Breathe, mountain lake

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.4 in (11.7 × 11.2 cm).



Which color goes where.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Work it in this order

1. Stitch the filled parts first, what lies behind before what lies in front of it.
2. Then stitch the lines: stems, veins and outlines over the edges of the filled parts.

Floss

- **DMC 823 Dark Navy Blue**
  Spruce (dark), words, circle, far shore, mountain and water and 7 more parts
- **DMC 334 Medium Baby Blue**
  Mountain shade (middle), mountain in the water (lighter), snow lines
- **DMC 312 Very Dark Baby Blue**
  Spruce (light), mountain in the water (darker), mountain shade (dark) and 1 more part
- **DMC 3325 Light Baby Blue**
  Mountain shade (light), moon, canoe rim (lighter)
- **DMC 311 Medium Navy Blue**
  Spruce (middle), far trees, canoe and canoe in the water

Stitches

- **Stem stitch**, 1 to 4 strands
  Circle, far ridge, mountain, mountain ridges, words
- **Long and short stitch**, 1 strand
  Mountain shade
- **Straight stitch**, 1 to 2 strands
  Mountain shade, far trees, paddle, grass
- **Back stitch**, 1 strand
  Far ridge, snow lines, far shore, canoe rim, moon edge
- **Running stitch**, 1 to 2 strands
  Water, mountain in the water, canoe in the water
- **Satin stitch**, 2 strands
  Paddle, canoe, trunk, spruce
- **Split stitch**, 1 strand
  Canoe rim
- **Padded satin stitch**, 2 strands
  Moon

The thread
Inside a filled shape start with two or three tiny stitches, which the filling covers: a knot shows as a bump. A line may start with a small knot on the back or one of the knotless starts. End each thread by running the needle under the backs of a few stitches.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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