Badminton shuttlecock with wildflowers

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.9 × 4.1 in (9.9 × 10.4 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Fishbone stitch**, 2 strands
   Inside feathers, leaves, buds, feathers
2. **Satin stitch**, 2 strands
   Cornflower petals, poppy hearts, poppy pods, cork top, cork band
3. **Long and short stitch**, 1 strand
   Poppy petals
4. **Padded satin stitch**, 2 strands
   Cork
5. **Stem stitch**, strands by part on page 2
   Grass stems, flower stems, quills
6. **Straight stitch**, 1 strand
   Cow parsley rays
7. **Whipped back stitch**, 2 strands
   Thread rings
8. **Lazy daisy stitch**, 1 strand
   Grass seeds
9. **French knot**
   strands by part on page 2, two wraps
   Cow parsley knots, cornflower hearts, poppy anthers

In a 6 inch hoop the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 931 Medium Antique Blue** Inside feathers
- **2 DMC 3753 Ultra Very Light Antique Blue**
  Feathers (darker), grass stems and grass seeds
- **3 DMC 522 Fern Green**
  Flower stems, leaves and buds (darker)
- **4 DMC 524 Very Light Fern Green**
  Cow parsley rays and poppy pods, flower stems, leaves and buds (lighter)
- **5 DMC 3865 Winter White**
  Feathers and thread rings (lighter), cow parsley knots
- **6 DMC 800 Pale Delft Blue** Cornflower petals (light)
- **7 DMC 799 Medium Delft Blue**
  Cornflower petals (middle)
- **8 DMC 792 Dark Cornflower Blue**
  Cornflower petals (dark), poppy hearts, poppy anthers and cornflower hearts
- **9 DMC 349 Dark Coral** Poppy petals (dark), cork top
- **10 DMC 351 Coral**
  Poppy petals (middle), cork band, thread rings (darker)
- **11 DMC 352 Light Coral** Poppy petals (light)
- **12 DMC 712 Cream** Cork and quills (lighter)
- **13 DMC 738 Very Light Tan**
  Quills and cork (darker)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

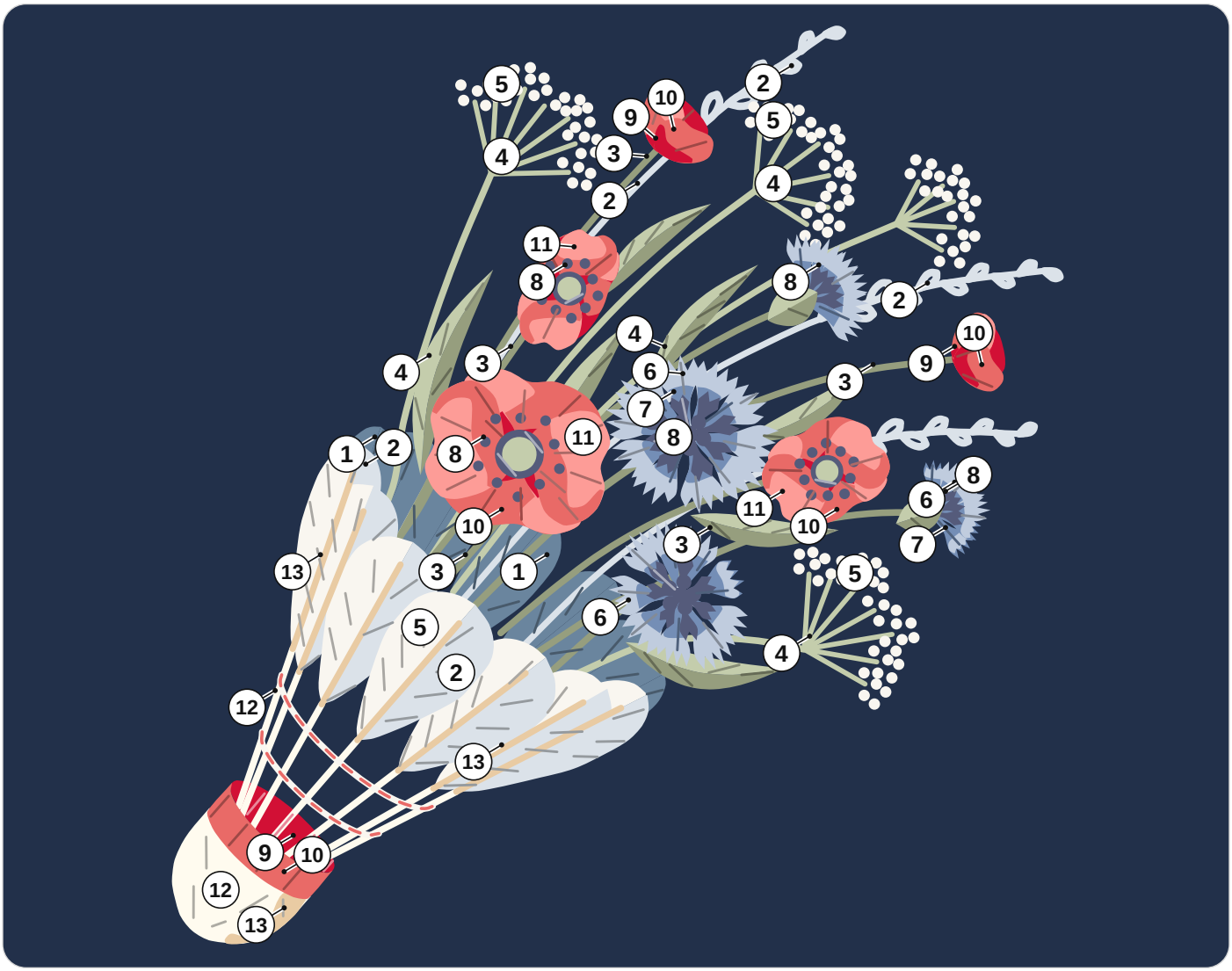
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A dashed line is whipped back stitch. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 931 Medium Antique Blue	**6**	DMC 800 Pale Delft Blue	**11**	DMC 352 Light Coral
2	DMC 3753 Ultra Very Light Antique Bl...	**7**	DMC 799 Medium Delft Blue	**12**	DMC 712 Cream
3	DMC 522 Fern Green	**8**	DMC 792 Dark Cornflower Blue	**13**	DMC 738 Very Light Tan
4	DMC 524 Very Light Fern Green	**9**	DMC 349 Dark Coral		
5	DMC 3865 Winter White	**10**	DMC 351 Coral		

How many strands

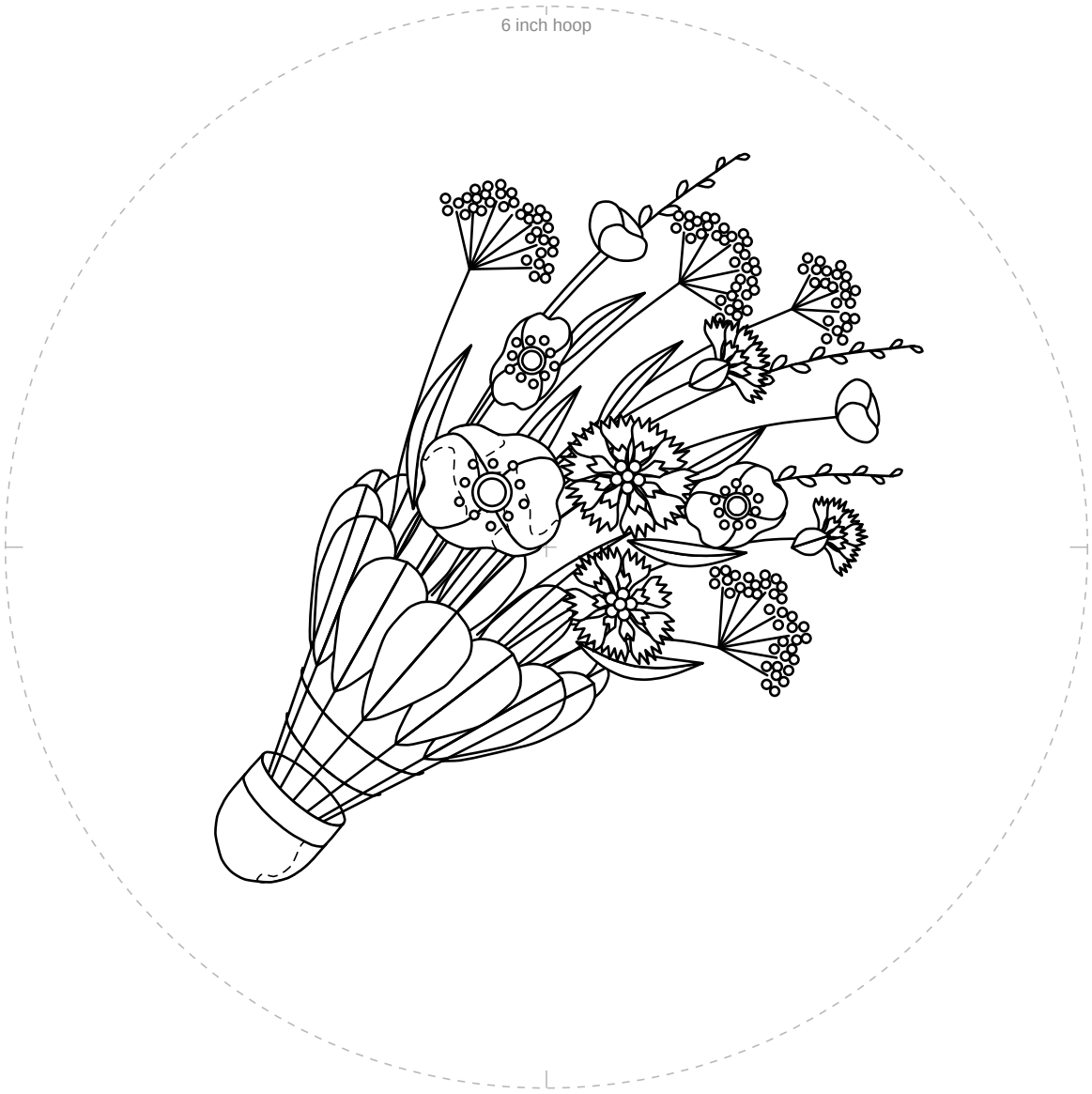
Stem stitch. 1 or 2 strands: flower stems, quills; 1 strand: grass stems.
French knot. 2 strands: cornflower hearts; 1 strand: cow parsley knots, poppy anthers.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

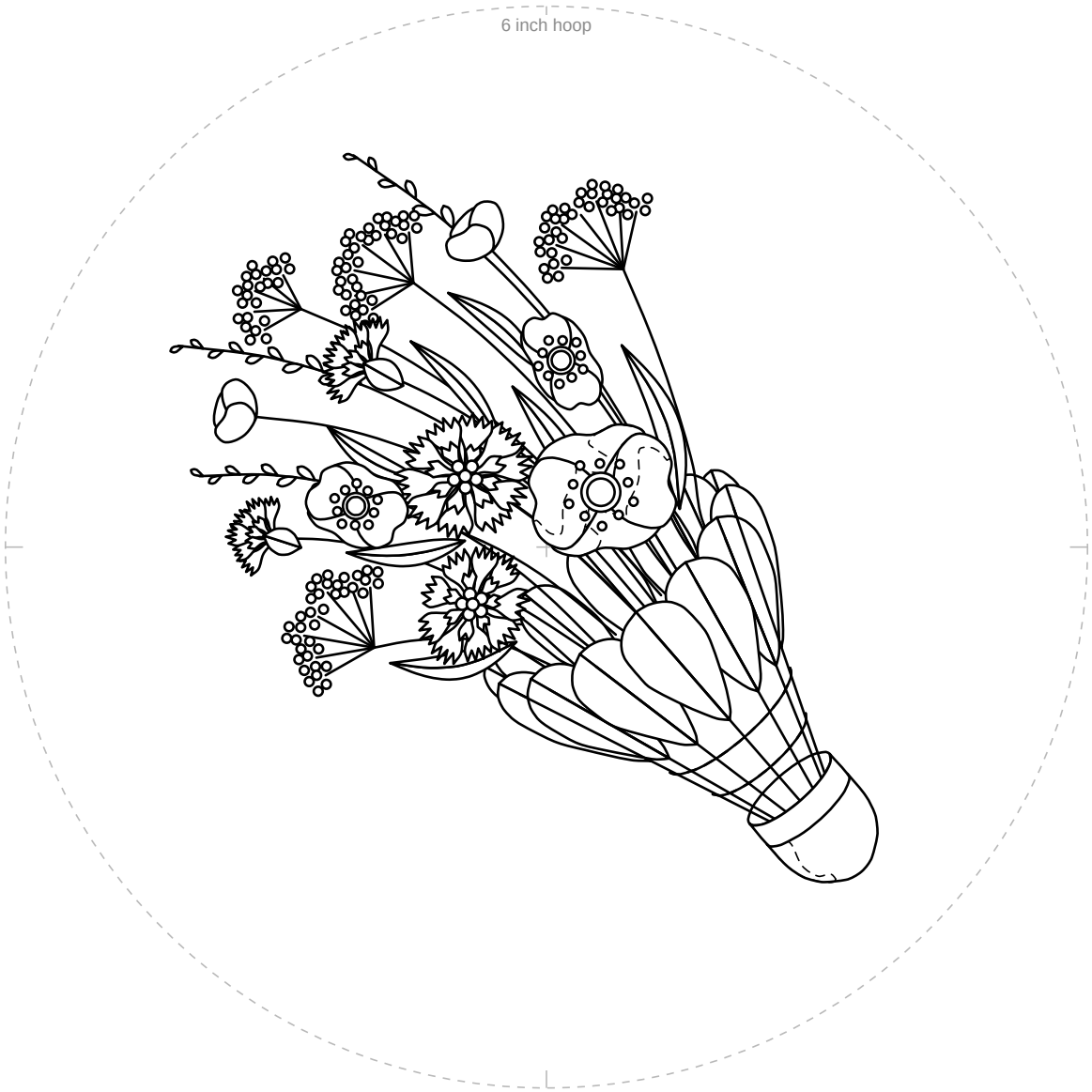
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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