# Blessed, a cross and lilies

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.9 in (11.2 × 12.4 cm).




Which color goes where.

## Stitches

- **Stem stitch**, 1 to 3 strands
  Stems, wheat stems, olive stems, bud stalks, stamens, words, sprig
- **Fishbone stitch**, 2 strands
  Lily leaves, olive leaves
- **Straight stitch**, 1 strand
  Wheat awns
- **Satin stitch**, 2 strands
  Wheat grains, cross, anthers, ribbon, rolled edges, lily throat, words, sprig
- **Padded satin stitch**, 2 strands
  Olives
- **Split stitch**, 1 to 2 strands
  Olive edges, petal edges, cross edge, petal ribs, ribbon edges, ribbon folds
- **Long and short stitch**, 1 strand
  Lily buds, lily petals
- **Back stitch**, 1 strand
  Petal ribs
- **French knot**, 1 to 2 strands, two wraps
  Pistil, sprig

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

## Floss

- **DMC 500 Very Dark Blue Green**
  Words and stems, lily leaves (darkest), sprig (dark), bud stalks (darker)
- **DMC 501 Dark Blue Green** Lily leaves (dark)
- **DMC 502 Blue Green** Lily leaves (lightest)
- **DMC 3363 Medium Pine Green**
  Lily leaves (light), stamens, olive leaves (darker), sprig (middle) and 3 more parts
- **DMC 3852 Very Dark Straw**
  Cross (darker), wheat stems and anthers, sprig (light)
- **DMC 3820 Dark Straw**
  Cross (lighter), wheat grains (darker), wheat awns
- **DMC 3821 Straw** Wheat grains (lighter)
- **DMC 3362 Dark Pine Green**
  Lily leaves (middle), olive stems, bud stalks (lighter)
- **DMC 3053 Green Gray**
  Petal edges and petal ribs, olive leaves (lighter), lily petals (dark) and 3 more parts
- **DMC 712 Cream**
  Lily petals and lily buds (light), ribbon (lighter), olives
- **DMC BLANC White**
  Lily petals and lily buds (lightest), rolled edges
- **DMC 644 Medium Beige Gray**
  Lily petals and lily buds (middle dark)
- **DMC 822 Light Beige Gray**
  Lily petals and lily buds (middle light)
- **DMC 780 Ultra Very Dark Topaz** Cross edge
- **DMC 3828 Hazelnut Brown**
  Ribbon edges and ribbon folds
- **DMC 738 Very Light Tan** Ribbon (darker)

## Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.



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**6 inch hoop**

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.



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**6 inch hoop**

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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