Candy cane heart with holly

6 inch (15 cm) hoop, 4.2 × 4.2 in (10.7 × 10.7 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 3 strands
   Fir needles



2. **Stem stitch**, 3 strands
   Fir stems

3. **Satin stitch**, 2 strands
   White stripes, red stripes



4. **Long and short stitch**, 1 strand
   Holly leaves, berries



5. **Split stitch**, 1 strand
   Stripe lines, leaf edges, berry edges

6. **Stem stitch**
   1 strand: cane edges
   2 strands: leaf ribs

7. **French knot**
   2 strands, two wraps
   Berry highlights



Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 18 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of navy cotton or linen, a white pencil.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 501 Dark Blue Green	7	DMC 666 Bright Red	13	DMC 699 Green
2	DMC 503 Medium Blue Green	8	DMC 814 Dark Garnet	14	DMC 703 Chartreuse
3	DMC 502 Blue Green	9	DMC 498 Dark Red	15	DMC 704 Bright Chartreuse
4	DMC 504 Very Light Blue Green	10	DMC 321 Red	16	DMC 890 Ultra Dark Pistachio Green
5	DMC 3865 Winter White	11	DMC 415 Pearl Gray	17	DMC 772 Very Light Yellow Green
6	DMC 762 Very Light Pearl Gray	12	DMC 701 Light Green	18	DMC 3705 Dark Melon

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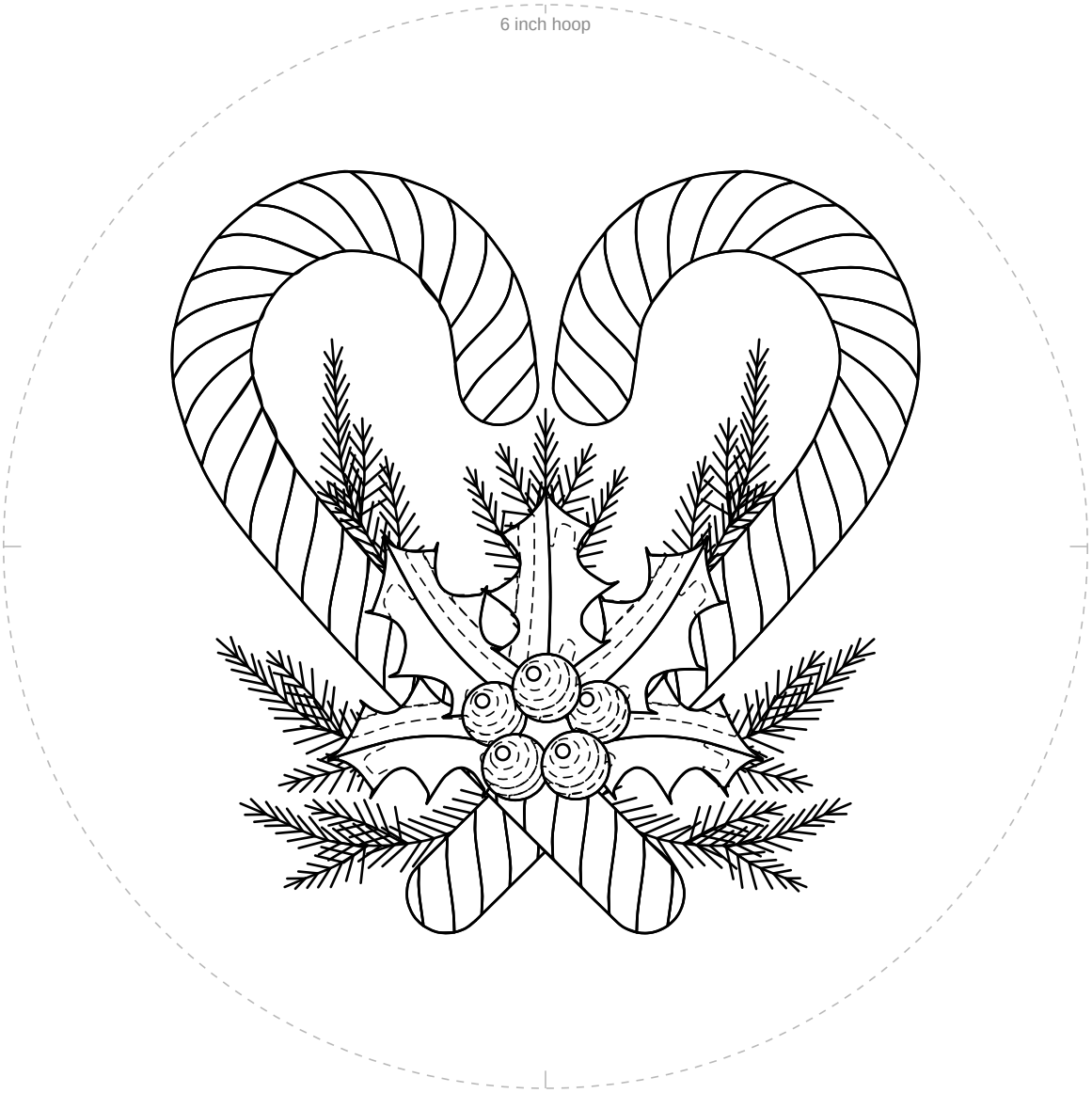
Candy cane heart with holly

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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