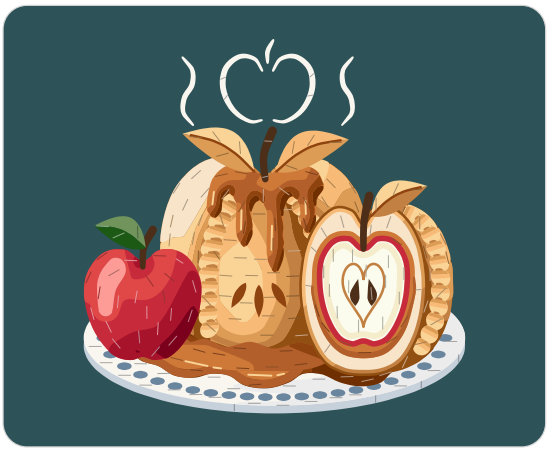
Baked apple dumpling

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.3 in (11.2 × 10.9 cm).



Which color goes where: by number on page 2.
Fabric: teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Satin stitch**, strands by part on page 2
   Plate edge, rim dots, crimped edges, seams, vents, apple stems, cut crust, inside of the crust, apple peel, seeds, steam
2. **Long and short stitch**, 1 strand
   Plate, caramel sauce, pastry sides, front corner, caramel, syrup inside, apple flesh, red apple
3. **Fishbone stitch**, 2 strands
   Pastry leaves, green leaf
4. **Straight stitch**, 2 strands
   Caramel light
5. **Stem stitch**, strands by part on page 2
   Pastry leaves, crust outline, core line

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3752 Very Light Antique Blue** Plate edge
- **2 DMC 3865 Winter White** Plate (lighter), steam
- **3 DMC 762 Very Light Pearl Gray** Plate (darker)
- **4 DMC 931 Medium Antique Blue** Rim dots
- **5 DMC 300 Very Dark Mahogany**
  Caramel sauce and caramel (darkest)
- **6 DMC 400 Dark Mahogany**
  Caramel sauce and caramel (dark), pastry leaves (darkest), vents
- **7 DMC 301 Medium Mahogany**
  Caramel sauce and caramel (light), syrup inside (darker)
- **8 DMC 3776 Light Mahogany**
  Syrup inside (lighter), caramel and caramel sauce (lightest)
- **9 DMC 975 Dark Golden Brown**
  Pastry sides and front corner (darkest), crust outline
- **10 DMC 976 Medium Golden Brown**
  Pastry sides, cut crust, front corner and pastry leaves (dark), seams and 2 more parts
- **11 DMC 977 Light Golden Brown**
  Cut crust and front corner (middle), pastry sides (middle dark) and 2 more parts
- **12 DMC 3827 Pale Golden Brown**
  Cut crust and front corner (light), pastry sides (middle light) and 2 more parts
- **13 DMC 3855 Light Autumn Gold**
  Crimped edges and front corner (lightest), pastry sides (light) and 2 more parts
- **14 DMC 739 Ultra Very Light Tan**
  Inside of the crust, pastry sides (lightest)
- **15 DMC 898 Very Dark Coffee Brown** Apple stems and seeds
- **16 DMC 321 Red** Red apple (middle), apple peel
- **17 DMC 746 Off White** Apple flesh (lighter)
- **18 DMC 677 Very Light Old Gold** Apple flesh (darker)
- **19 DMC 814 Dark Garnet** Red apple (darkest)
- **20 DMC 498 Dark Red** Red apple (dark)
- **21 DMC 350 Medium Coral** Red apple (light)
- **22 DMC 352 Light Coral** Red apple (lightest)
- **23 DMC 3347 Medium Yellow Green** Green leaf (lighter)
- **24 DMC 3345 Dark Hunter Green** Green leaf (darker)

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Baked apple dumpling

6 inch hoop

How to read it

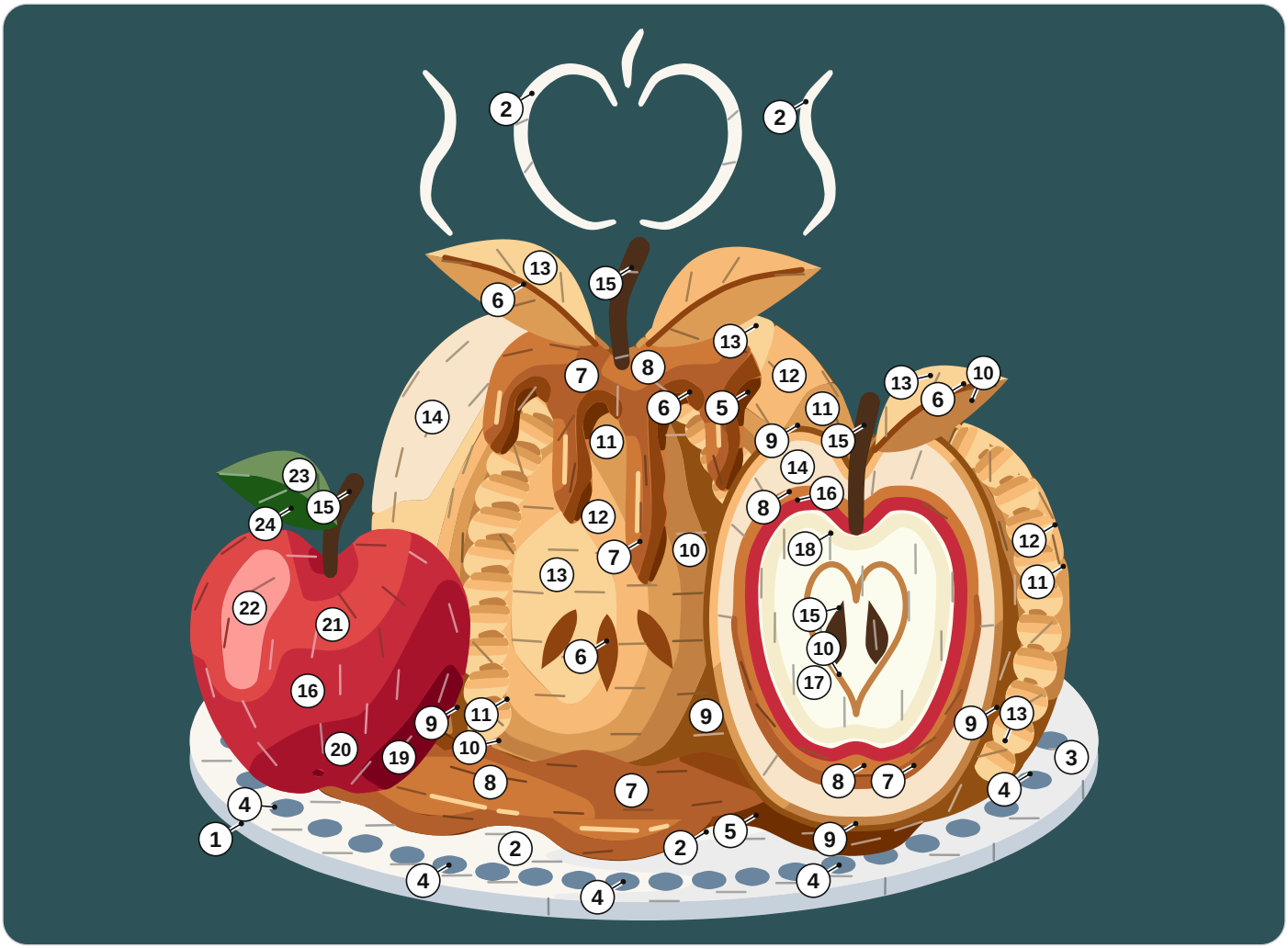
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3752 Very Light Antique Blue	9	DMC 975 Dark Golden Brown	17	DMC 746 Off White
2	DMC 3865 Winter White	10	DMC 976 Medium Golden Brown	18	DMC 677 Very Light Old Gold
3	DMC 762 Very Light Pearl Gray	11	DMC 977 Light Golden Brown	19	DMC 814 Dark Garnet
4	DMC 931 Medium Antique Blue	12	DMC 3827 Pale Golden Brown	20	DMC 498 Dark Red
5	DMC 300 Very Dark Mahogany	13	DMC 3855 Light Autumn Gold	21	DMC 350 Medium Coral
6	DMC 400 Dark Mahogany	14	DMC 739 Ultra Very Light Tan	22	DMC 352 Light Coral
7	DMC 301 Medium Mahogany	15	DMC 898 Very Dark Coffee Brown	23	DMC 3347 Medium Yellow Green
8	DMC 3776 Light Mahogany	16	DMC 321 Red	24	DMC 3345 Dark Hunter Green

How many strands

Satin stitch. 2 strands: plate edge, rim dots, crimped edges, seams, vents, apple stems, cut crust, inside of the crust, apple peel, seeds; 1 strand: steam.
Stem stitch. 2 strands: crust outline, core line; 1 strand: pastry leaves.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Baked apple dumpling

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

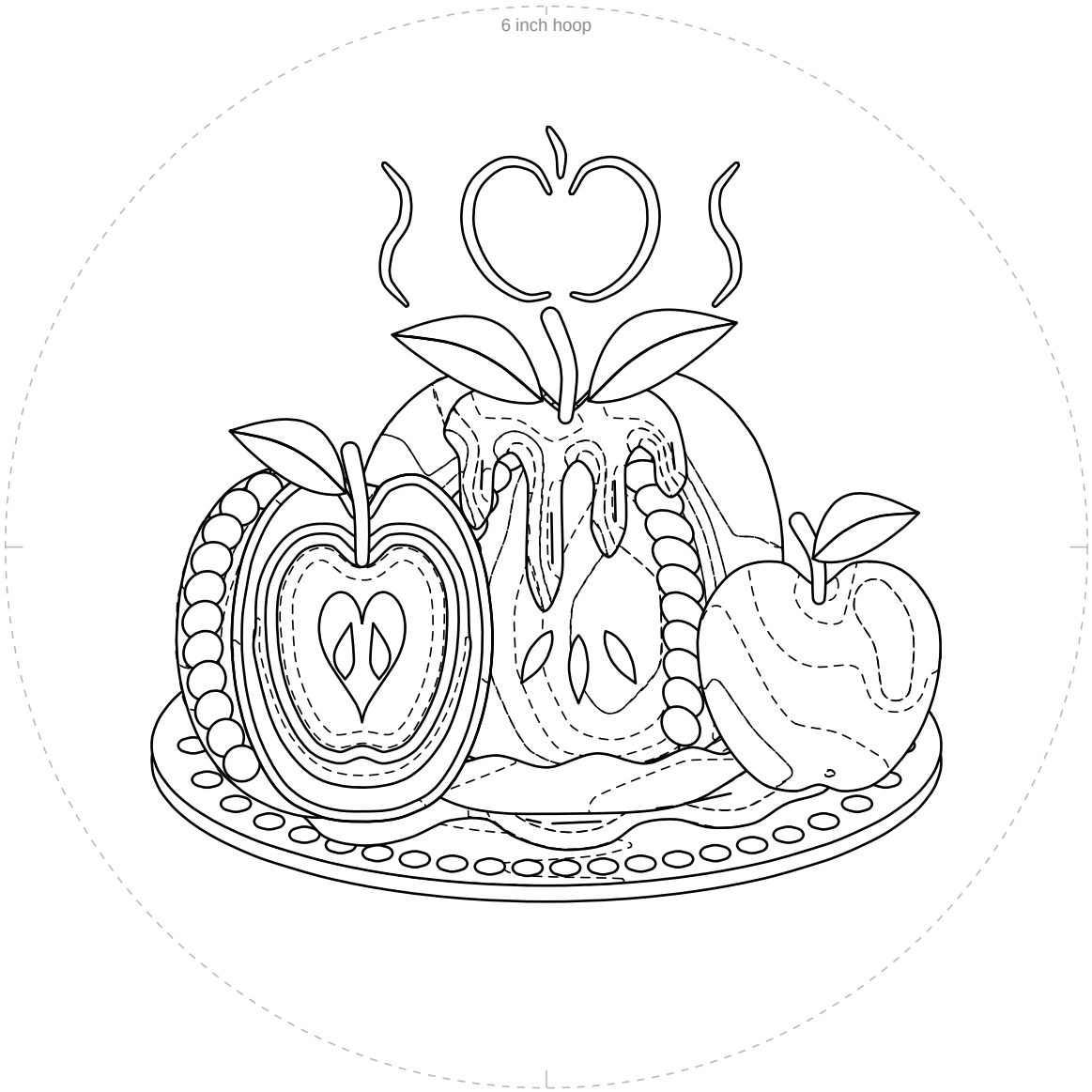
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Baked apple dumpling

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.