Avocado toast with a fried egg

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 3 for 4 to 6 strands.

19 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   2 strands: plate well
   4 strands: basil stem

2. **Fishbone stitch**, 2 strands
   Basil leaves



3. **Long and short stitch**
   2 strands: bread face, avocado, yolk
   1 strand: crust, egg white



4. **Satin stitch**
   2 strands: plate rim, bitten edge, avocado skin, radish skins, yolk highlight, crumbs
   1 strand: shadow, radish



5. **Straight stitch**
   6 strands: plate stripes
   1 strand: radish hearts



6. **Stem stitch**
   3 strands: lines of the plate rim
   1 strand: lines of the basil leaves

7. **Split stitch**
   2 strands: edges of the bitten edge
   1 strand: edges of the avocado, yolk edge
   3 strands: egg edge

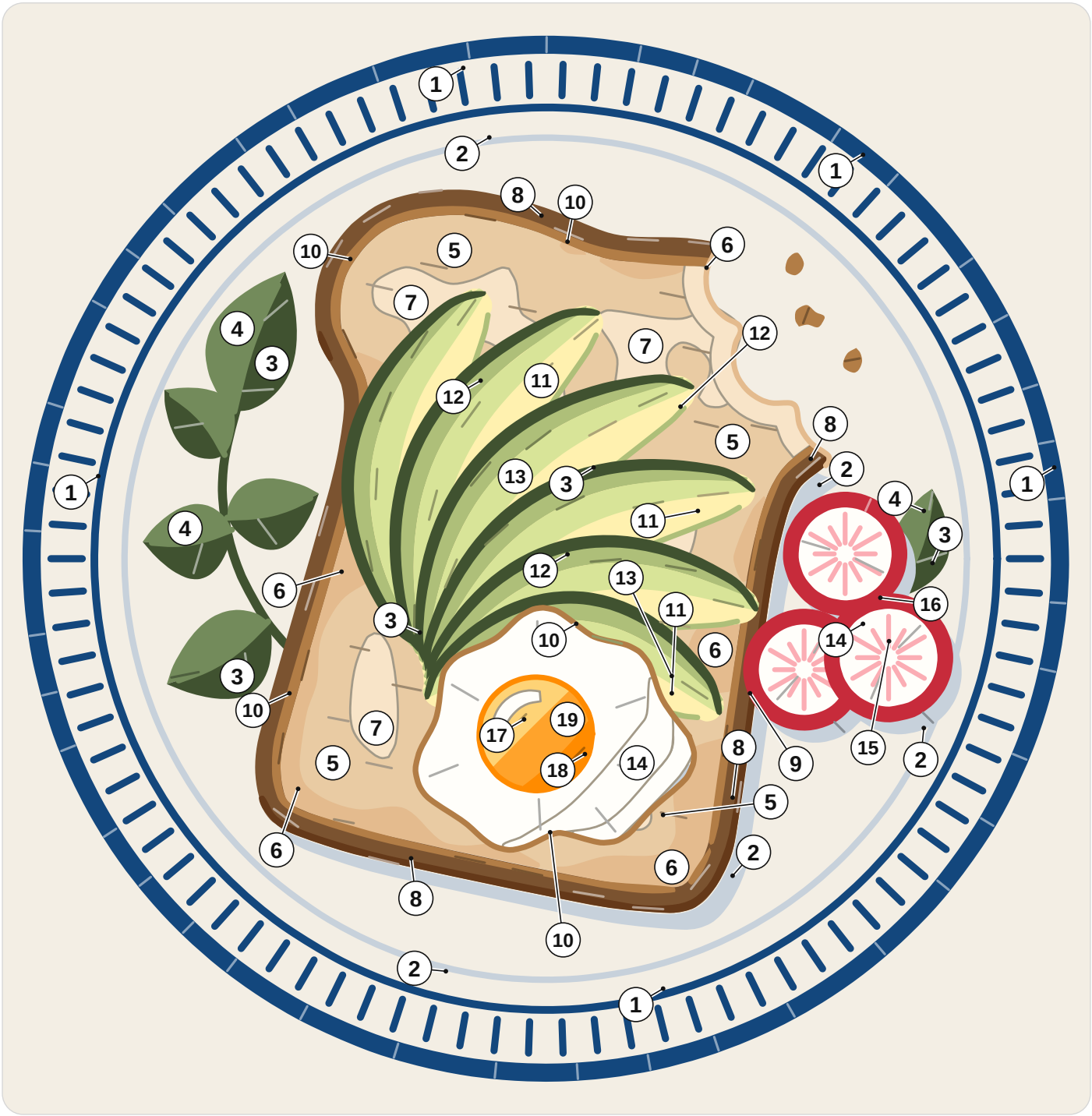
Take out lines that still show, press face down, finish the hoop.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Avocado toast with a fried egg

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 797 Royal Blue	**8**	DMC 433 Medium Brown	**15**	DMC 3326 Light Rose
2	DMC 3752 Very Light Antique Blue	**9**	DMC 801 Dark Coffee Brown	**16**	DMC 321 Red
3	DMC 986 Very Dark Forest Green	**10**	DMC 435 Very Light Brown	**17**	DMC 743 Medium Yellow
4	DMC 988 Medium Forest Green	**11**	DMC 727 Very Light Topaz	**18**	DMC 740 Tangerine
5	DMC 738 Very Light Tan	**12**	DMC 471 Very Light Avocado Green	**19**	DMC 741 Medium Tangerine
6	DMC 437 Light Tan	**13**	DMC 472 Ultra Light Avocado Green		
7	DMC 739 Ultra Very Light Tan	**14**	DMC BLANC White		

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Avocado toast with a fried egg

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Avocado toast with a fried egg

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.