Baking in laurel

6 inch (15 cm) hoop, 4.6 × 4.8 in (11.7 × 12.2 cm)



Colors by number: page 2.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 22 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Wheat stems

2. **Satin stitch**, 2 strands
   Half filled leaves, bread board rim, honey dipper, dipper grooves



3. **Long and short stitch**
   1 strand
   Branches, bread board, loaf crust, scored sprig



4. **Fishbone stitch**, 2 strands
   Bay leaves, wheat ears



5. **Back stitch**, 1 strand
   Leaf veins (colors 5 and 7)

6. **Stem stitch**
   2 strands: open leaves, leaf stalks
   1 strand: berry stalks

7. **Straight stitch**, 1 strand
   Leaf veins (colors 3, 5 and 7), berry highlights, wheat beards



8. **Whipped back stitch**
   3 strands
   Twine

9. **Split stitch**, 1 strand
   Score edges

10. **Padded satin stitch**
    2 strands: berries, twine knot
    1 strand: letters



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 433 Medium Brown	9	DMC 3750 Very Dark Antique Blue	17	DMC 300 Very Dark Mahogany
2	DMC 3031 Very Dark Mocha Brown	10	DMC 939 Very Dark Navy Blue	18	DMC 975 Dark Golden Brown
3	DMC 895 Very Dark Hunter Green	11	DMC 931 Medium Antique Blue	19	DMC 3827 Pale Golden Brown
4	DMC 3346 Hunter Green	12	DMC 498 Dark Red	20	DMC 780 Ultra Very Dark Topaz
5	DMC 3345 Dark Hunter Green	13	DMC 3823 Ultra Pale Yellow	21	DMC 3822 Light Straw
6	DMC 3347 Medium Yellow Green	14	DMC 437 Light Tan	22	DMC 783 Medium Topaz
7	DMC 520 Dark Fern Green	15	DMC 738 Very Light Tan		
8	DMC 522 Fern Green	16	DMC 3826 Golden Brown		

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Baking in laurel

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a dashed line is whipped back stitch; a finer one inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Baking in laurel

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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