Birthday girl

6 inch (15 cm) hoop, 4.6 × 4.5 in (11.7 × 11.4 cm)



Colors by number: page 2.
Fabric: blush pink cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of blush pink cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

17 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   2 strands: vines
   3 strands: skirt sides

2. **Straight stitch**, 2 strands
   Ferns



3. **Fishbone stitch**, 2 strands
   Leaves (colors 6, 7 and 8)



4. **Long and short stitch**
   1 strand
   Legs, arms, hands, neck, hair



5. **Satin stitch**, 2 strands
   Shoes, skirt lining, leaves (colors 6 and 7), hem band, flowers, blouse, sleeves, sash, sash tails, sash bow, sash knot, ears, braids, hair ties, beads, loose petals, saying, ribbon



6. **Woven wheel stitch**, 4 strands
   Woven roses

7. **Stem stitch**
   2 strands: sleeve trim
   3 strands: collar

8. **Straight stitch**, 1 strand
   Fingers, sash bow folds



9. **Back stitch**, 1 strand
   Parting

10. **French knot**
    2 strands, two wraps
    Marigolds, flower centers, buttons



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 433 Medium Brown	**7**	DMC 520 Dark Fern Green	**13**	DMC 3835 Medium Grape
2	DMC 801 Dark Coffee Brown	**8**	DMC 3052 Medium Green Gray	**14**	DMC 3731 Very Dark Dusty Rose
3	DMC 434 Light Brown	**9**	DMC 3350 Ultra Dark Dusty Rose	**15**	DMC 3750 Very Dark Antique Blue
4	DMC 150 Ultra Very Dark Dusty Rose	**10**	DMC 782 Dark Topaz	**16**	DMC 3371 Black Brown
5	DMC 3834 Dark Grape	**11**	DMC 3820 Dark Straw	**17**	DMC 3836 Light Grape
6	DMC 522 Fern Green	**12**	DMC 3822 Light Straw		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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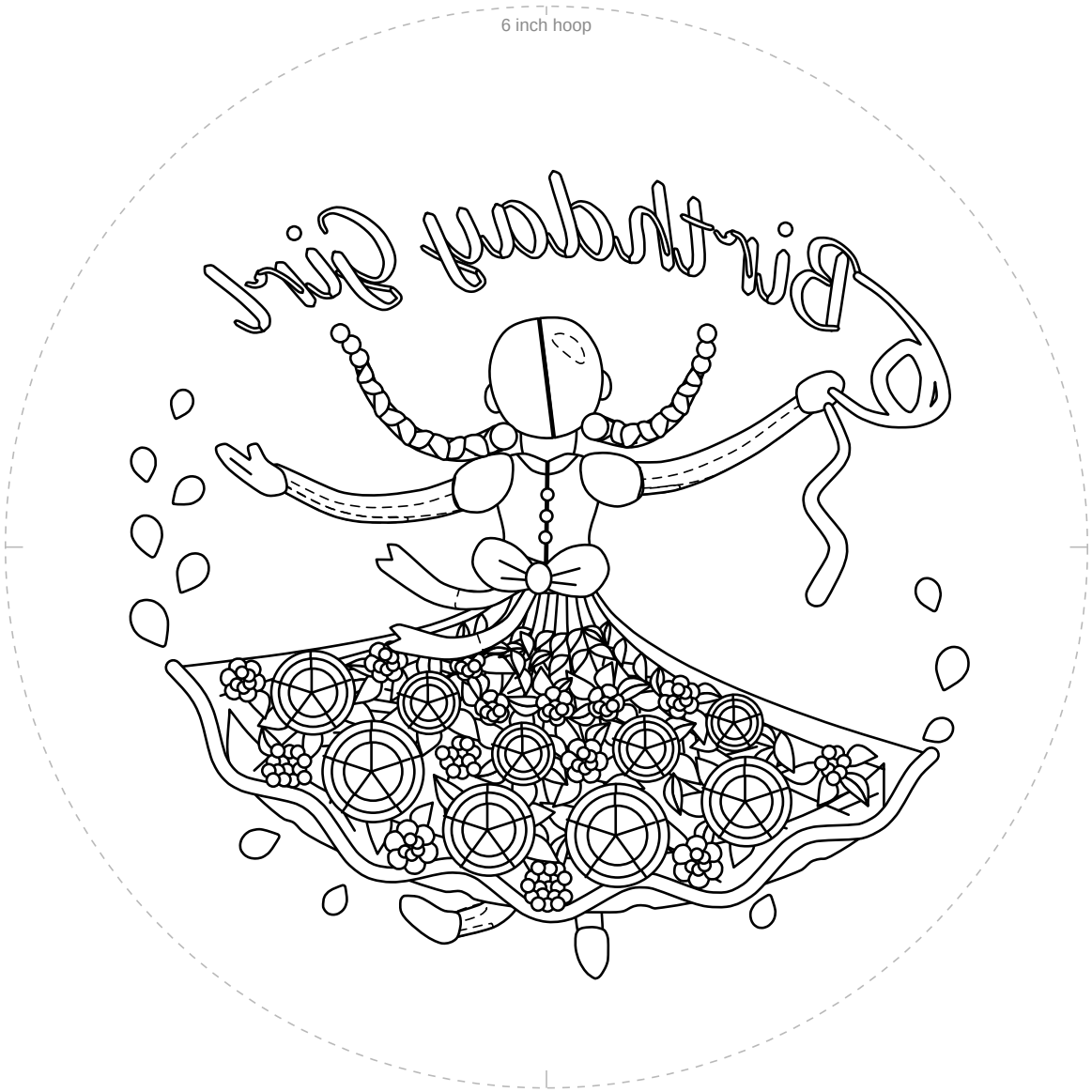
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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