Brave heart with art nouveau irises

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where: by number on page 2.
Fabric: sage green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Whiplash lines, buds, leaves, sheaths, standards, falls, style arms
2. **Satin stitch**, 2 strands
   Sheaths, stems, beards, clasp, words
3. **Stem stitch**, strands by part on page 2
   Whiplash lines edge, gold lines, buds edge, sheaths edge, leaves edge, stems edge, standards edge, falls edge, style arms edge, clasp edges
4. **Split stitch**, 1 strand
   Leaf ribs, petal veins, words
5. **Straight stitch**, 1 strand
   Petal veins
6. **French knot**, 2 strands, two wraps
   Gold drops, beards

Floss

- **1 DMC 3363 Medium Pine Green**
  Whiplash lines (lighter), stems (darker), leaves (shade 5 of 8), sheaths (light)
- **2 DMC 3362 Dark Pine Green**
  Whiplash lines (darker), sheaths (dark), leaves (shade 4 of 8)
- **3 DMC 934 Black Avocado Green**
  Whiplash lines edge, stems edge and sheaths edge, leaves edge (darker) and 2 more parts
- **4 DMC 783 Medium Topaz**
  Gold lines, beards and clasp (dark)
- **5 DMC 3820 Dark Straw**
  Beards (middle), clasp (light), gold drops
- **6 DMC 209 Dark Lavender**
  Standards (middle), buds (middle light), falls (lightest), style arms (dark)
- **7 DMC 3837 Ultra Dark Lavender**
  Falls (middle), standards (darkest), buds (dark)
- **8 DMC 208 Very Dark Lavender**
  Standards (dark), falls (light), buds (middle dark) and 2 more parts
- **9 DMC 210 Medium Lavender**
  Standards, buds and style arms (light)
- **10 DMC 211 Light Lavender**
  Style arms, standards and buds (lightest)
- **11 DMC 550 Very Dark Violet**
  Words (darker), falls edge and standards edge, falls (darkest) and 3 more parts
- **12 DMC 327 Dark Violet** Falls (dark), buds (darkest)
- **13 DMC 3364 Pine Green**
  Stems (lighter), sheaths (lightest), leaves (shade 7 of 8)
- **14 DMC 502 Blue Green** Leaves (shade 6 of 8)
- **15 DMC 500 Very Dark Blue Green**
  Words and leaves edge (lighter), leaf ribs, leaves (shade 2 of 8)
- **16 DMC 501 Dark Blue Green** Leaves (shade 3 of 8)
- **17 DMC 503 Medium Blue Green**
  Leaves (shade 8 of 8)
- **18 DMC 3822 Light Straw** Beards (light), clasp (lightest)
- **19 DMC 780 Ultra Very Dark Topaz**
  Clasp edges, clasp (darkest)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3363 Medium Pine Green	8	DMC 208 Very Dark Lavender	15	DMC 500 Very Dark Blue Green
2	DMC 3362 Dark Pine Green	9	DMC 210 Medium Lavender	16	DMC 501 Dark Blue Green
3	DMC 934 Black Avocado Green	10	DMC 211 Light Lavender	17	DMC 503 Medium Blue Green
4	DMC 783 Medium Topaz	11	DMC 550 Very Dark Violet	18	DMC 3822 Light Straw
5	DMC 3820 Dark Straw	12	DMC 327 Dark Violet	19	DMC 780 Ultra Very Dark Topaz
6	DMC 209 Dark Lavender	13	DMC 3364 Pine Green		
7	DMC 3837 Ultra Dark Lavender	14	DMC 502 Blue Green		

How many strands

Stem stitch. 2 strands: gold lines; 1 strand: whiplash lines edge, buds edge, sheaths edge, leaves edge, stems edge, standards edge, falls edge, style arms edge, clasp edges.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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