Bon appetit in laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.6 in (12.2 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 839 Dark Beige Brown** Twigs (middle), branch (dark)
- **2 DMC 838 Very Dark Beige Brown**
  Cut end ring (darker), branch (darkest), twigs (dark)
- **3 DMC 841 Light Beige Brown**
  Branch and twigs (light), cut end ring (lighter)
- **4 DMC 320 Medium Pistachio Green**
  Flower stalks, leaf veins (darker), leaves (light)
- **5 DMC 738 Very Light Tan**
  Flower petals (darker), flanks (light), flower buds
- **6 DMC 746 Off White** Flower petals (lighter)
- **7 DMC 436 Tan** Petal edges
- **8 DMC 743 Medium Yellow** Stamens
- **9 DMC 645 Very Dark Beaver Gray**
  Wing feathers (darker), tail (middle), wing coverts (lighter) and 3 more parts
- **10 DMC 646 Dark Beaver Gray**
  Back and shoulder (middle), wing feathers (lighter), eye ring, tail (light)
- **11 DMC 648 Light Beaver Gray**
  Back and shoulder (light), feather edges
- **12 DMC 3799 Very Dark Pewter Gray**
  Wing coverts and bill (darker), bib and cap (lighter), feet and legs, tail (dark)
- **13 DMC 3865 Winter White**
  Breast and cheeks (lighter), flanks (lightest), eye light
- **14 DMC 762 Very Light Pearl Gray** Breast and cheeks (darker)
- **15 DMC 435 Very Light Brown** Flanks (darkest)
- **16 DMC 437 Light Tan** Flanks (dark)
- **17 DMC 310 Black** Cap and bib (darker), eye
- **18 DMC 842 Very Light Beige Brown** Cut end, branch (lightest)
- **19 DMC 368 Light Pistachio Green**
  Leaves (lightest), leaf veins (lighter)
- **20 DMC 319 Very Dark Pistachio Green** Leaves (dark)
- **21 DMC 890 Ultra Dark Pistachio Green** Leaves (darkest)
- **22 DMC 939 Very Dark Navy Blue** Words

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Twigs, tail, breast, flanks, back, wing feathers, wing coverts, shoulder, cheeks, bib, cap, branch, leaves
2. **Satin stitch**, 2 strands
   Flower petals, bill, eye ring, eye, cut end
3. **Stem stitch**, strands by part on page 2
   Flower stalks, leaf veins, legs, feet, words
4. **Split stitch**, 1 strand
   Petal edges, feather edges, cut end ring
5. **Straight stitch**, 2 strands
   Eye light
6. **French knot**, strands by part on page 2, two wraps
   Flower buds, stamens, words

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 839 Dark Beige Brown	9	DMC 645 Very Dark Beaver Gray	17	DMC 310 Black
2	DMC 838 Very Dark Beige Brown	10	DMC 646 Dark Beaver Gray	18	DMC 842 Very Light Beige Brown
3	DMC 841 Light Beige Brown	11	DMC 648 Light Beaver Gray	19	DMC 368 Light Pistachio Green
4	DMC 320 Medium Pistachio Green	12	DMC 3799 Very Dark Pewter Gray	20	DMC 319 Very Dark Pistachio Green
5	DMC 738 Very Light Tan	13	DMC 3865 Winter White	21	DMC 890 Ultra Dark Pistachio Green
6	DMC 746 Off White	14	DMC 762 Very Light Pearl Gray	22	DMC 939 Very Dark Navy Blue
7	DMC 436 Tan	15	DMC 435 Very Light Brown		
8	DMC 743 Medium Yellow	16	DMC 437 Light Tan		

How many strands

Stem stitch. 4 strands: words; 2 strands: legs, feet; 1 strand: flower stalks, leaf veins.
French knot. 2 strands: flower buds, words; 1 strand: stamens.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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