Blossom vine heart

6 inch (15 cm) hoop, 4.4 × 4.3 in (11.2 × 10.9 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

19 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands, color 8
   Stalks

2. **Fishbone stitch**
   2 strands, colors 1, 2, 4, 5, 6, 7
   Young leaves



3. **Satin stitch**
   2 strands, colors 2, 4, 8, 9, 10, 11, 12, 13
   Red buds, flower cups, vines



4. **Long and short stitch**
   1 strand, colors 11, 14, 15, 16, 17, 18
   Backs of the petals, blossom petals, loose petals



5. **Split stitch**, 1 strand, color 3
   Outlines

6. **Straight stitch**, 1 strand, color 9
   Stamens



7. **French knot**
   two wraps, colors 1, 19
   1 strand: stamen tips
   2 strands: flower centers



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3012 Medium Khaki Green	8	DMC 3781 Dark Mocha Brown	15	DMC 3731 Very Dark Dusty Rose
2	DMC 3011 Dark Khaki Green	9	DMC 347 Very Dark Salmon	16	DMC 963 Ultra Very Light Dusty Rose
3	DMC 3802 Very Dark Antique Mauve	10	DMC 3328 Dark Salmon	17	DMC 3726 Dark Antique Mauve
4	DMC 300 Very Dark Mahogany	11	DMC 3733 Dusty Rose	18	DMC 3865 Winter White
5	DMC 434 Light Brown	12	DMC 498 Dark Red	19	DMC 3820 Dark Straw
6	DMC 3826 Golden Brown	13	DMC 610 Dark Drab Brown		
7	DMC 3013 Light Khaki Green	14	DMC 3716 Very Light Rose		

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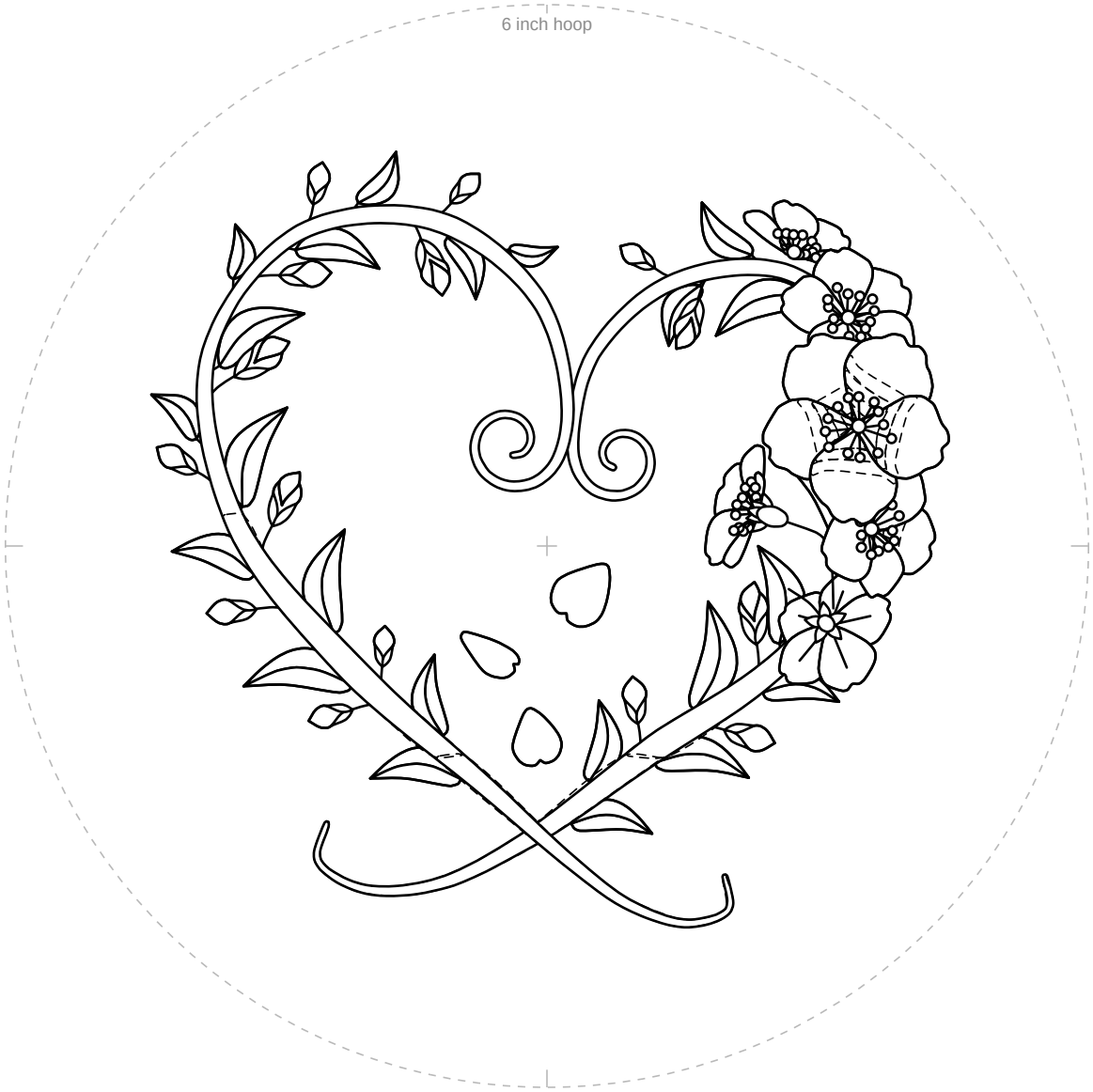
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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