Big sister

6 inch (15 cm) hoop, 4.3 × 4.5 in (10.9 × 11.4 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

20 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Kelp (color 15)

2. **Feather stitch**, 2 strands
   Kelp (color 15)



3. **Long and short stitch**, 1 strand
   Whale back, throat, fin, little whale, little belly, little fin, sea star, sand



4. **Satin stitch**, 2 strands
   Blush, eye, little blush, little eye, kelp blades, shell, lettering



5. **Stem stitch**
   1 strand: throat pleats, little pleats, bubbles
   2 strands: whale edges (color 2), eyelid, little smile, sand ripples
   3 strands: smile

6. **Split stitch**, 1 strand
   Whale edges (color 2), little edges, sea star edge

7. **French knot**, 1 strand, two wraps
   Eye highlight, little eye highlight, sea star dots



8. **Bullion knot**, 3 strands
   Coral



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 322 Dark Baby Blue	8	DMC 932 Light Antique Blue	15	DMC 3847 Dark Teal Green
2	DMC 939 Very Dark Navy Blue	9	DMC 3753 Ultra Very Light Antique Bl...	16	DMC 351 Coral
3	DMC 823 Dark Navy Blue	10	DMC 353 Peach	17	DMC 349 Dark Coral
4	DMC 336 Navy Blue	11	DMC 598 Light Turquoise	18	DMC 964 Light Seagreen
5	DMC 312 Very Dark Baby Blue	12	DMC 3810 Dark Turquoise	19	DMC 677 Very Light Old Gold
6	DMC 334 Medium Baby Blue	13	DMC 597 Turquoise	20	DMC 676 Light Old Gold
7	DMC 3865 Winter White	14	DMC 712 Cream		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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