Be still with a sleeping fox

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.2 in (12.2 × 10.7 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Ferns, bluebells, nose, mushroom stems, mushroom caps
2. **Long and short stitch**, 1 strand
   Fox body, fox tail, tail tip, fox haunch, fox ears, inner ears, fox head, cheeks
3. **Stem stitch**, strands by part on page 2
   Fern stems, bluebell stems, closed eyes, words
4. **Split stitch**, 1 strand
   Tail tip
5. **Straight stitch**, 1 strand
   Nose light
6. **French knot**, 2 strands, two wraps
   Bluebell caps, moss, mushroom spots, words

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 895 Very Dark Hunter Green** Fern stems (darker)
- **2 DMC 3363 Medium Pine Green**
  Ferns (light), bluebell stems and bluebell caps, moss (middle)
- **3 DMC 3362 Dark Pine Green** Ferns and moss (dark)
- **4 DMC 501 Dark Blue Green**
  Ferns (darkest), fern stems (lighter)
- **5 DMC 502 Blue Green** Ferns (lightest)
- **6 DMC 155 Medium Dark Blue Violet** Bluebells (middle)
- **7 DMC 333 Very Dark Blue Violet** Bluebells (dark)
- **8 DMC 341 Light Blue Violet** Bluebells (light)
- **9 DMC 920 Medium Copper**
  Fox body, fox tail and fox haunch (dark), fox ears (light), fox head (darkest)
- **10 DMC 918 Dark Red Copper**
  Fox body, fox tail and fox haunch (darkest)
- **11 DMC 921 Copper**
  Fox body, fox tail and fox haunch (middle), fox head (dark)
- **12 DMC 922 Light Copper**
  Fox tail, fox head, fox haunch and fox body (light)
- **13 DMC 402 Very Light Mahogany**
  Fox body, fox head, fox tail and fox haunch (lightest)
- **14 DMC 3864 Light Mocha Beige**
  Tail tip and cheeks (dark), mushroom caps (light), inner ears (darker)
- **15 DMC 3865 Winter White**
  Tail tip and cheeks (light), mushroom stems (lighter), mushroom spots
- **16 DMC 738 Very Light Tan**
  Inner ears (lighter), tail tip and cheeks (middle), mushroom stems (darker), nose light
- **17 DMC 3371 Black Brown**
  Words, nose and closed eyes, fox ears (dark)
- **18 DMC 801 Dark Coffee Brown** Fox ears (middle)
- **19 DMC 3364 Pine Green** Moss (light)
- **20 DMC 3064 Desert Sand** Mushroom caps (middle)
- **21 DMC 632 Ultra Very Dark Desert Sand**
  Mushroom caps (dark)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 895 Very Dark Hunter Green	8	DMC 341 Light Blue Violet	15	DMC 3865 Winter White
2	DMC 3363 Medium Pine Green	9	DMC 920 Medium Copper	16	DMC 738 Very Light Tan
3	DMC 3362 Dark Pine Green	10	DMC 918 Dark Red Copper	17	DMC 3371 Black Brown
4	DMC 501 Dark Blue Green	11	DMC 921 Copper	18	DMC 801 Dark Coffee Brown
5	DMC 502 Blue Green	12	DMC 922 Light Copper	19	DMC 3364 Pine Green
6	DMC 155 Medium Dark Blue Violet	13	DMC 402 Very Light Mahogany	20	DMC 3064 Desert Sand
7	DMC 333 Very Dark Blue Violet	14	DMC 3864 Light Mocha Beige	21	DMC 632 Ultra Very Dark Desert Sand

How many strands

Stem stitch. 3 strands: closed eyes, words; 2 or 3 strands: fern stems; 1 or 2 strands: bluebell stems.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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