Blessed assurance with a wheat sheaf

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.8 × 4.9 in (9.7 × 12.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Blades, wheat ears, poppy heart, poppy petals, bud cups, cornflower hearts, cornflowers, ribbon back, ribbon, ribbon knot, hymn letters
2. **Long and short stitch**, 1 strand
   Stalks, poppy petals
3. **Stem stitch**, strands by part on page 2
   Blade ribs, stalks, flower stems, petal edges, ribbon edge
4. **Straight stitch**, strands by part on page 2
   Beards, poppy stamens, poppy heart lines, poppy sepals, ribbon gathers
5. **Split stitch**, 1 strand
   Petal edges
6. **French knot**, 1 strand, two wraps
   Poppy stamens, cornflower hearts

Floss

- **1 DMC 3051 Dark Green Gray**
  Blades, bud cups and flower stems (darker), poppy heart lines and poppy sepals
- **2 DMC 3053 Green Gray**
  Blade ribs and poppy heart, blades, flower stems and bud cups (lighter)
- **3 DMC 869 Very Dark Hazelnut Brown**
  Stalks and wheat ears (darkest)
- **4 DMC 680 Dark Old Gold**
  Wheat ears and stalks (dark)
- **5 DMC 729 Medium Old Gold**
  Wheat ears and stalks (middle), beards (dark)
- **6 DMC 676 Light Old Gold**
  Wheat ears and stalks (light), beards (middle)
- **7 DMC 677 Very Light Old Gold**
  Wheat ears and stalks (lightest), beards (light)
- **8 DMC 347 Very Dark Salmon**
  Poppy petals (darkest), petal edges (darker)
- **9 DMC 3328 Dark Salmon**
  Petal edges (lighter), poppy petals (dark)
- **10 DMC 760 Salmon** Poppy petals (light)
- **11 DMC 761 Light Salmon** Poppy petals (lightest)
- **12 DMC 3750 Very Dark Antique Blue**
  Hymn letters and cornflower hearts, ribbon edge (darker) and 3 more parts
- **13 DMC 793 Medium Cornflower Blue**
  Cornflowers (darker)
- **14 DMC 931 Medium Antique Blue**
  Ribbon edge, ribbon back and cornflowers (lighter), ribbon and ribbon knot (dark)
- **15 DMC 3752 Very Light Antique Blue**
  Ribbon and ribbon knot (light)
- **16 DMC 932 Light Antique Blue**
  Ribbon and ribbon knot (middle)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3051 Dark Green Gray	**7**	DMC 677 Very Light Old Gold	**13**	DMC 793 Medium Cornflower Blue
2	DMC 3053 Green Gray	**8**	DMC 347 Very Dark Salmon	**14**	DMC 931 Medium Antique Blue
3	DMC 869 Very Dark Hazelnut Brown	**9**	DMC 3328 Dark Salmon	**15**	DMC 3752 Very Light Antique Blue
4	DMC 680 Dark Old Gold	**10**	DMC 760 Salmon	**16**	DMC 932 Light Antique Blue
5	DMC 729 Medium Old Gold	**11**	DMC 761 Light Salmon		
6	DMC 676 Light Old Gold	**12**	DMC 3750 Very Dark Antique Blue		

How many strands

Stem stitch. 2 or 3 strands: stalks; 2 strands: flower stems; 1 strand: blade ribs, petal edges, ribbon edge.
Straight stitch. 2 strands: poppy sepals; 1 strand: beards, poppy stamens, poppy heart lines, ribbon gathers.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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