Bleeding hearts on one bent stem

6 inch (15 cm) hoop, 4.4 × 4.2 in (11.2 × 10.7 cm)



Colors by number: page 2.
Fabric: teal cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Flower stalks

2. **Long and short stitch**, 1 strand
   Leaves, hearts



3. **Satin stitch**, 2 strands
   Stem, inner petals, inner petal shade, inner petal tips, necks, flipped tips, bracts, closed buds



4. **Stem stitch**
   3 strands: leaf stalks
   1 strand: leaf veins, stem blush, heart seams
   2 strands: stem highlight

Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 11 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of teal cotton or linen, a white pencil.

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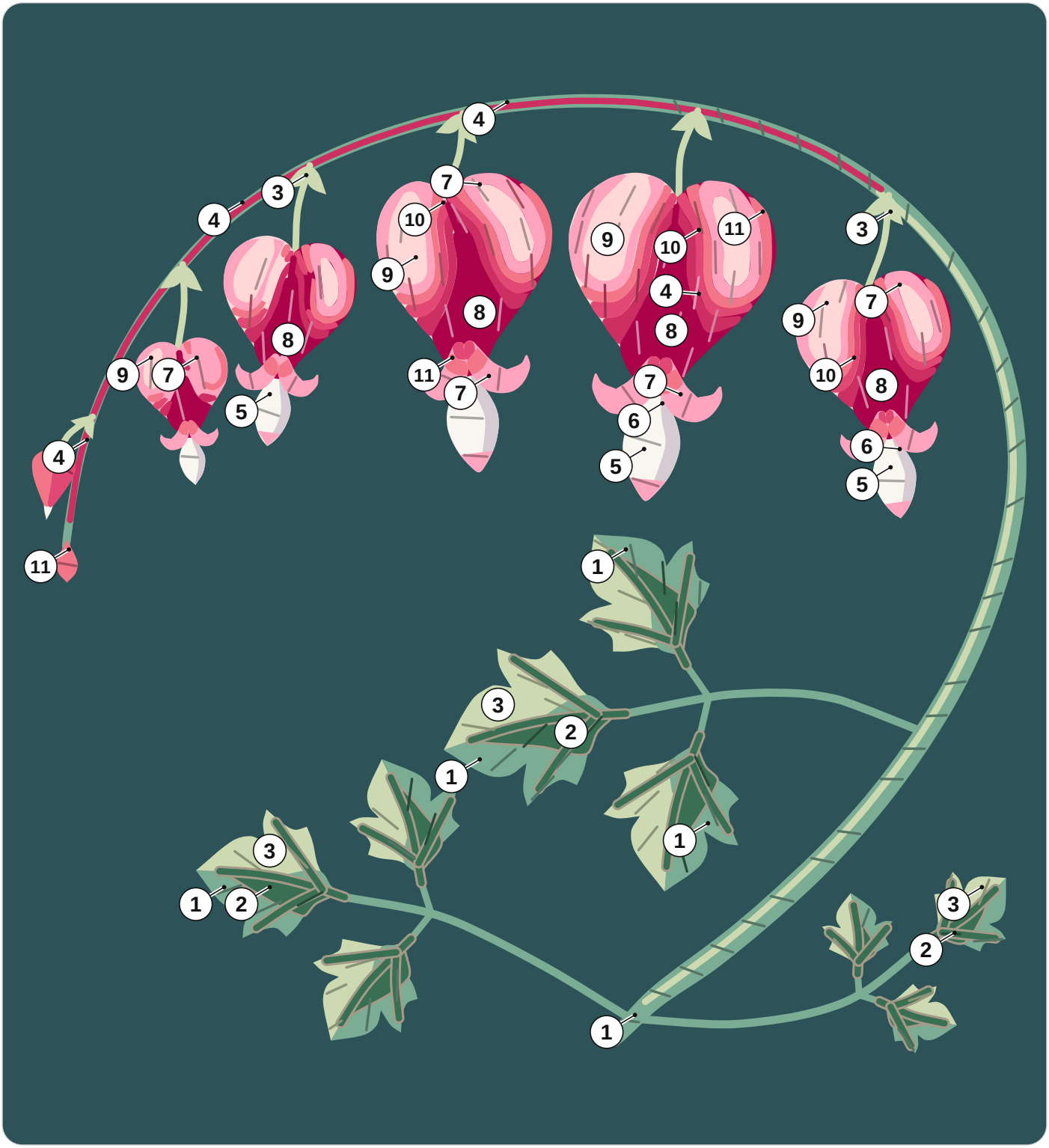
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 503 Medium Blue Green	**5**	DMC 3865 Winter White	**9**	DMC 963 Ultra Very Light Dusty Rose
2	DMC 501 Dark Blue Green	**6**	DMC 3743 Very Light Antique Violet	**10**	DMC 602 Medium Cranberry
3	DMC 3348 Light Yellow Green	**7**	DMC 603 Cranberry	**11**	DMC 899 Medium Rose
4	DMC 600 Very Dark Cranberry	**8**	DMC 150 Ultra Very Dark Dusty Rose		

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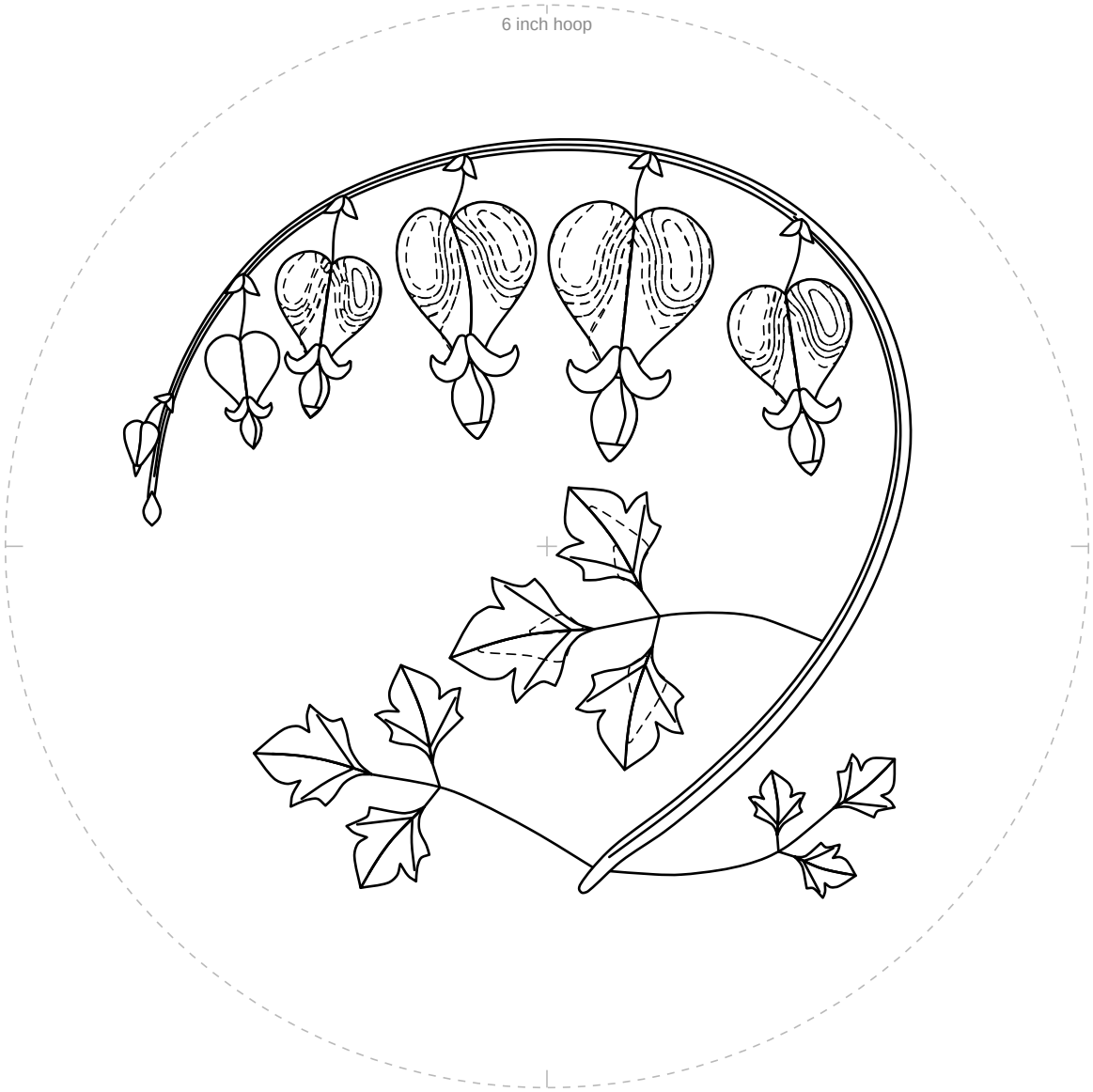
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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