Canterbury cross in whitework

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.2 × 4.2 in (10.7 × 10.7 cm).



Which color goes where. Each number is a stitch of the list.
Fabric: dark green cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Trellis stitch**, 1 strand
   Trellis grounds
2. **Padded satin stitch**, 2 strands
   Cross edges, sprig leaves, buds, daisy petals, daisy hearts, heart square
3. **Satin stitch**, 2 strands
   Knots in the arms, eyelets
4. **Buttonhole stitch**, 2 strands
   Scalloped ring
5. **Stem stitch**, 2 to 3 strands
   Sprig stems
6. **Whipped back stitch**, 6 strands
   Inner ring
7. **French knot**, two wraps
   2 strands: heart square
   1 strand: daisy hearts

Floss

- **DMC 822 Light Beige Gray**
  Trellis grounds and daisy hearts (darker)
- **DMC BLANC White**
  Scalloped ring, cross edges, daisy petals, sprig leaves and eyelets and 3 more parts
- **DMC 712 Cream**
  Knots in the arms, inner ring and buds, daisy hearts (lighter), heart square (darker)

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 2 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 2 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 2 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 2 is the pattern at actual size (page 3 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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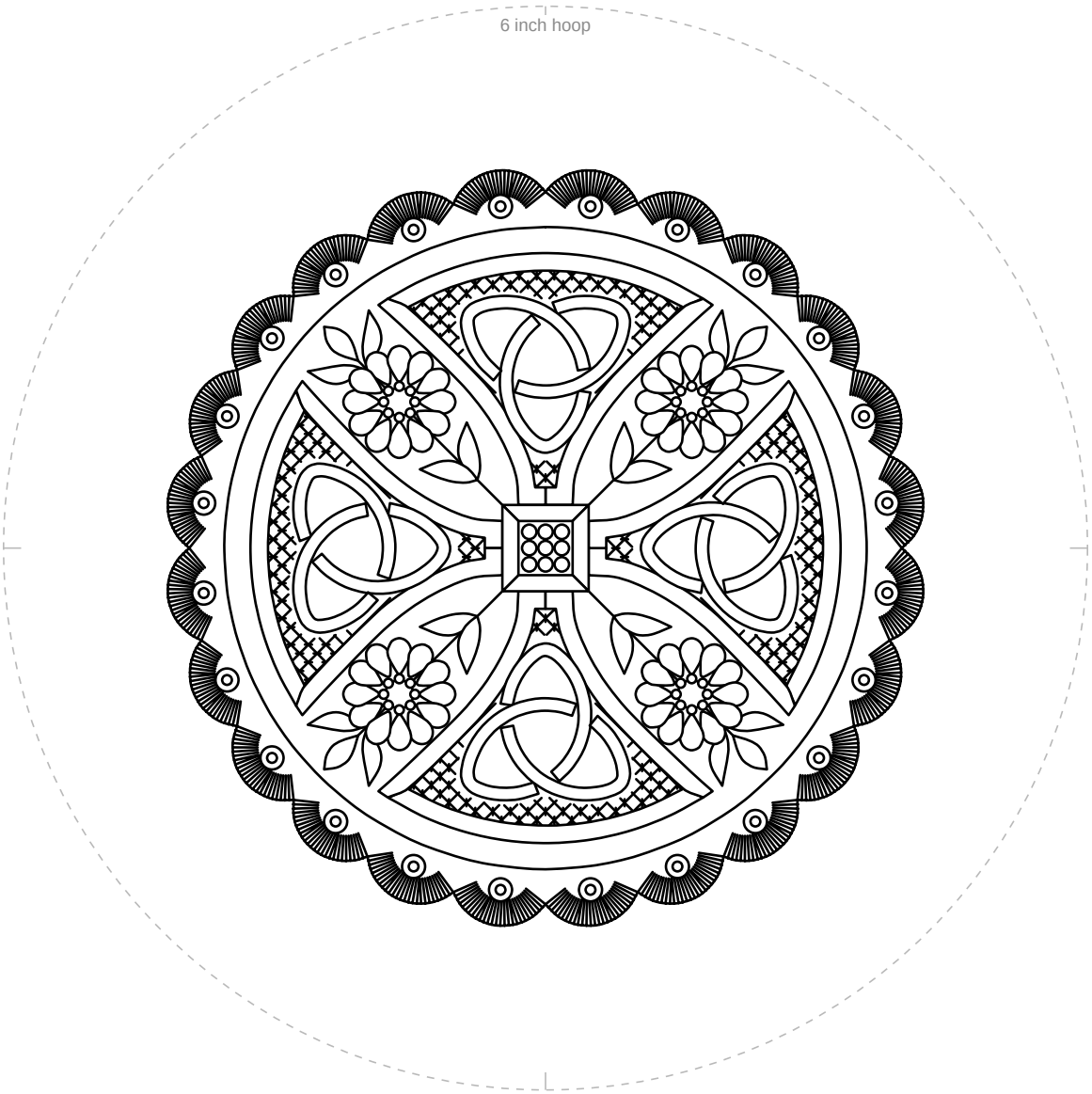
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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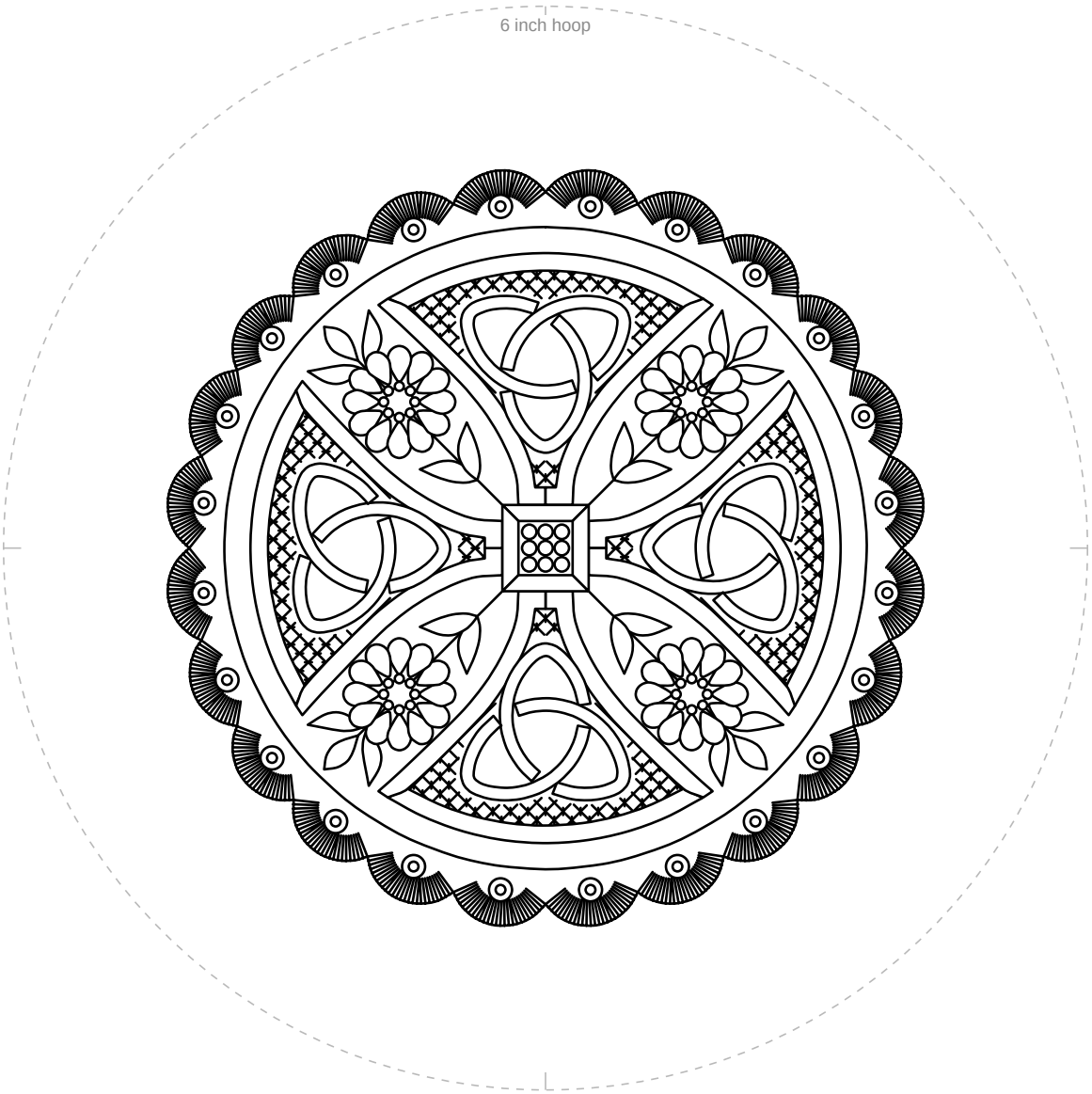
Canterbury cross in whitework

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

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