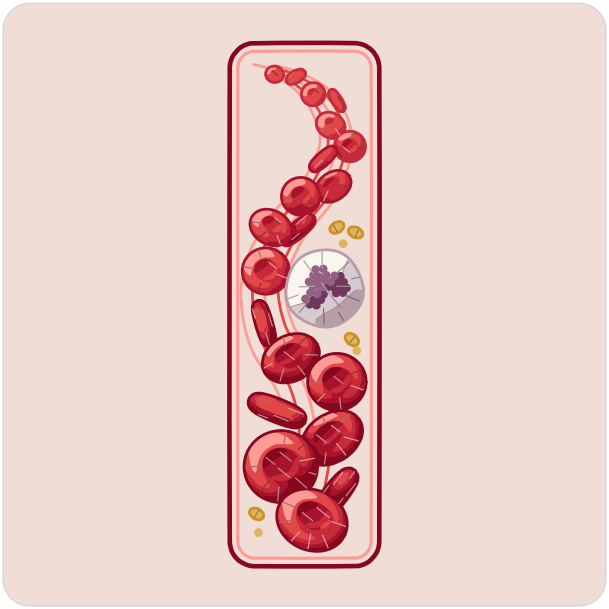
Blood cell bookmark

Sized for a 6 inch hoop (15 cm). The stitched design is about 1.4 × 4.7 in (3.6 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: blush pink cotton or linen.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 815 Medium Garnet**
  Red cells and cell edges (darkest), border
- **2 DMC 352 Light Coral**
  Current (lighter), border line, red cells (lightest)
- **3 DMC 350 Medium Coral**
  Red cells (light), current (darker)
- **4 DMC 321 Red**
  Red cells (middle), cell edges (light)
- **5 DMC 498 Dark Red**
  Red cells and cell edges (dark)
- **6 DMC 3865 Winter White**
  White cell (light)
- **7 DMC 3042 Light Antique Violet**
  Cell edges (lightest), white cell (dark)
- **8 DMC 3743 Very Light Antique Violet**
  White cell (middle)
- **9 DMC 3834 Dark Grape**
  White cell heart (darker)
- **10 DMC 3835 Medium Grape**
  White cell heart (lighter)
- **11 DMC 3820 Dark Straw**
  Platelets
- **12 DMC 783 Medium Topaz**
  Platelet edges

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Red cells, white cell
2. **Satin stitch**, 2 strands
   Platelets
3. **Stem stitch**, strands by part on page 2
   Border, border line
4. **Split stitch**, strands by part on page 2
   Current, cell edges, platelet edges
5. **French knot**, 2 strands, two wraps
   White cell heart, platelets

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Blood cell bookmark

6 inch hoop

How to read it

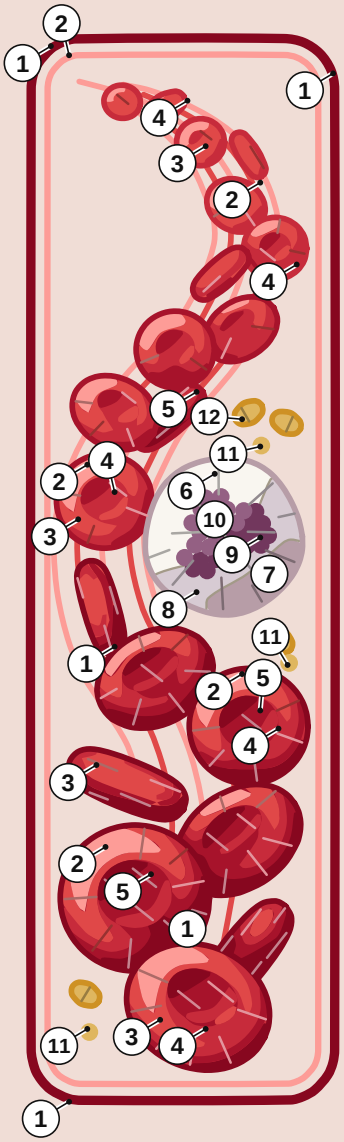
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 815 Medium Garnet	**5**	DMC 498 Dark Red	**9**	DMC 3834 Dark Grape
2	DMC 352 Light Coral	**6**	DMC 3865 Winter White	**10**	DMC 3835 Medium Grape
3	DMC 350 Medium Coral	**7**	DMC 3042 Light Antique Violet	**11**	DMC 3820 Dark Straw
4	DMC 321 Red	**8**	DMC 3743 Very Light Antique Violet	**12**	DMC 783 Medium Topaz

How many strands

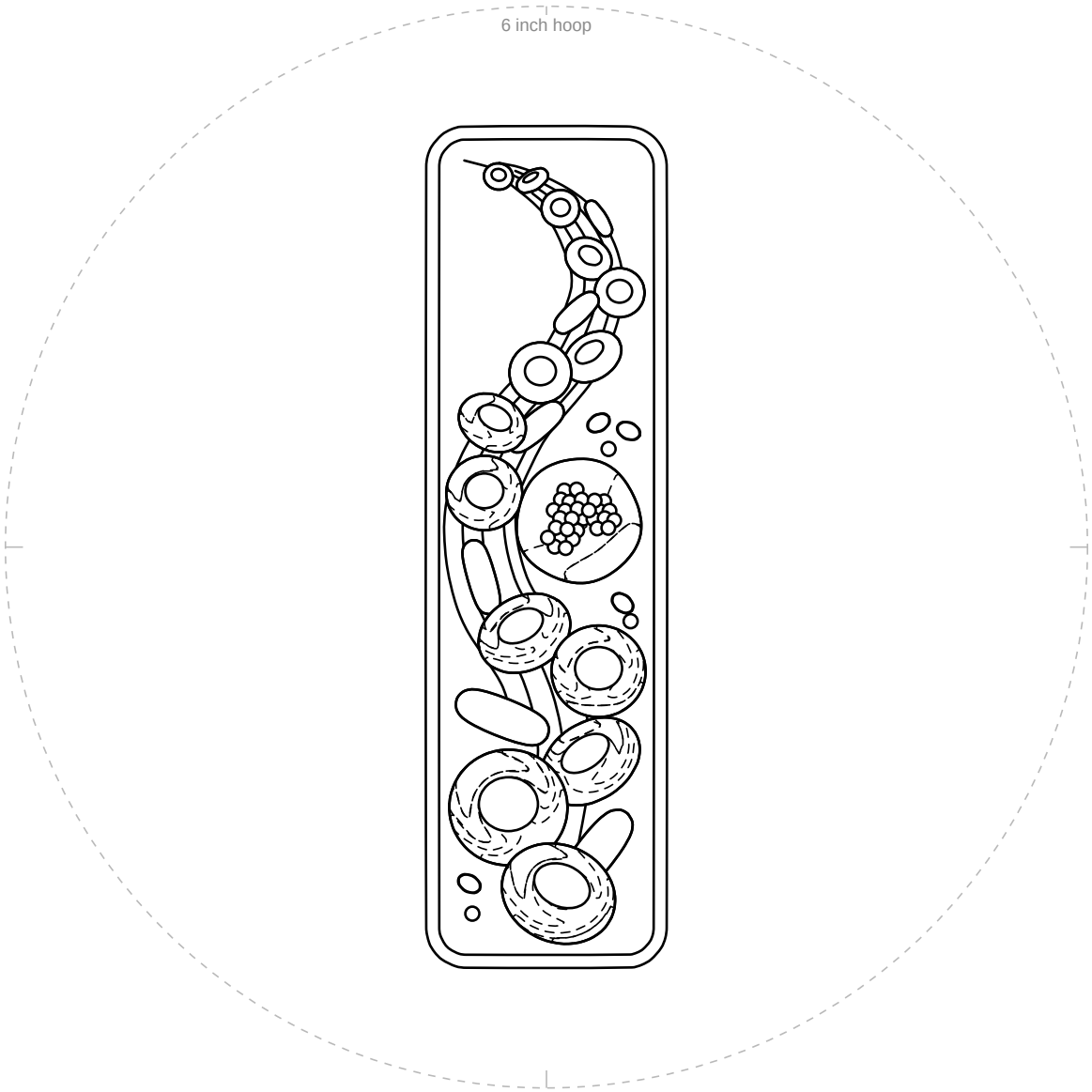
Stem stitch. 4 strands: border; 1 strand: border line.
Split stitch. 1 or 2 strands: current, cell edges; 1 strand: platelet edges.

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Blood cell bookmark

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

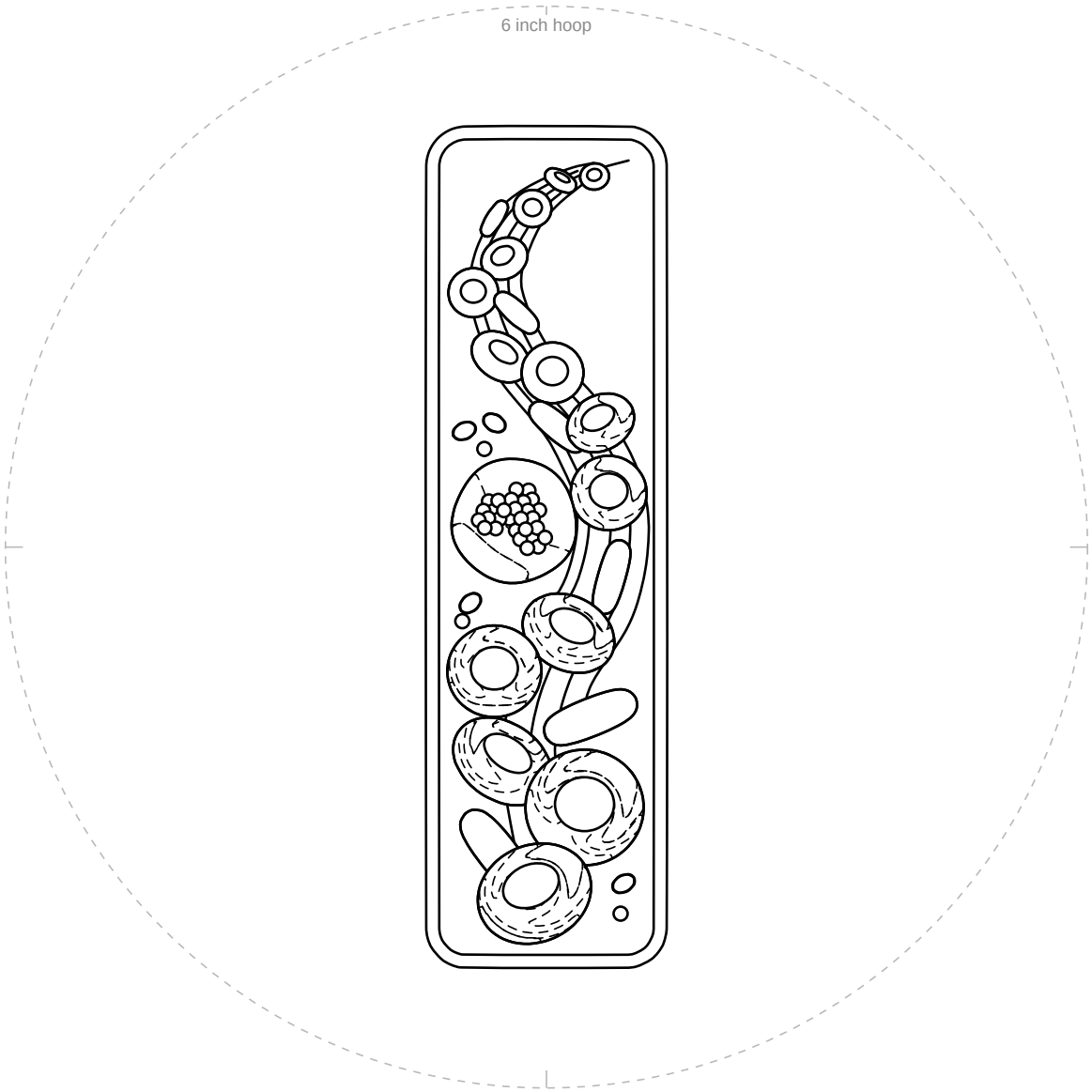
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Blood cell bookmark

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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