Bunch of bananas in a blue bowl

6 inch (15 cm) hoop, 4.1 × 4 in (10.4 × 10.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

19 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 16, 17, 18, 19
   Mat, foot, inside of the bowl, bananas, banana necks, crown (color 12), bowl



2. **Satin stitch**
   2 strands, colors 2, 3, 8, 15, 18
   Foot rim, banana tips, crown (color 18), rim band, leaves, blossom, buds



3. **Blanket stitch**, 2 strands, color 4
   Mat edge



4. **Split stitch**
   1 strand, colors 8, 10, 14, 15, 18
   Banana ridges, banana edges, lines of the crown, blossom edges

5. **Straight stitch**
   3 strands, color 18
   Ripe flecks



6. **Stem stitch**, colors 2, 5, 6, 7, 8
   2 strands: lines of the mat, foot line
   3 strands: rim lines, twig

7. **French knot**
   1 strand, two wraps, colors 16, 17
   Blossom centers



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 932 Light Antique Blue	8	DMC 809 Delft Blue	15	DMC 3371 Black Brown
2	DMC 800 Pale Delft Blue	9	DMC 726 Light Topaz	16	DMC 725 Medium Light Topaz
3	DMC 3865 Winter White	10	DMC 780 Ultra Very Dark Topaz	17	DMC 783 Medium Topaz
4	DMC 798 Dark Delft Blue	11	DMC 580 Dark Moss Green	18	DMC 801 Dark Coffee Brown
5	DMC 799 Medium Delft Blue	12	DMC 834 Very Light Golden Olive	19	DMC 435 Very Light Brown
6	DMC 336 Navy Blue	13	DMC 727 Very Light Topaz		
7	DMC 797 Royal Blue	14	DMC 782 Dark Topaz		

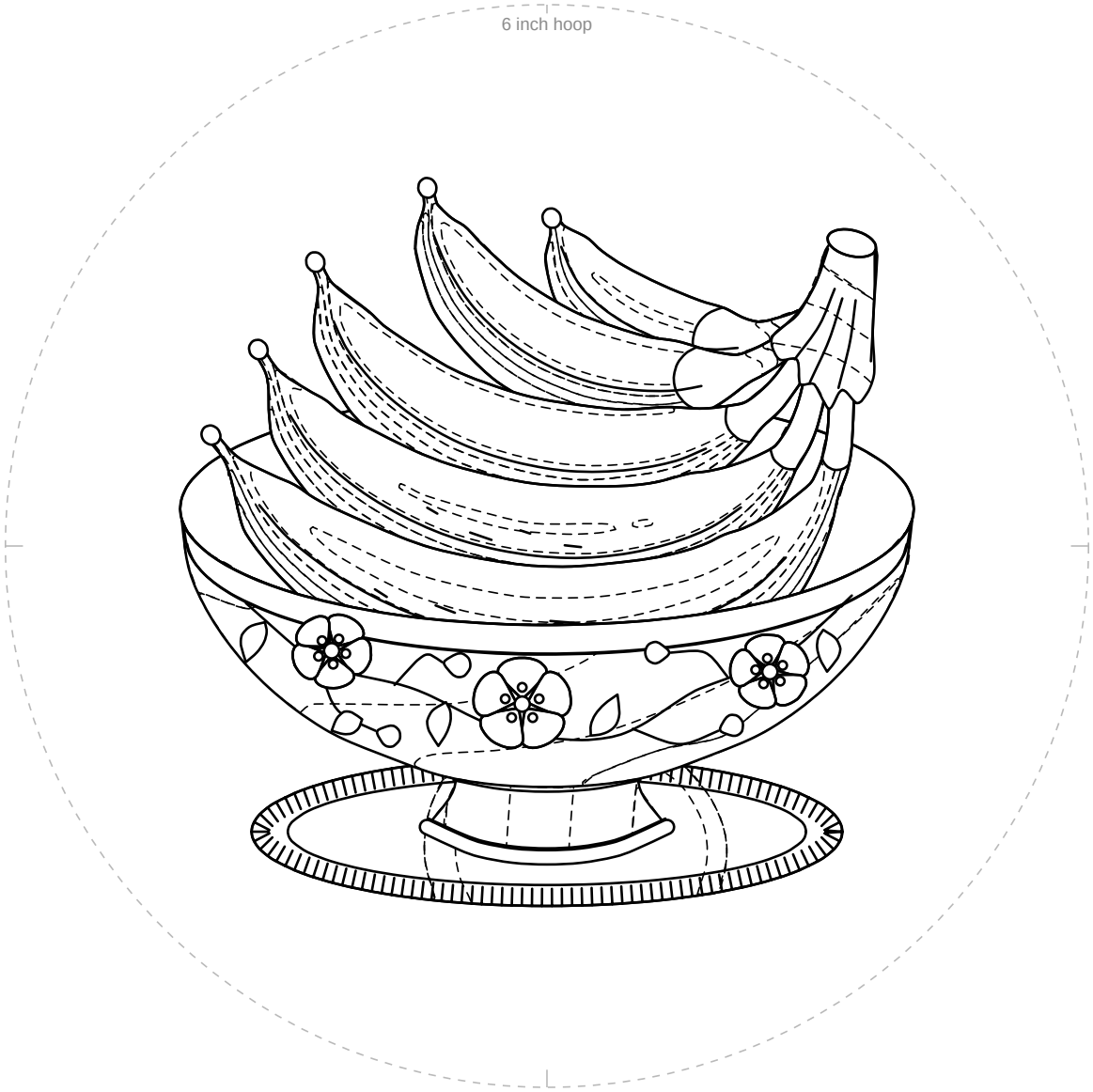
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

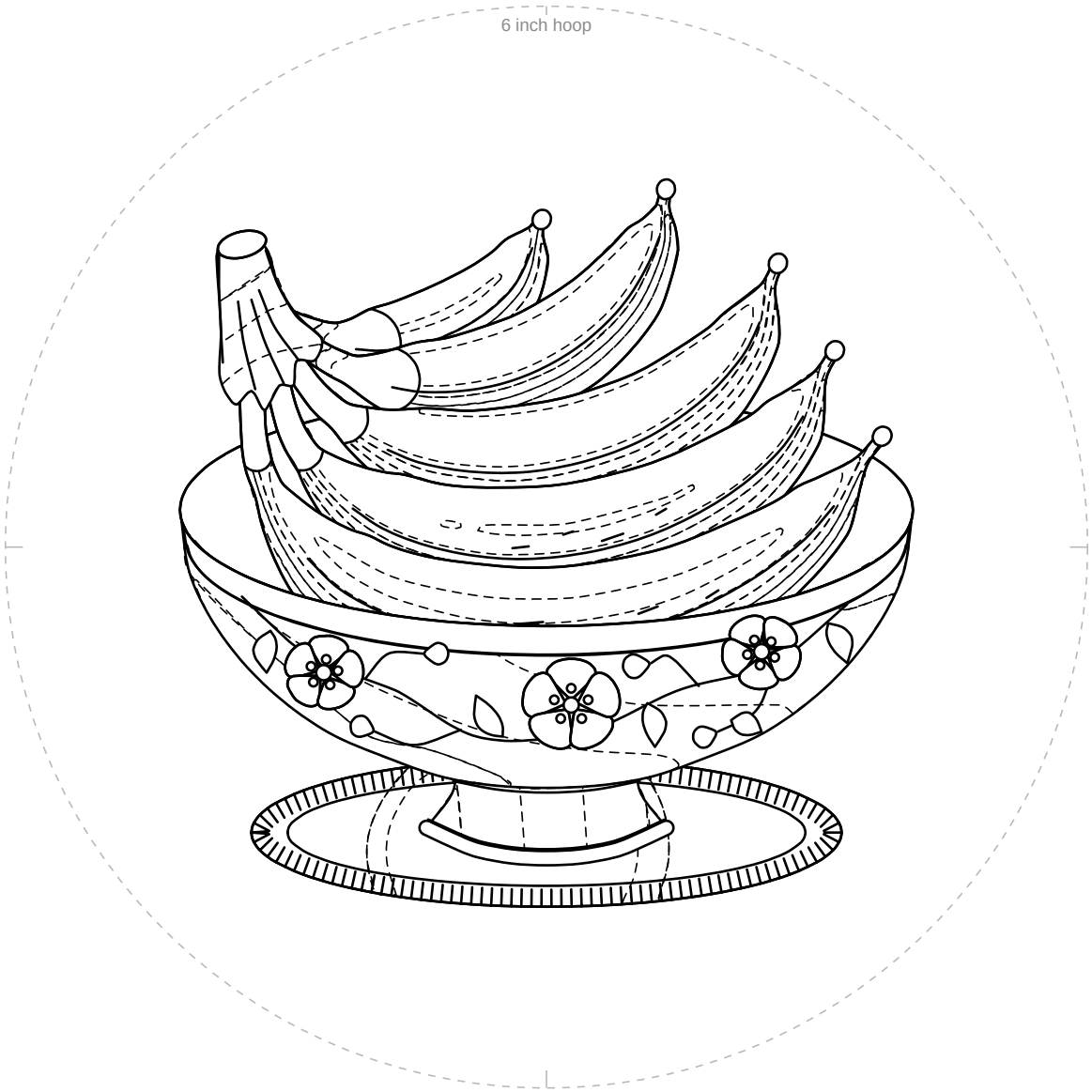
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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