Bearded sailor with waves in his beard

6 inch (15 cm) hoop, 4.7 × 4.8 in (11.9 × 12.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): 2 skeins of DMC 823; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 13, 14
   2 strands: coat, sea (color 1), cap, cap cuff, beard (colors 1 and 5)
   1 strand: collar, face, eyelid, ear, hair, mustache, brow



2. **Satin stitch**
   2 strands, colors 1, 2, 3, 4, 5, 6, 7, 10, 14, 16
   Sea (color 2), lower lip, sail, boat, beard (color 3)



3. **Straight stitch**, 1 strand, color 12
   Eye lines (color 12)



4. **Chain stitch**
   2 strands, colors 14, 15
   Cap rows



5. **Stem stitch**
   colors 1, 3, 5, 6, 12, 13
   2 strands: coat lines, face lines (color 12), eye lines (color 12), cap edge, mast, edges of the boat
   1 strand: foam lines, mouth

6. **Split stitch**
   1 strand, colors 1, 3, 7, 12
   Wave lines, face lines (color 12), edges of the mustache

7. **French knot**
   2 strands, two wraps, colors 5, 6
   Foam



Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 823 Dark Navy Blue	7	DMC 3752 Very Light Antique Blue	13	DMC 918 Dark Red Copper
2	DMC 336 Navy Blue	8	DMC 801 Dark Coffee Brown	14	DMC 920 Medium Copper
3	DMC 931 Medium Antique Blue	9	DMC 898 Very Dark Coffee Brown	15	DMC 921 Copper
4	DMC 932 Light Antique Blue	10	DMC 433 Medium Brown	16	DMC 351 Coral
5	DMC 762 Very Light Pearl Gray	11	DMC 434 Light Brown		
6	DMC 3865 Winter White	12	DMC 3371 Black Brown		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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