Brave, but slowly, with a snail

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.6 in (11.7 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: indigo cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Cheeks, saying
2. **Fishbone stitch**, 2 strands
   Solid fern leaves
3. **Split stitch**, 3 strands
   Snail body, horns, shell edge
4. **Running stitch**, strands by part on page 2
   Body rows, shell rows, trail, fern leaf veins
5. **Stem stitch**, strands by part on page 2
   Fern stalk, blossom stems
6. **Back stitch**, strands by part on page 2
   Smile, fern leaves, small words
7. **Straight stitch**, strands by part on page 2
   Leaf stalks, blossoms
8. **Lazy daisy stitch**, 2 strands
   Fern buds, blossoms
9. **French knot**
   strands by part on page 2, two wraps
   Fern tip, horn tips, eyes, shell heart, blossom hearts

Floss

- **1 DMC 746 Off White**
  Saying, shell edge, snail body, blossoms, eyes and horns
- **2 DMC 352 Light Coral**
  Shell rows (darkest), body rows (darker), cheeks and smile
- **3 DMC 3854 Medium Autumn Gold**
  Shell rows (dark), body rows (lighter)
- **4 DMC 3816 Celadon Green**
  Fern stalk, fern leaf veins, solid fern leaves, leaf stalks and blossom stems
- **5 DMC 955 Light Nile Green**
  Fern leaves, fern buds and fern tip
- **6 DMC 3822 Light Straw**
  Small words, horn tips and blossom hearts, shell rows (lightest)
- **7 DMC 964 Light Seagreen**
  Shell rows (light), trail and shell heart

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Brave, but slowly, with a snail

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A dashed line is running stitch.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 746 Off White
2 DMC 352 Light Coral
3 DMC 3854 Medium Autumn Gold
4 DMC 3816 Celadon Green
5 DMC 955 Light Nile Green
6 DMC 3822 Light Straw
7 DMC 964 Light Seagreen

How many strands

Running stitch. 3 strands: body rows, shell rows, trail; 2 strands: fern leaf veins.
Stem stitch. 3 strands: fern stalk; 2 strands: blossom stems.
Back stitch. 3 strands: smile, small words; 2 strands: fern leaves.
Straight stitch. 2 strands: leaf stalks; 1 strand: blossoms.
French knot. 4 strands: horn tips; 3 strands: fern tip, eyes, shell heart; 2 strands: blossom hearts.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Brave, but slowly, with a snail

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

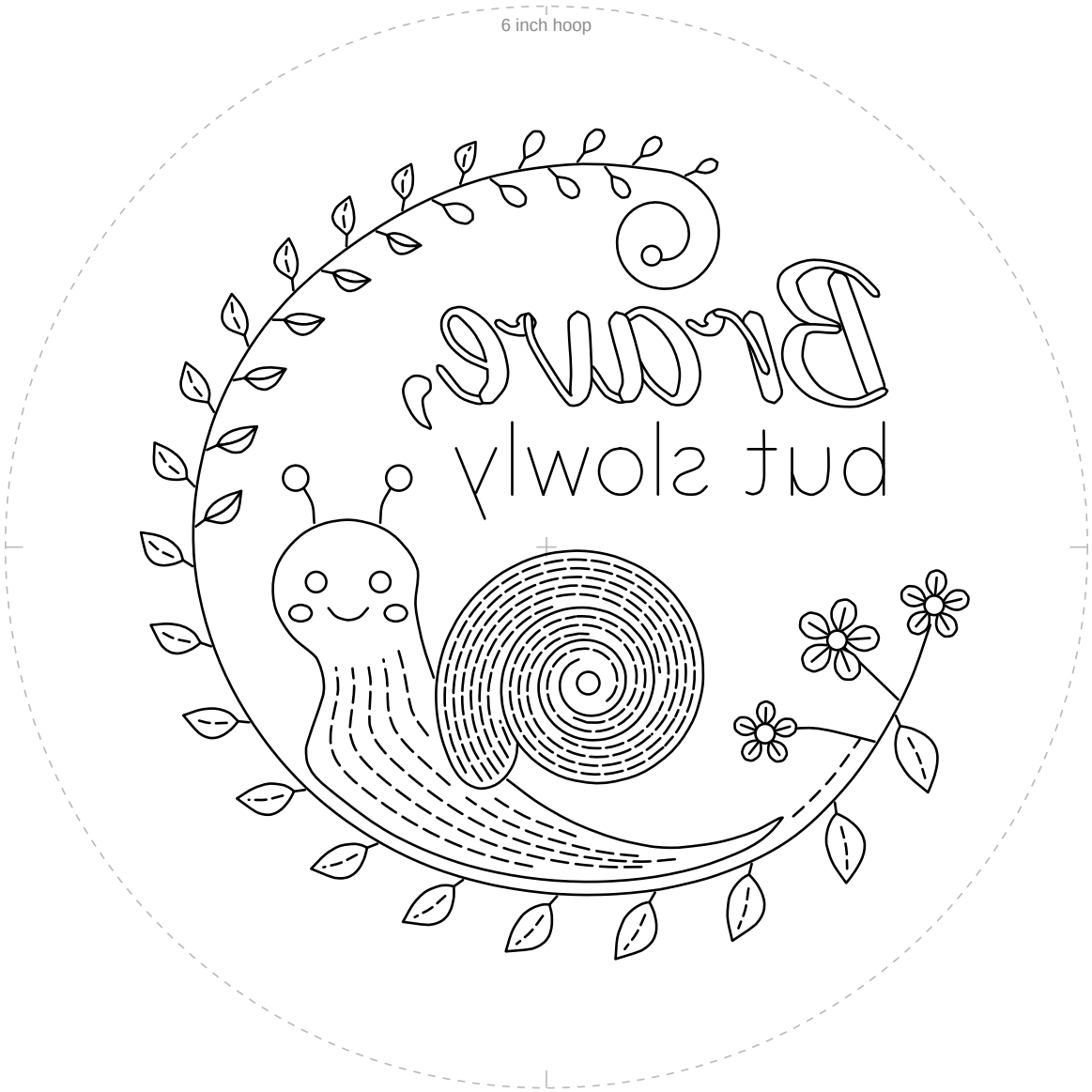
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Brave, but slowly, with a snail

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.