California quail with golden poppies

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.2 × 4.6 in (10.7 × 11.7 cm).



Which color goes where: by number on page 2.
Fabric: sage green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Fence rail, furled poppy, tail feathers, belly, belly feathers, flank feathers, back, back feathers, breast, wing feathers, wing coverts, and 6 more
2. **Satin stitch**, 2 strands
   Rail end, poppy collars, poppy cups, poppy leaves, seed pods, thighs, legs, flank streaks, white bands, eye ring, eye, bill, toes
3. **Split stitch**, 1 strand
   Wood grain, furled poppy edge, feather edges, scale edges, back feather edges, wing feather edges, covert edges, plume shine, poppy edges
4. **Stem stitch**, strands by part on page 2
   Rail end rings, poppy stems, leaf stalks, seed pod stems, seed pod ribs, down feather quill
5. **Straight stitch**, strands by part on page 2
   Nape spots, eye light, down feather, down feather splits, stamens
6. **French knot**
   strands by part on page 2, two wraps
   Moss, stamen tips

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3031 Very Dark Mocha Brown**
  Fence rail (dark), wing feathers and wing coverts (darker), wood grain and 10 more parts
- **2 DMC 840 Medium Beige Brown**
  Wing coverts, back, back feathers and wing feathers (lighter) and 7 more parts
- **3 DMC 842 Very Light Beige Brown**
  Belly (middle), covert edges, fence rail (light) and 3 more parts
- **4 DMC 501 Dark Blue Green**
  Poppy stems, leaf stalks and seed pod stems, poppy leaves (darker) and 2 more parts
- **5 DMC 741 Medium Tangerine** Poppy petals and furled poppy (light)
- **6 DMC 920 Medium Copper**
  Poppy petals (darkest), poppy edges, stamens and poppy collars and 2 more parts
- **7 DMC 970 Light Pumpkin** Poppy petals and furled poppy (dark)
- **8 DMC 743 Medium Yellow**
  Poppy petals and furled poppy (lightest), stamen tips
- **9 DMC 503 Medium Blue Green** Poppy leaves (lighter), seed pods
- **10 DMC 3750 Very Dark Antique Blue**
  Plume (middle), tail feathers and breast (darkest)
- **11 DMC 932 Light Antique Blue**
  Breast and tail feathers (lightest), feather edges and down feather splits
- **12 DMC 930 Dark Antique Blue**
  Breast and tail feathers (dark), plume (light)
- **13 DMC 931 Medium Antique Blue**
  Breast and tail feathers (light), plume shine
- **14 DMC 739 Ultra Very Light Tan**
  Belly feathers (middle), belly (light), wing feather edges (lighter), forehead
- **15 DMC 3865 Winter White**
  Down feather, white bands, flank streaks and nape spots and 2 more parts
- **16 DMC 801 Dark Coffee Brown** Flank feathers and crown (middle)
- **17 DMC 433 Medium Brown** Flank feathers and crown (light)
- **18 DMC 310 Black** Face and eye, plume (dark)
- **19 DMC 469 Avocado Green** Moss (darker)
- **20 DMC 471 Very Light Avocado Green** Moss (lighter)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3031 Very Dark Mocha Brown	**8**	DMC 743 Medium Yellow	**15**	DMC 3865 Winter White
2	DMC 840 Medium Beige Brown	**9**	DMC 503 Medium Blue Green	**16**	DMC 801 Dark Coffee Brown
3	DMC 842 Very Light Beige Brown	**10**	DMC 3750 Very Dark Antique Blue	**17**	DMC 433 Medium Brown
4	DMC 501 Dark Blue Green	**11**	DMC 932 Light Antique Blue	**18**	DMC 310 Black
5	DMC 741 Medium Tangerine	**12**	DMC 930 Dark Antique Blue	**19**	DMC 469 Avocado Green
6	DMC 920 Medium Copper	**13**	DMC 931 Medium Antique Blue	**20**	DMC 471 Very Light Avocado Green
7	DMC 970 Light Pumpkin	**14**	DMC 739 Ultra Very Light Tan		

How many strands

Stem stitch. 2 or 3 strands: poppy stems; 2 strands: leaf stalks, seed pod stems, down feather quill; 1 strand: rail end rings, seed pod ribs.
Straight stitch. 2 strands: nape spots, eye light; 1 strand: down feather, down feather splits, stamens.
French knot. 2 strands: moss; 1 strand: stamen tips.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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