Cancer survivor in a wildflower ring

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Leaves, buttercup petals, cosmos petals, poppy petals, poppy buds, cups, harebells, fern leaves, butterfly wings, butterfly body, words
2. **Stem stitch**, strands by part on page 2
   Grasses, stems, antennae, words
3. **Straight stitch**, strands by part on page 2
   Grass leaves, forget-me-not stalks, clover heads, lace umbels, cornflower petals, lavender, oat grass, butterfly edges
4. **Split stitch**, 1 strand
   Buttercup edges, cosmos edges, poppy edges, harebell edges, butterfly edges
5. **Lazy daisy stitch**, strands by part on page 2
   Open leaves, aster petals, oat grass
6. **French knot**
   strands by part on page 2, two wraps
   Buttercup centers, forget-me-nots, forget-me-not eyes, cosmos centers, aster centers, poppy centers, lace florets, harebell caps

In a 6 inch hoop the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 3364 Pine Green**
  Stems, fern leaves and poppy centers (lighter), grasses, lace umbels and grass leaves
- **2 DMC 3363 Medium Pine Green**
  Stems (darker), forget-me-not stalks and cups, open leaves (lighter) and 2 more parts
- **3 DMC 3362 Dark Pine Green** Open leaves (darker), harebell caps
- **4 DMC 726 Light Topaz** Buttercup petals
- **5 DMC 782 Dark Topaz** Buttercup edges and buttercup centers
- **6 DMC 809 Delft Blue** Forget-me-nots, butterfly wings (light)
- **7 DMC 3820 Dark Straw**
  Aster centers, cosmos centers and forget-me-not eyes
- **8 DMC 3688 Medium Mauve** Cosmos petals, clover heads (lighter)
- **9 DMC 3687 Mauve** Cosmos edges, clover heads (darker)
- **10 DMC 209 Dark Lavender**
  Aster petals and harebells, lavender (lighter)
- **11 DMC 3712 Medium Salmon** Poppy petals (lighter), lace florets
- **12 DMC 3328 Dark Salmon**
  Poppy edges and poppy buds, poppy petals (darker)
- **13 DMC 823 Dark Navy Blue**
  Words, butterfly edges, butterfly body and antennae, poppy centers (darker)
- **14 DMC 798 Dark Delft Blue**
  Cornflower petals (darker), butterfly wings (dark)
- **15 DMC 799 Medium Delft Blue**
  Cornflower petals (lighter), butterfly wings (middle)
- **16 DMC 3041 Medium Antique Violet** Lavender (darker)
- **17 DMC 3045 Dark Yellow Beige** Oat grass
- **18 DMC 3740 Dark Antique Violet** Harebell edges

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3364 Pine Green	7	DMC 3820 Dark Straw	13	DMC 823 Dark Navy Blue
2	DMC 3363 Medium Pine Green	8	DMC 3688 Medium Mauve	14	DMC 798 Dark Delft Blue
3	DMC 3362 Dark Pine Green	9	DMC 3687 Mauve	15	DMC 799 Medium Delft Blue
4	DMC 726 Light Topaz	10	DMC 209 Dark Lavender	16	DMC 3041 Medium Antique Violet
5	DMC 782 Dark Topaz	11	DMC 3712 Medium Salmon	17	DMC 3045 Dark Yellow Beige
6	DMC 809 Delft Blue	12	DMC 3328 Dark Salmon	18	DMC 3740 Dark Antique Violet

How many strands

Stem stitch. 2 strands: words; 1 strand: grasses, stems, antennae.
Straight stitch. 2 strands: clover heads, lavender; 1 or 2 strands: cornflower petals; 1 strand: grass leaves, forget-me-not stalks, lace umbels, oat grass, butterfly edges.
Lazy daisy stitch. 2 strands: aster petals; 1 strand: open leaves, oat grass.
French knot. 1 or 2 strands: poppy centers; 1 strand: buttercup centers, forget-me-nots, forget-me-not eyes, cosmos centers, aster centers, lace florets, harebell caps.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

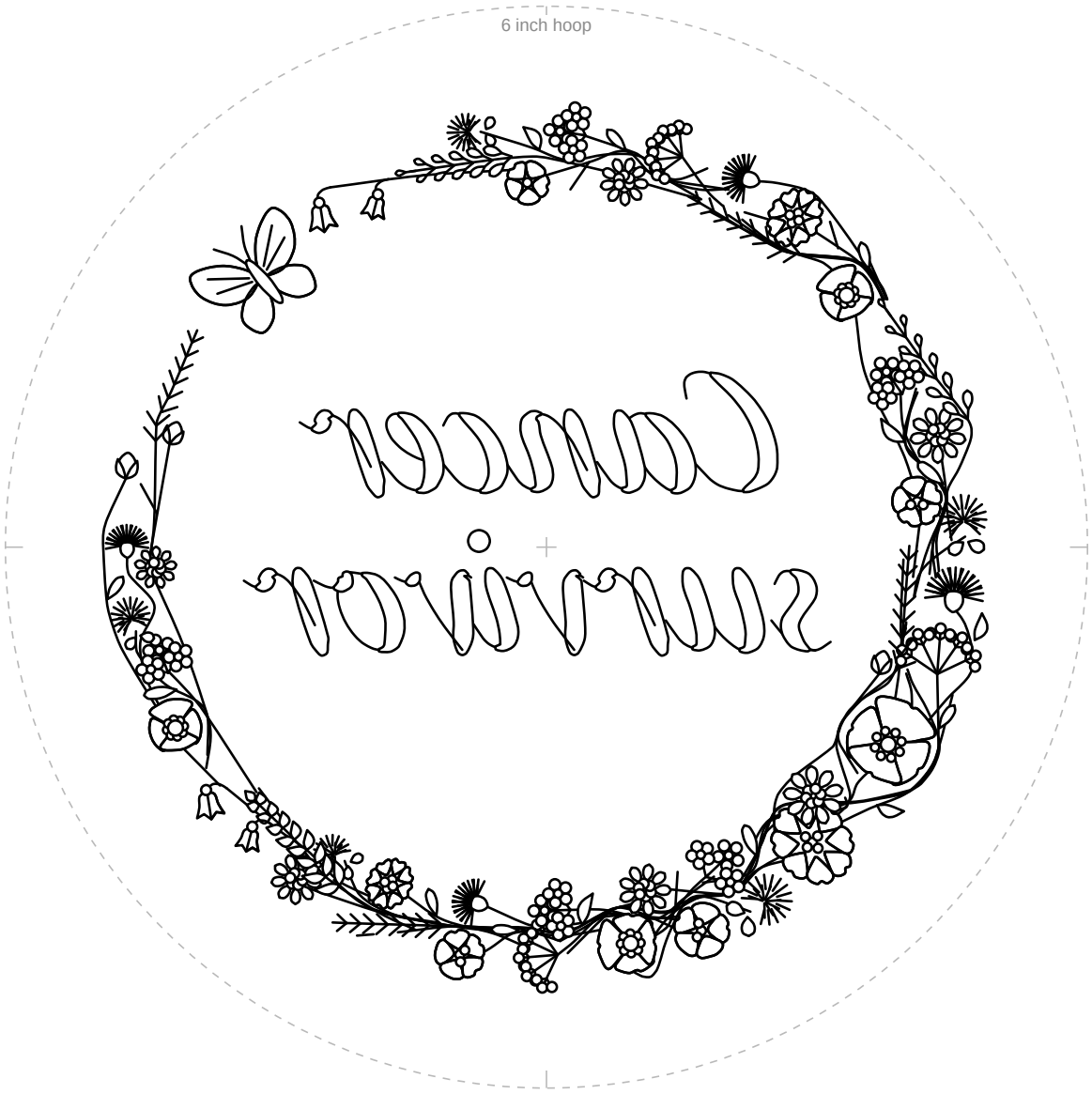
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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