Brown pelican on a dock post

6 inch (15 cm) hoop, 4.5 × 4.7 in (11.4 × 11.9 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 22 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of pale blue cotton or linen, a water-soluble pen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Sea oat stems

2. **Fishbone stitch**, 1 strand
   Sea oat heads



3. **Long and short stitch**, 1 strand
   Sand, post, post top, tail, breast and belly, flight feathers, long small wing feathers, middle small wing feathers, small small wing feathers, back, neck, hindneck, crown, pouch, bill, bill tip, face, sandpiper



4. **Satin stitch**
   1 strand: grass blades
   2 strands: feet, eye, pupil, eyelid, rope



5. **Split stitch**, 1 strand
   Wood grain, edges of the post top, feather edges, feather shafts, lines of the feet, edges of the back, bill edge, edges of the eye, edges of the eyelid

6. **Stem stitch**, 1 strand
   Edges of the rope

7. **Straight stitch**
   2 strands: crest, sandpiper legs, sandpiper bill
   1 strand: rope twist



8. **French knot**, two wraps
   2 strands: barnacles
   1 strand: sandpiper eye



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 435 Very Light Brown	9	DMC 3031 Very Dark Mocha Brown	17	DMC 3865 Winter White
2	DMC 437 Light Tan	10	DMC 712 Cream	18	DMC 3822 Light Straw
3	DMC 739 Ultra Very Light Tan	11	DMC 3799 Very Dark Pewter Gray	19	DMC 745 Light Pale Yellow
4	DMC 3363 Medium Pine Green	12	DMC 413 Dark Pewter Gray	20	DMC 353 Peach
5	DMC 3053 Green Gray	13	DMC 318 Light Steel Gray	21	DMC 351 Coral
6	DMC 642 Dark Beige Gray	14	DMC 415 Pearl Gray	22	DMC 352 Light Coral
7	DMC 822 Light Beige Gray	15	DMC 3371 Black Brown		
8	DMC 3790 Ultra Dark Beige Gray	16	DMC 762 Very Light Pearl Gray		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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