Be still and know that I am God

Sized for a 6 inch hoop (15 cm). The stitched design is about 4 × 4 in (10.2 × 10.2 cm).



Which color goes where.

Floss

- **DMC 712 Cream**
  Words and leaf vein, ripples (light)
- **DMC 3325 Light Baby Blue**
  Ripples (middle)
- **DMC 334 Medium Baby Blue**
  Ripples (dark)
- **DMC 350 Medium Coral**
  Leaf (darker), leaf stalk
- **DMC 352 Light Coral**
  Leaf (lighter)

Stitches

- **Running stitch**, 2 to 3 strands
  Ripples
- **Stem stitch**, 1 to 2 strands
  Leaf stalk, leaf vein
- **Fishbone stitch**, 2 strands
  Leaf
- **Satin stitch**, 2 strands
  Words
- **Back stitch**, 2 strands
  Words

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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