Candy cane heart with a bow

6 inch (15 cm) hoop, 3.9 × 4.2 in (9.9 × 10.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

20 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 2 strands
   Fir needles



2. **Stem stitch**, 2 strands
   Fir stem, leaf stems

3. **Fishbone stitch**, 2 strands
   Leaves



4. **Satin stitch**, 2 strands
   Ivory stripes, red stripes



5. **Long and short stitch**, 1 strand
   Ribbon tails, bow loops, bow loop insides, knot



6. **Straight stitch**, 1 strand
   Berry highlights



7. **Stem stitch**, 1 strand
   Pin lines, ribbon lights

8. **Split stitch**
   2 strands: cane edge, ribbon edge
   1 strand: ribbon folds

9. **Padded satin stitch**, 2 strands
   Berries



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3345 Dark Hunter Green	8	DMC 3833 Light Raspberry	15	DMC 3750 Very Dark Antique Blue
2	DMC 3347 Medium Yellow Green	9	DMC 3865 Winter White	16	DMC 930 Dark Antique Blue
3	DMC 890 Ultra Dark Pistachio Green	10	DMC 224 Very Light Shell Pink	17	DMC 931 Medium Antique Blue
4	DMC 3346 Hunter Green	11	DMC 225 Ultra Very Light Shell Pink	18	DMC 3752 Very Light Antique Blue
5	DMC 368 Light Pistachio Green	12	DMC 321 Red	19	DMC 3753 Ultra Very Light Antique Bl...
6	DMC 498 Dark Red	13	DMC 3801 Very Dark Melon	20	DMC 939 Very Dark Navy Blue
7	DMC 815 Medium Garnet	14	DMC 932 Light Antique Blue		

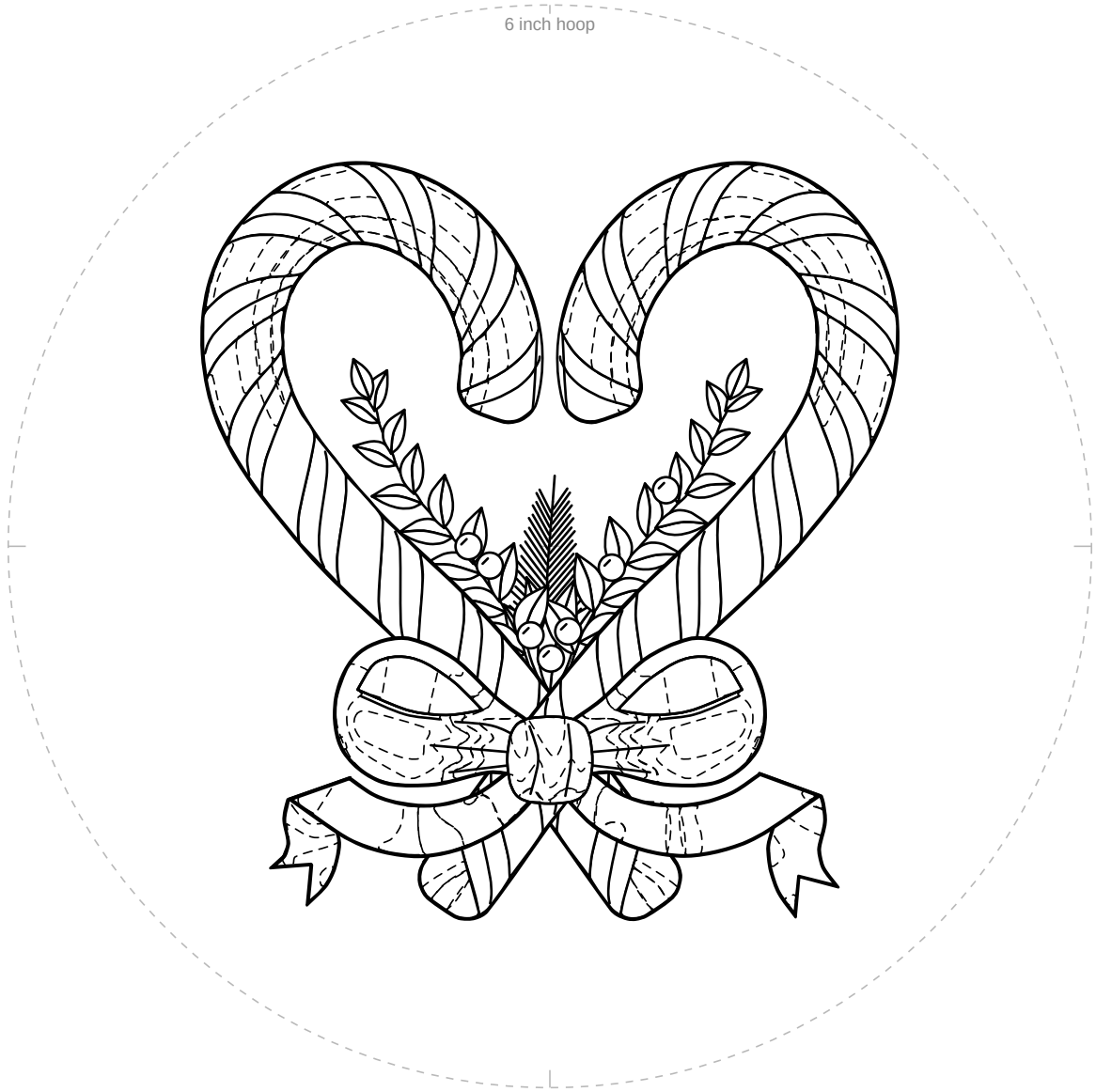
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

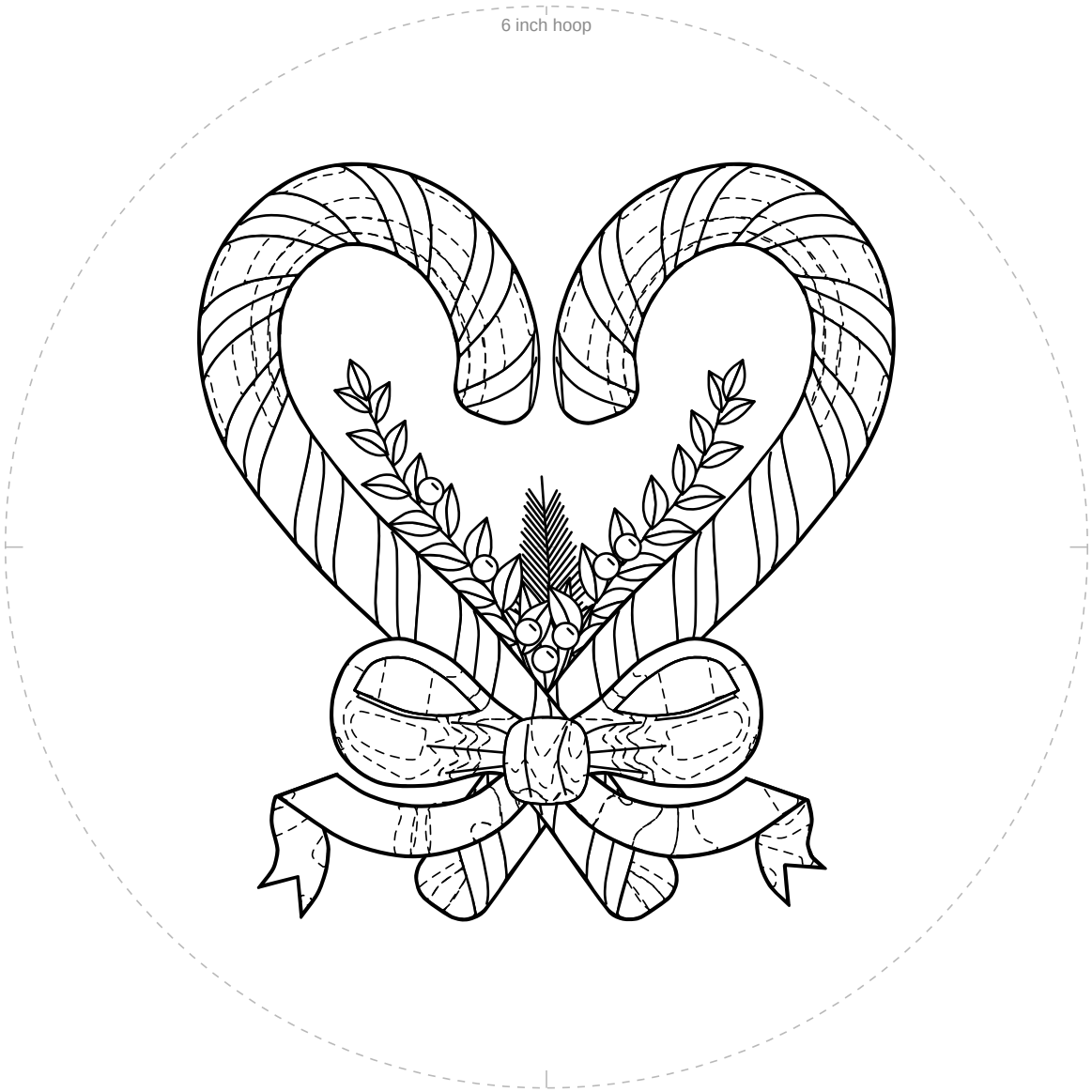
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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