Bunch of bananas with hibiscus

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.3 in (11.2 × 10.9 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Palm fronds, banana tips, crown cut, column, flower throat, sepals, sequins
2. **Fishbone stitch**, 2 strands
   Leaves
3. **Long and short stitch**, 1 strand
   Bananas, banana necks, crown, petals, buds
4. **Stem stitch**, strands by part on page 2
   Vines, palm stems, leaves, column shadow
5. **Split stitch**, 1 strand
   Leaf edges, ridges, crown lines, crown cut, petal edges, bud folds
6. **Straight stitch**, 1 strand
   Petal veins, stigma
7. **French knot**
   strands by part on page 2, two wraps
   Beads, stigma

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 471 Very Light Avocado Green**
  Banana necks and leaves (middle), palm fronds (lighter), leaf edges and 4 more parts
- **2 DMC 3848 Medium Teal Green**
  Leaves (dark), palm fronds (darker)
- **3 DMC 772 Very Light Yellow Green** Leaves (light), palm stems
- **4 DMC 469 Avocado Green**
  Bananas (shade 2 of 8), banana necks and sepals (dark) and 3 more parts
- **5 DMC 472 Ultra Light Avocado Green**
  Crown, sepals, banana necks and ridges (light), bananas (shade 7 of 8)
- **6 DMC 3078 Very Light Golden Yellow**
  Bananas (shade 8 of 8), ridges (lightest), column and stigma (lighter) and 2 more parts
- **7 DMC 3371 Black Brown** Banana tips
- **8 DMC 780 Ultra Very Dark Topaz**
  Bananas (shade 1 of 8), crown cut (dark)
- **9 DMC 783 Medium Topaz**
  Bananas (shade 3 of 8), ridges (dark), crown cut (middle)
- **10 DMC 726 Light Topaz** Bananas (shade 6 of 8), column (darker)
- **11 DMC 3820 Dark Straw**
  Bananas (shade 5 of 8), beads and sequins (dark)
- **12 DMC 814 Dark Garnet**
  Petals (shade 1 of 7), flower throat and column shadow
- **13 DMC 817 Very Dark Coral Red**
  Petals (shade 2 of 7), buds (darkest), bud folds, petal veins (darker)
- **14 DMC 349 Dark Coral**
  Petals (shade 3 of 7), petal veins (lighter), buds (dark), stigma (darker)
- **15 DMC 351 Coral** Petals (shade 4 of 7), buds (middle dark)
- **16 DMC 352 Light Coral** Petals (shade 5 of 7), buds (middle light)
- **17 DMC 353 Peach**
  Petals (shade 6 of 7), petal edges (darker), buds (light)
- **18 DMC 948 Very Light Peach**
  Petal edges (lighter), petals (shade 7 of 7), buds (lightest)
- **19 DMC 3846 Light Bright Turquoise**
  Sequins and beads (middle)
- **20 DMC 747 Very Light Sky Blue** Sequins (light)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Bunch of bananas with hibiscus

6 inch hoop

How to read it

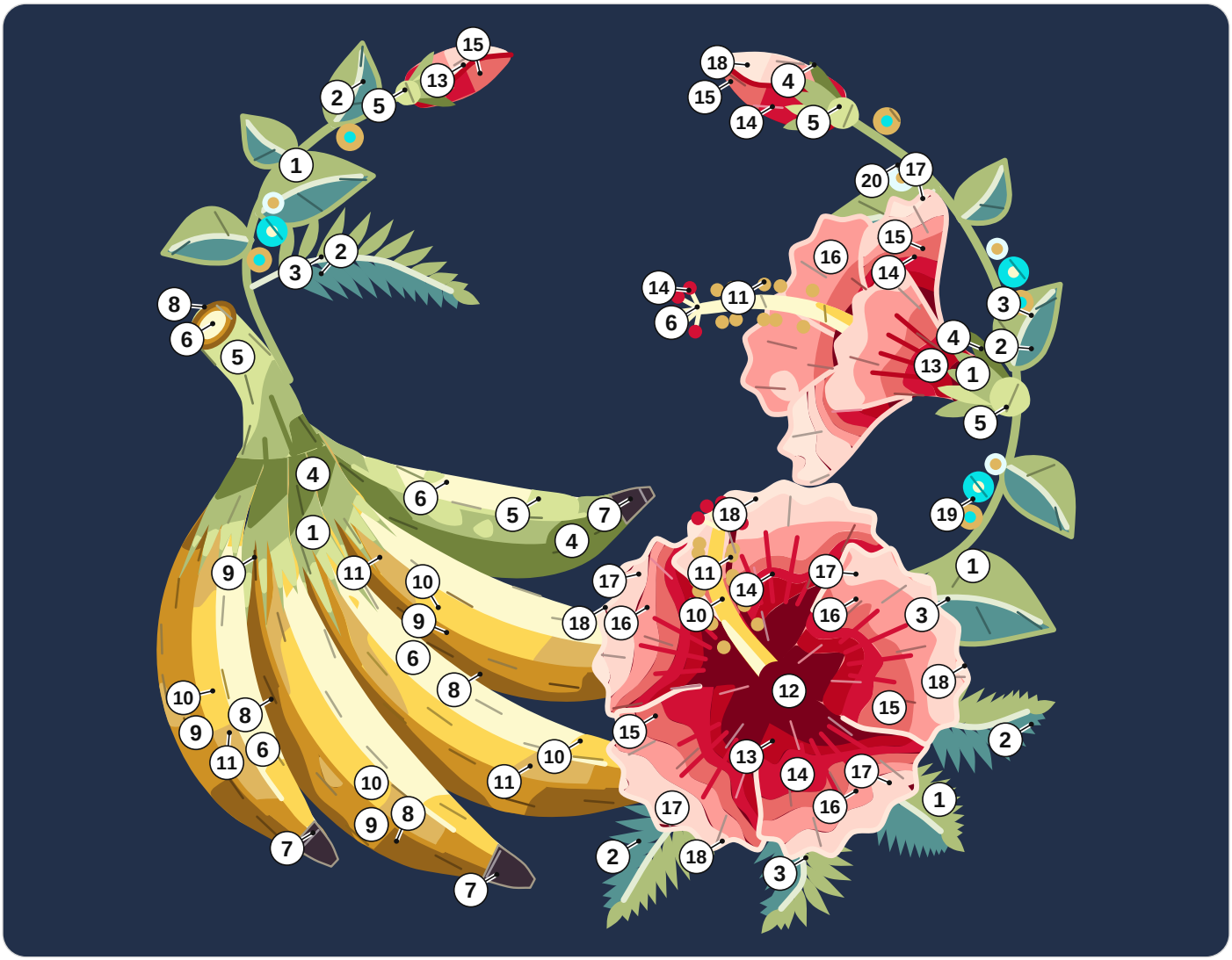
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 471 Very Light Avocado Green	8	DMC 780 Ultra Very Dark Topaz	15	DMC 351 Coral
2	DMC 3848 Medium Teal Green	9	DMC 783 Medium Topaz	16	DMC 352 Light Coral
3	DMC 772 Very Light Yellow Green	10	DMC 726 Light Topaz	17	DMC 353 Peach
4	DMC 469 Avocado Green	11	DMC 3820 Dark Straw	18	DMC 948 Very Light Peach
5	DMC 472 Ultra Light Avocado Green	12	DMC 814 Dark Garnet	19	DMC 3846 Light Bright Turquoise
6	DMC 3078 Very Light Golden Yellow	13	DMC 817 Very Dark Coral Red	20	DMC 747 Very Light Sky Blue
7	DMC 3371 Black Brown	14	DMC 349 Dark Coral		

How many strands

Stem stitch. 4 strands: vines; 2 strands: palm stems, column shadow; 1 strand: leaves.
French knot. 2 strands: stigma; 1 or 2 strands: beads.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

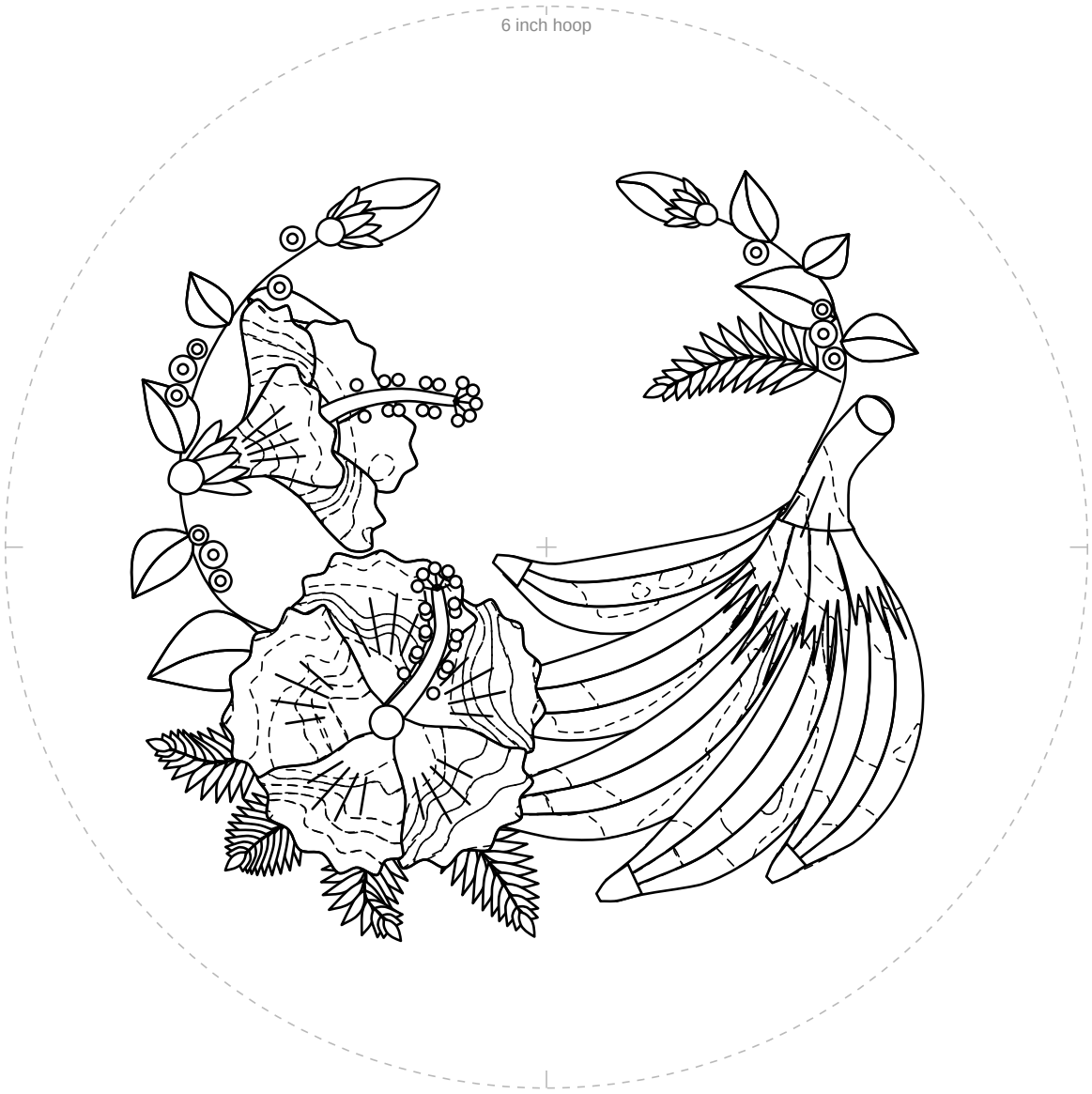
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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