Beaded journal spine band

6 inch (15 cm) hoop, 1.9 × 4.8 in (4.8 × 12.2 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

An embroidery needle, size 7.

14 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start with a small knot on the back; end under a few stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Back stitch**, 2 strands
   Stems

2. **Straight stitch**, 2 strands
   Sequin edging, dahlia petals, sequin beads, dahlia center, blossom petals, blossom centers



Stitch in this order, continued

3. **Back stitch**, 2 strands
   Border, inner border, leaves, bud, pages, cover

Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list.



1	DMC 3820 Dark Straw	**6**	DMC 815 Medium Garnet	**11**	DMC 3746 Dark Blue Violet
2	DMC 3865 Winter White	**7**	DMC 3350 Ultra Dark Dusty Rose	**12**	DMC 3822 Light Straw
3	DMC 3848 Medium Teal Green	**8**	DMC 3731 Very Dark Dusty Rose	**13**	DMC 3733 Dusty Rose
4	DMC 3851 Light Bright Green	**9**	DMC 3689 Light Mauve	**14**	DMC 340 Medium Blue Violet
5	DMC 964 Light Seagreen	**10**	DMC 341 Light Blue Violet		

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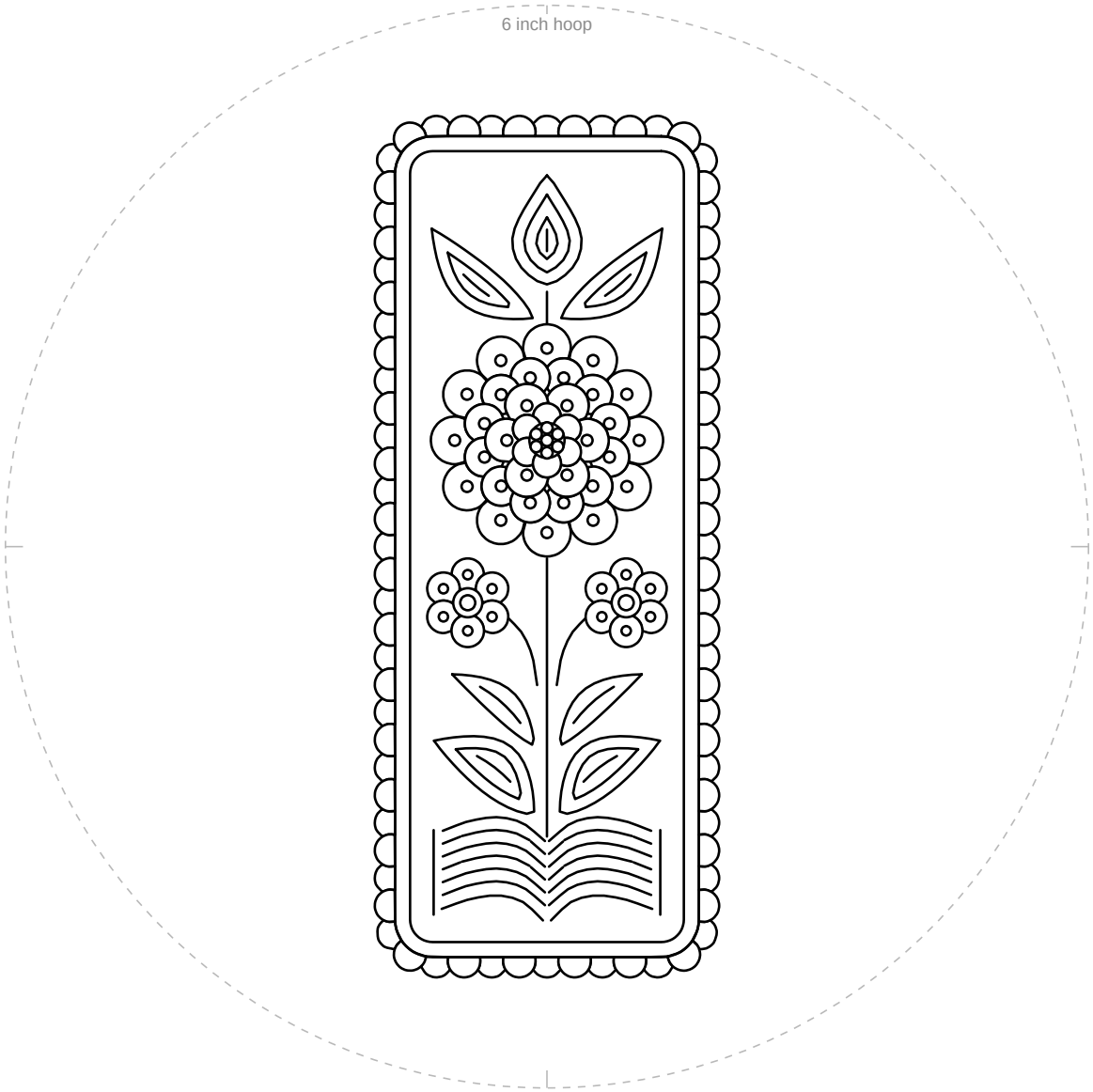
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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