Cafe au lait bowl with milk jug

Sized for a 6 inch hoop (15 cm). The stitched design is about 4 × 4.2 in (10.2 × 10.7 cm).



Which color goes where: by number on page 2.
Fabric: teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Woven filling stitch**, 3 strands
   Mat
2. **Long and short stitch**, 1 strand
   Shadows, jug handle, jug, bowl foot, bowl facets, inside of bowl, coffee, croissant
3. **Satin stitch**, 2 strands
   Jug lip, inside of jug, milk, jug bands, jug flowers, bowl rim band, bowl rim, milk swirl, steam
4. **Fishbone stitch**, 2 strands
   Sprig leaves
5. **Stem stitch**, strands by part on page 2
   Lace edge, sprig stems, facet lines
6. **Split stitch**, 1 strand
   Jug edge, facet lines, bowl edge, coffee edge, croissant folds
7. **Lazy daisy stitch**, 1 strand
   Lace loops
8. **French knot**, 2 strands, two wraps
   Lace picots, flower hearts

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3865 Winter White**
  Jug and inside of bowl (lightest), bowl rim, lace edge and milk swirl and 4 more parts
- **2 DMC 928 Very Light Gray Green**
  Mat, inside of bowl, jug and jug handle (light)
- **3 DMC 926 Medium Gray Green**
  Shadows, jug edge and inside of jug, jug and inside of bowl (darkest), jug handle (dark)
- **4 DMC 927 Light Gray Green**
  Inside of bowl and jug (dark), steam, jug handle (middle)
- **5 DMC 349 Dark Coral**
  Bowl foot, bowl facets, jug flowers and bowl rim band (middle), jug bands
- **6 DMC 3345 Dark Hunter Green**
  Sprig stems, sprig leaves (darker)
- **7 DMC 3347 Medium Yellow Green** Sprig leaves (lighter)
- **8 DMC 350 Medium Coral**
  Bowl rim band, bowl facets, bowl foot and jug flowers (light)
- **9 DMC 817 Very Dark Coral Red**
  Bowl facets, bowl foot, bowl rim band and jug flowers (dark)
- **10 DMC 3820 Dark Straw** Flower hearts
- **11 DMC 815 Medium Garnet**
  Bowl edge and facet lines, bowl facets and bowl foot (darkest)
- **12 DMC 351 Coral** Bowl facets and bowl foot (lightest)
- **13 DMC 436 Tan** Coffee (middle)
- **14 DMC 434 Light Brown** Coffee (dark)
- **15 DMC 738 Very Light Tan** Coffee (light), croissant (lightest)
- **16 DMC 801 Dark Coffee Brown** Croissant folds and coffee edge
- **17 DMC 976 Medium Golden Brown** Croissant (dark)
- **18 DMC 3826 Golden Brown** Croissant (darkest)
- **19 DMC 3827 Pale Golden Brown** Croissant (light)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3865 Winter White	**8**	DMC 350 Medium Coral	**15**	DMC 738 Very Light Tan
2	DMC 928 Very Light Gray Green	**9**	DMC 817 Very Dark Coral Red	**16**	DMC 801 Dark Coffee Brown
3	DMC 926 Medium Gray Green	**10**	DMC 3820 Dark Straw	**17**	DMC 976 Medium Golden Brown
4	DMC 927 Light Gray Green	**11**	DMC 815 Medium Garnet	**18**	DMC 3826 Golden Brown
5	DMC 349 Dark Coral	**12**	DMC 351 Coral	**19**	DMC 3827 Pale Golden Brown
6	DMC 3345 Dark Hunter Green	**13**	DMC 436 Tan		
7	DMC 3347 Medium Yellow Green	**14**	DMC 434 Light Brown		

How many strands

Stem stitch. 2 or 3 strands: lace edge; 1 strand: sprig stems, facet lines.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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