany	**9**	DMC 301 Medium Mahogany

How many strands

Stem stitch. 3 or 5 strands: stems; 4 strands: sill; 2 or 4 strands: glass; 2 strands: leaf edges.
Split stitch. 3 strands: roots; 2 strands: fine roots.

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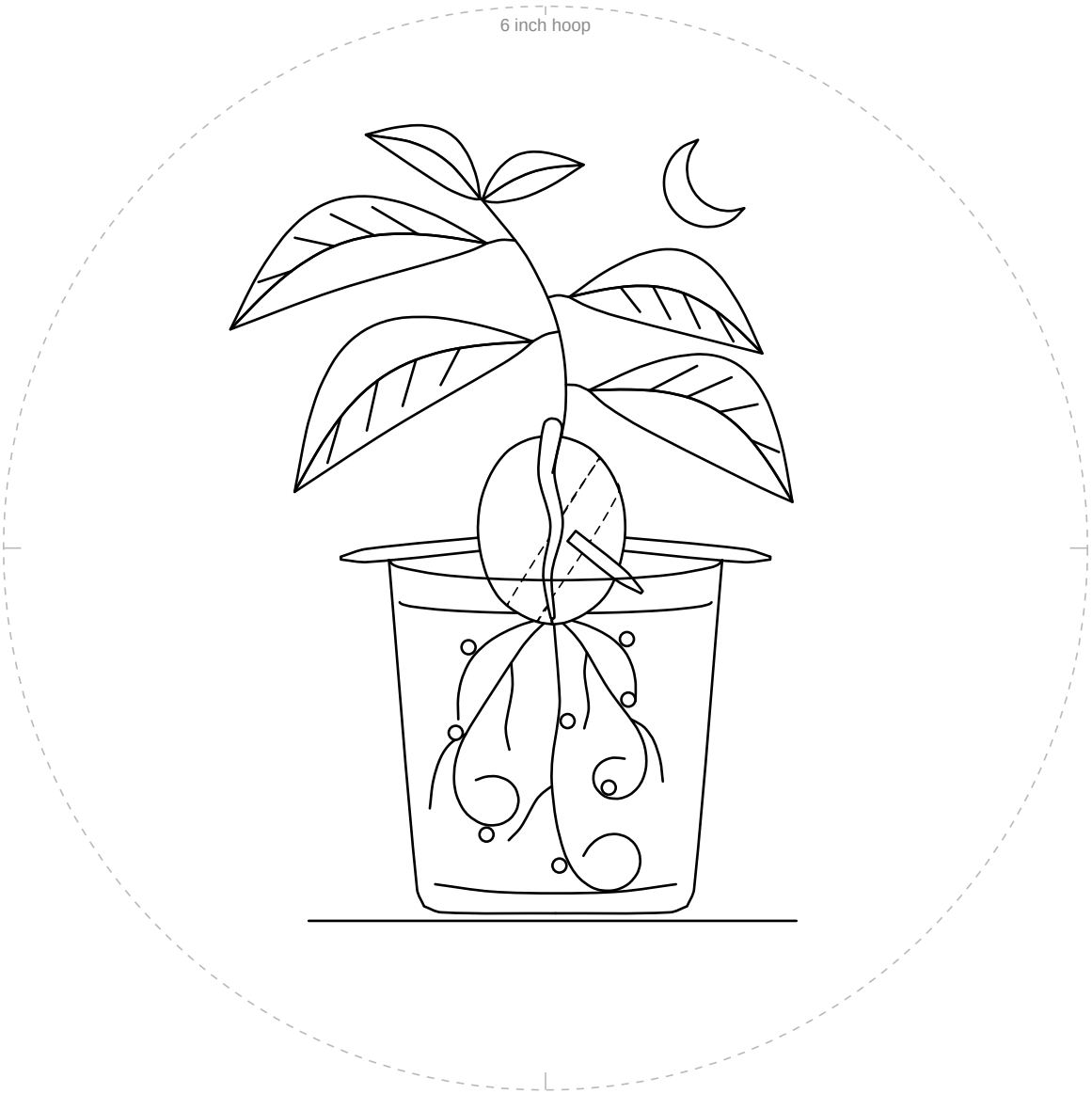
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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