Beach babe with a wave and shells

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.8 in (11.2 × 12.2 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Wave ribbons, paper boat, boat ripples, coral, pebbles, scallop shell, whelk shell, whelk mouth, small shell, gulls, wing tips, words
2. **Long and short stitch**, 1 strand
   Foam, sand, scallop shell, starfish, whelk shell
3. **Stem stitch**, strands by part on page 2
   Wave lights, wave edge, foam edge, sand edge, shore lines, whelk lines, gull edges
4. **Back stitch**, 2 strands
   Boat folds
5. **Split stitch**, 1 strand
   Scallop ribs, starfish edge, words

Floss

- **1 DMC 823 Dark Navy Blue**
  Wave ribbons (darkest), words (darker), gull edges, wave edge and boat folds
- **2 DMC 312 Very Dark Baby Blue**
  Wave ribbons (dark), boat ripples (darker)
- **3 DMC 322 Dark Baby Blue** Wave ribbons (middle), foam edge
- **4 DMC 334 Medium Baby Blue**
  Wave ribbons (light), paper boat (dark), boat ripples (lighter)
- **5 DMC 813 Light Blue** Wave ribbons (lightest), paper boat (middle)
- **6 DMC 3865 Winter White**
  Foam (lighter), wave lights, foam knots and gulls, paper boat (light) and 3 more parts
- **7 DMC 3752 Very Light Antique Blue** Foam (darker)
- **8 DMC 739 Ultra Very Light Tan** Sand and whelk shell (light)
- **9 DMC 437 Light Tan** Sand and whelk shell (dark), shore lines
- **10 DMC 738 Very Light Tan** Whelk shell and sand (middle)
- **11 DMC 435 Very Light Brown** Sand edge and sand knots
- **12 DMC 351 Coral** Coral (lighter)
- **13 DMC 3341 Apricot** Coral tips
- **14 DMC 350 Medium Coral** Words (lighter), coral (darker)
- **15 DMC 932 Light Antique Blue**
  Pebbles (lighter), small shell (middle)
- **16 DMC 930 Dark Antique Blue** Pebbles (darker), wing tips
- **17 DMC 3778 Light Terra Cotta**
  Scallop shell and small shell (dark), whelk shell (darkest), whelk mouth (darker)
- **18 DMC 758 Very Light Terra Cotta**
  Scallop shell (light), whelk mouth (lighter)
- **19 DMC 948 Very Light Peach**
  Scallop shell (lightest), starfish knots
- **20 DMC 3830 Terra Cotta**
  Whelk lines and scallop ribs, scallop shell (darkest)
- **21 DMC 3854 Medium Autumn Gold** Starfish (light)
- **22 DMC 720 Dark Orange Spice** Starfish edge, starfish (dark)
- **23 DMC 721 Medium Orange Spice** Starfish (middle)

Stitches, continued

6. **French knot**, strands by part on page 2, two wraps
   Foam knots, spray, coral tips, starfish knots, small shell, sand knots

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 823 Dark Navy Blue	9	DMC 437 Light Tan	17	DMC 3778 Light Terra Cotta
2	DMC 312 Very Dark Baby Blue	10	DMC 738 Very Light Tan	18	DMC 758 Very Light Terra Cotta
3	DMC 322 Dark Baby Blue	11	DMC 435 Very Light Brown	19	DMC 948 Very Light Peach
4	DMC 334 Medium Baby Blue	12	DMC 351 Coral	20	DMC 3830 Terra Cotta
5	DMC 813 Light Blue	13	DMC 3341 Apricot	21	DMC 3854 Medium Autumn Gold
6	DMC 3865 Winter White	14	DMC 350 Medium Coral	22	DMC 720 Dark Orange Spice
7	DMC 3752 Very Light Antique Blue	15	DMC 932 Light Antique Blue	23	DMC 721 Medium Orange Spice
8	DMC 739 Ultra Very Light Tan	16	DMC 930 Dark Antique Blue		

How many strands

Stem stitch. 2 strands: wave lights, wave edge, sand edge; 1 strand: foam edge, shore lines, whelk lines, gull edges.
French knot. 2 strands: foam knots, coral tips, small shell; 1 or 2 strands: spray, starfish knots; 1 strand: sand knots.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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