Bowling pin in folk flowers

6 inch (15 cm) hoop, 2 × 4.8 in (5.1 × 12.2 cm)



Colors by number: page 2.
Fabric: black cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of black cotton or linen.

Embroidery needles, size 7, and size 3 for 4 or 5 strands.

6 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**
   2 strands, colors 2, 3, 5, 6
   Leaf fillings, bells, bell hems, tulip, heart, neck bands, neck, pin outline



2. **Buttonhole stitch**
   2 strands, color 4
   Buttonhole wheels



3. **Fishbone stitch**
   2 strands, color 4
   Tulip center



4. **Stem stitch**, color 1
   5 strands: stem
   3 strands: branches

5. **Straight stitch**, 3 strands, color 3
   Daisies



6. **Lazy daisy stitch**, colors 1, 3
   4 strands: daisies
   3 strands: leaves



7. **French knot**
   3 strands, two wraps, colors 3, 4, 5
   Daisy centers, bell clappers, rosette knots, rosette centers, wheel centers



8. **Woven wheel stitch**
   4 strands, color 5
   Rosettes

Take out lines that still show, press face down on soft cloth.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 523 Light Fern Green
2 DMC 988 Medium Forest Green
3 DMC 712 Cream
4 DMC 742 Light Tangerine
5 DMC 349 Dark Coral
6 DMC 519 Sky Blue

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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