Baby onesie with a heart

6 inch (15 cm) hoop, 4.6 × 4.4 in (11.7 × 11.2 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

19 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   colors 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 17, 18, 19
   1 strand: inside back, hanger, twigs, branch, heart, blossom petals, buds
   2 strands: sleeves, suit



2. **Satin stitch**
   2 strands, colors 1, 5, 6, 11, 15, 16
   Hanger hook, neck binding, branch end, cuffs, snap band, leg bindings, snaps, green cup



3. **Fishbone stitch**
   2 strands, colors 15, 16
   Leaves



4. **Stem stitch**, colors 3, 12, 16
   1 strand: gathers
   2 strands: seams, folds, lapped shoulders, heart edge, bud stems

5. **Running stitch**
   2 strands, color 14
   Heart stitching

6. **Split stitch**, 1 strand, color 17
   Petal edges

7. **Straight stitch**, 1 strand, color 15
   Stamens



8. **French knot**
   1 strand, two wraps, colors 2, 15
   Stamen tips



Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 414 Dark Steel Gray	8	DMC 3031 Very Dark Mocha Brown	15	DMC 470 Light Avocado Green
2	DMC 3820 Dark Straw	9	DMC 745 Light Pale Yellow	16	DMC 3362 Dark Pine Green
3	DMC 729 Medium Old Gold	10	DMC 3078 Very Light Golden Yellow	17	DMC 3688 Medium Mauve
4	DMC 3855 Light Autumn Gold	11	DMC 3865 Winter White	18	DMC 3326 Light Rose
5	DMC 350 Medium Coral	12	DMC 498 Dark Red	19	DMC 3687 Mauve
6	DMC 435 Very Light Brown	13	DMC 321 Red		
7	DMC 433 Medium Brown	14	DMC 818 Baby Pink		

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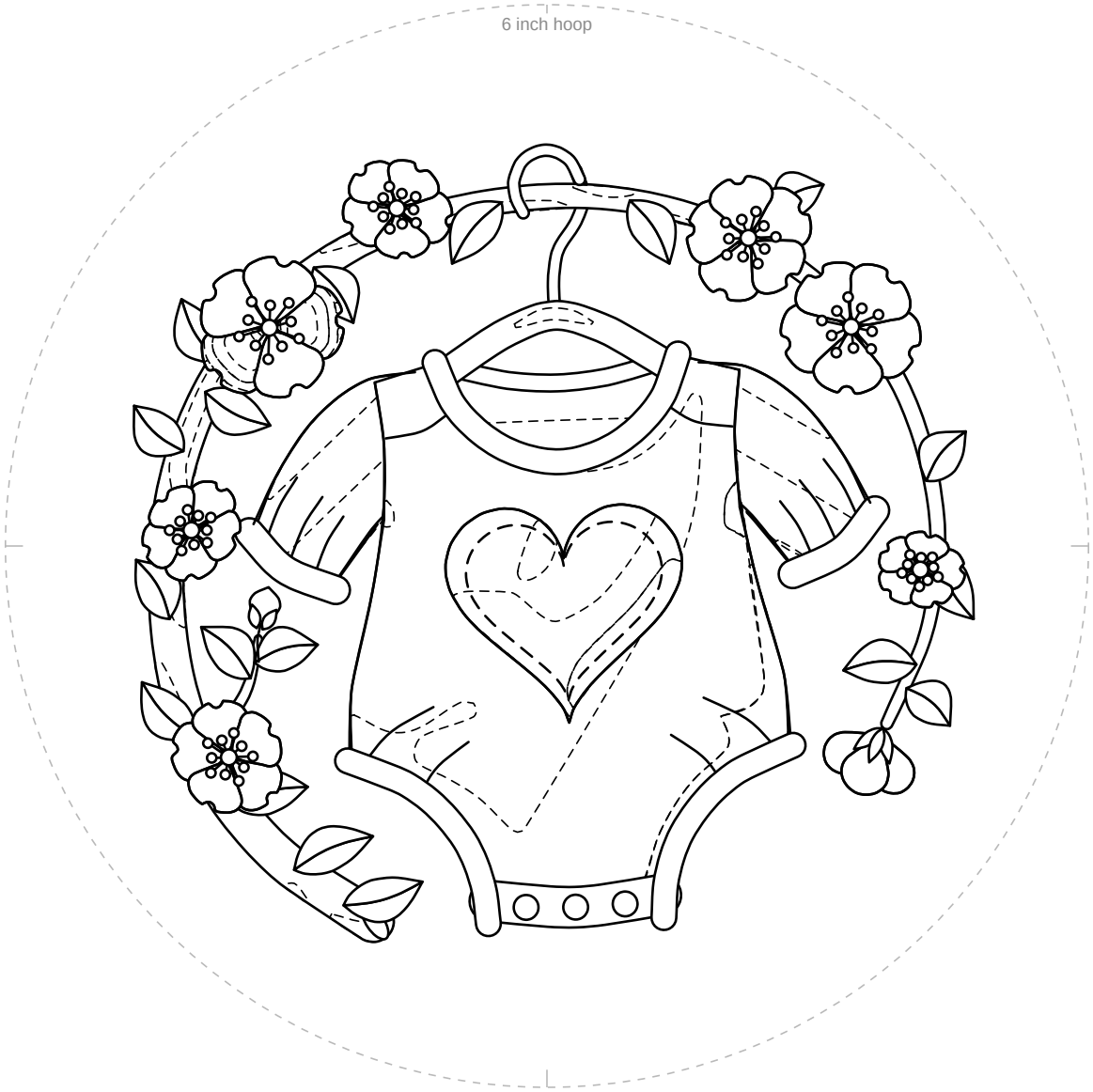
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a dashed line is running stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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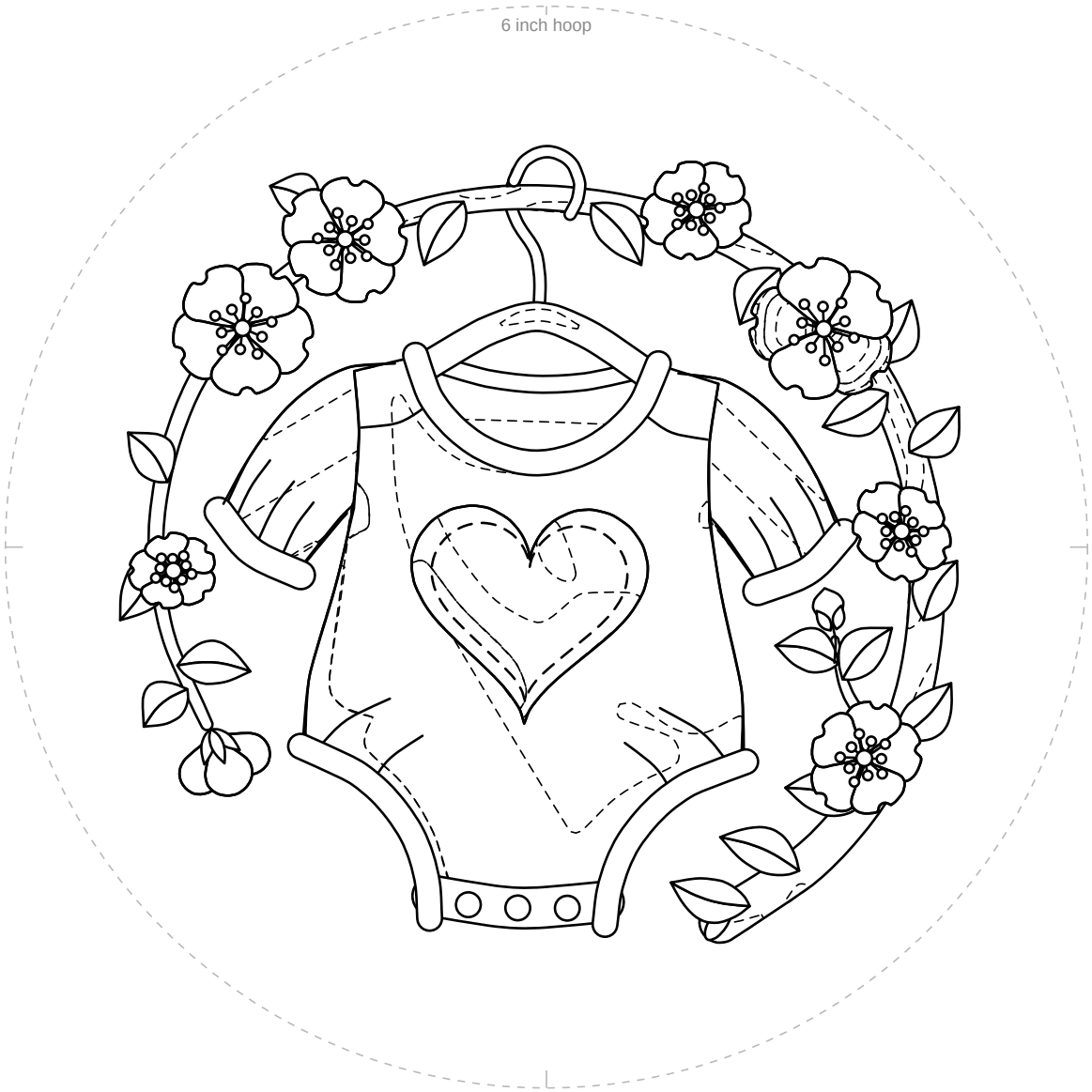
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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