Brook trout under fall leaves

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Ripples, belly fins, upper jaw, eye, breast fin
2. **Long and short stitch**, 1 strand
   Pebbles, tail, back fin, small back fin, belly fins, body, head, gill cover, lower jaw, breast fin, maple leaves, orange leaf
3. **Split stitch**, 1 strand
   Pebbles, belly fins, gill cover, upper jaw, breast fin, leaf veins
4. **Straight stitch**, strands by part on page 2
   Tail, back fin, belly fins, nostril, breast fin, leaf veins
5. **Stem stitch**, strands by part on page 2
   Tail, back fin, small back fin, belly fins, ringed spots, gill cover, mouth, eye, outline, breast fin, leaf stalks
6. **Back stitch**, 2 strands
   Worm tracks
7. **French knot**
   strands by part on page 2, two wraps
   Ringed spots, pale spots, eye, head spots

Floss

- **1 DMC 3752 Very Light Antique Blue**
  Pebbles (shade 7 of 8), ripples and ringed spots (lighter)
- **2 DMC 932 Light Antique Blue** Pebbles (shade 6 of 8), ripples (darker)
- **3 DMC 3023 Light Brown Gray** Pebbles (shade 5 of 8)
- **4 DMC 3787 Dark Brown Gray** Pebbles (shade 1 of 8)
- **5 DMC 3022 Medium Brown Gray**
  Pebbles (shade 3 of 8), belly fins and breast fin (shade 5 of 7)
- **6 DMC 931 Medium Antique Blue** Pebbles (shade 2 of 8)
- **7 DMC 3033 Very Light Mocha Brown** Pebbles (shade 8 of 8)
- **8 DMC 3012 Medium Khaki Green**
  Pebbles (shade 4 of 8), body and head (shade 6 of 8) and 4 more parts
- **9 DMC 977 Light Golden Brown**
  Tail (lightest), body (shade 7 of 8), belly fins (shade 6 of 7) and 5 more parts
- **10 DMC 936 Very Dark Avocado Green**
  Body and head (shade 2 of 8), back fin and small back fin (dark) and 3 more parts
- **11 DMC 900 Dark Burnt Orange**
  Body (shade 3 of 8), belly fins (shade 3 of 7), orange leaf (dark) and 4 more parts
- **12 DMC 921 Copper**
  Belly fins (shade 4 of 7), orange leaf (middle), body (shade 4 of 8) and 5 more parts
- **13 DMC 815 Medium Garnet**
  Leaf veins, maple leaves (dark), tail (darkest) and 4 more parts
- **14 DMC 934 Black Avocado Green**
  Body and head (shade 1 of 8), back fin (darkest), outline (darker) and 3 more parts
- **15 DMC 3011 Dark Khaki Green**
  Body and head (shade 5 of 8), gill cover (shade 4 of 7) and 2 more parts
- **16 DMC 3865 Winter White**
  Belly fins and breast fin (shade 7 of 7), eye (lightest)
- **17 DMC 3371 Black Brown**
  Belly fins and breast fin (shade 1 of 7), mouth and nostril, eye (darkest)
- **18 DMC 833 Light Golden Olive**
  Body and head (shade 8 of 8), gill cover (shade 7 of 7), eye (light)
- **19 DMC 3823 Ultra Pale Yellow** Worm tracks, pale spots and head spots
- **20 DMC 3831 Dark Raspberry** Ringed spots (darker)
- **21 DMC 321 Red** Maple leaves (middle)
- **22 DMC 350 Medium Coral** Maple leaves (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Brook trout under fall leaves

6 inch hoop

How to read it

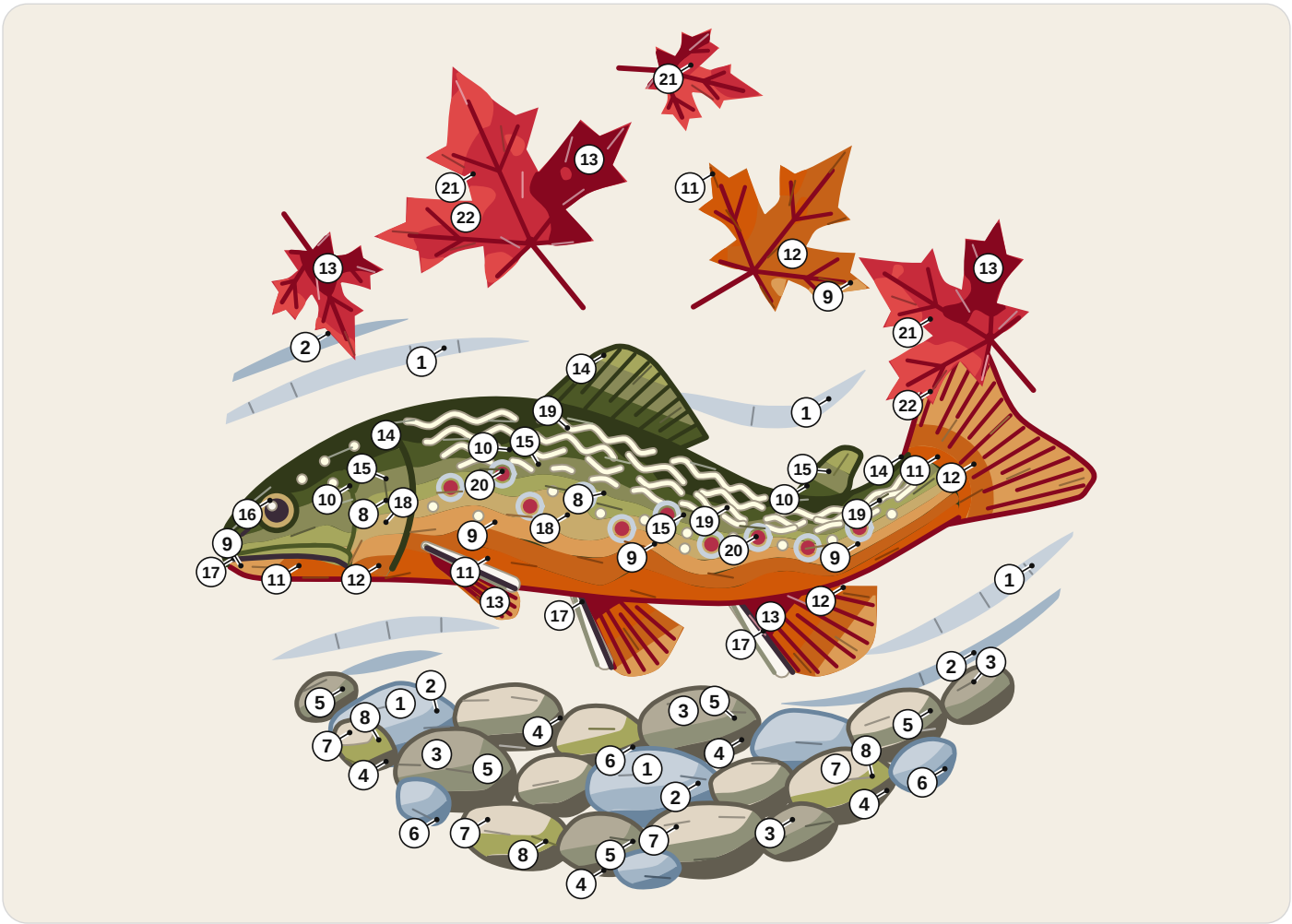
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3752 Very Light Antique Blue	**9**	DMC 977 Light Golden Brown	**17**	DMC 3371 Black Brown
2	DMC 932 Light Antique Blue	**10**	DMC 936 Very Dark Avocado Green	**18**	DMC 833 Light Golden Olive
3	DMC 3023 Light Brown Gray	**11**	DMC 900 Dark Burnt Orange	**19**	DMC 3823 Ultra Pale Yellow
4	DMC 3787 Dark Brown Gray	**12**	DMC 921 Copper	**20**	DMC 3831 Dark Raspberry
5	DMC 3022 Medium Brown Gray	**13**	DMC 815 Medium Garnet	**21**	DMC 321 Red
6	DMC 931 Medium Antique Blue	**14**	DMC 934 Black Avocado Green	**22**	DMC 350 Medium Coral
7	DMC 3033 Very Light Mocha Brown	**15**	DMC 3011 Dark Khaki Green		
8	DMC 3012 Medium Khaki Green	**16**	DMC 3865 Winter White		

How many strands

Straight stitch. 2 strands: nostril; 1 strand: tail, back fin, belly fins, breast fin, leaf veins.
Stem stitch. 3 strands: gill cover; 2 strands: tail, back fin, small back fin, belly fins, mouth, eye, outline, breast fin, leaf stalks; 1 strand: ringed spots.
French knot. 2 strands: ringed spots; 1 strand: pale spots, eye, head spots.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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