# Breathe in laurel

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.4 in (11.4 × 11.2 cm).




Which color goes where.

## Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

## Floss

- **DMC 520 Dark Fern Green**
  Laurel stems and bud cups, outlined leaves (darker), leaves (darkest) and 2 more parts
- **DMC 522 Fern Green**
  Leaves and flying leaves (dark)
- **DMC 503 Medium Blue Green**
  Outlined leaves (lighter), leaves and flying leaves (light)
- **DMC 760 Salmon**
  Buds (middle)
- **DMC 3712 Medium Salmon**
  Buds (dark)
- **DMC 761 Light Salmon**
  Buds (light)
- **DMC 3820 Dark Straw**
  Blossom heart
- **DMC 564 Very Light Jade**
  Leaves and flying leaves (lightest), upright stem (lighter)
- **DMC 3808 Ultra Very Dark Turquoise**
  Letters

## Stitches

- **Stem stitch**, 2 to 3 strands
  Laurel stems
- **Fishbone stitch**, 2 strands
  Leaves, flying leaves
- **Split stitch**, 1 strand
  Outlined leaves
- **Back stitch**, 1 strand
  Outlined leaves
- **Satin stitch**, 2 strands
  Buds, bud cups, letters
- **French knot**, 1 strand, two wraps
  Blossom heart
- **Whipped back stitch**, 6 strands
  Upright stem



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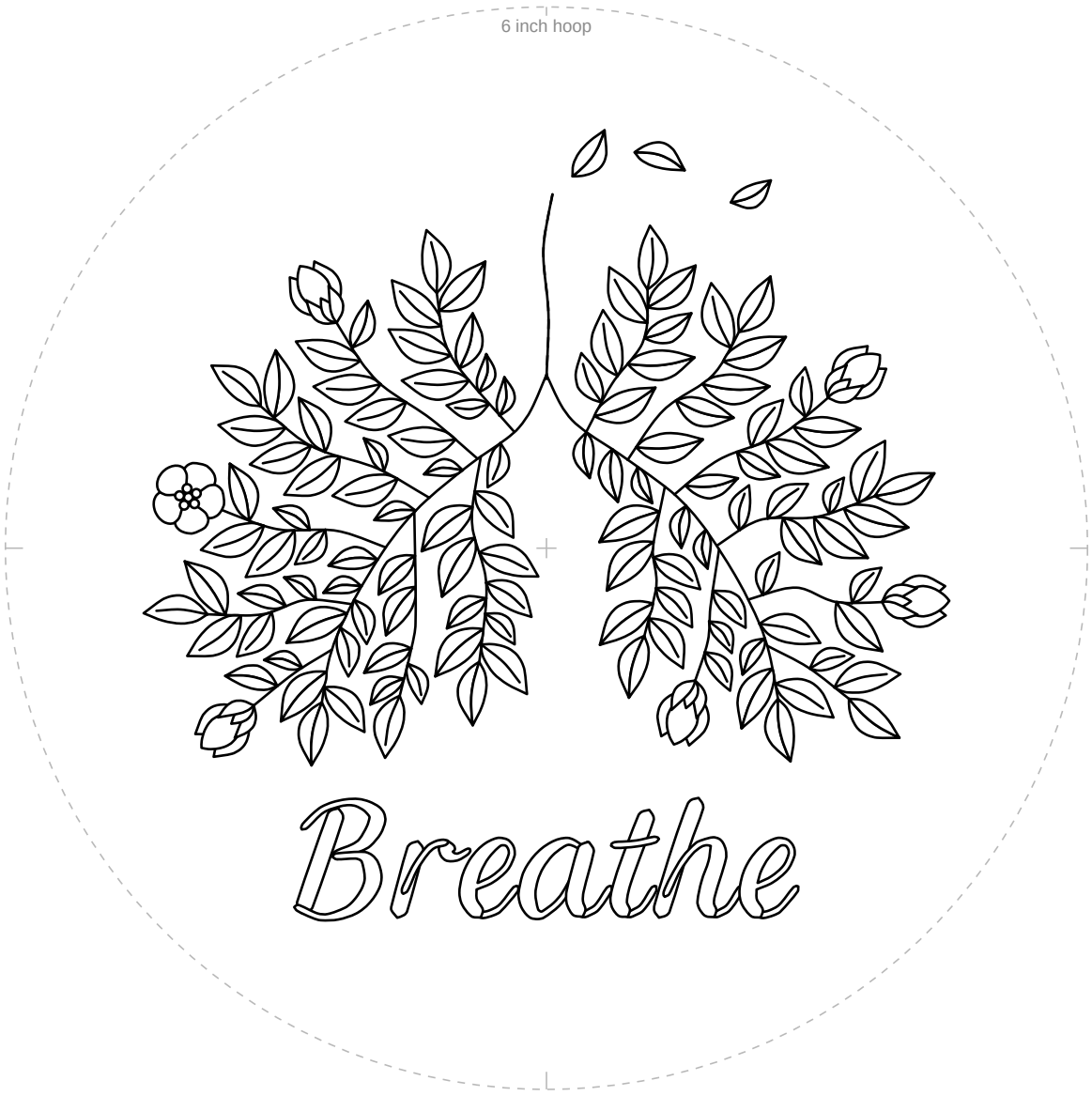
# Breathe in laurel

**6 inch hoop**

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.



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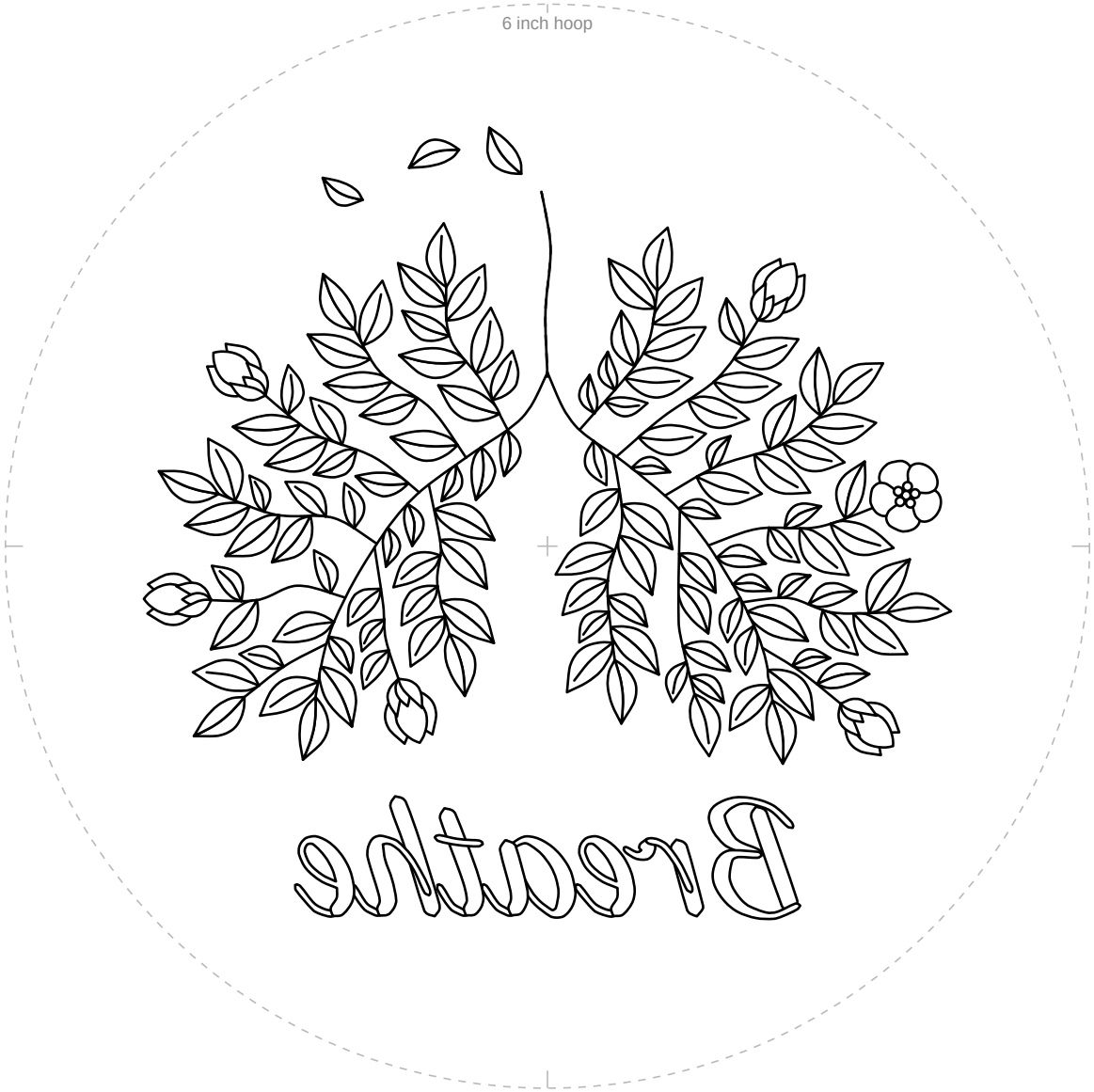
# Breathe in laurel

**6 inch hoop**

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.




**1 in**
25.4 mm

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