Cardinal and dogwood block

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 3 strands
   Frame leaves
2. **Long and short stitch**, 1 strand
   Twigs, leaves, branch, dogwood bracts, dogwood bud, tail, crest, head and breast, mask, wing feathers, wing coverts, shoulder
3. **Satin stitch**, strands by part on page 2
   Bill, eye
4. **Stem stitch**, strands by part on page 2
   Frame ring, twigs, leaf veins, legs, wing edge, toes
5. **Straight stitch**, strands by part on page 2
   Bract veins, rose notches, sepals
6. **Split stitch**, 1 strand
   Bract edges, feather edges, bill line, eye ring
7. **French knot**
   strands by part on page 2, two wraps
   Frame berries, dogwood hearts, eye light

Floss

- **1 DMC 3364 Pine Green**
  Frame leaves (lighter), bract edges and sepals, dogwood hearts (darker), leaves (light)
- **2 DMC 3362 Dark Pine Green**
  Frame leaves (darker), frame ring, leaves (dark)
- **3 DMC 347 Very Dark Salmon**
  Crest, head and breast and wing coverts (light), shoulder (darker) and 4 more parts
- **4 DMC 840 Medium Beige Brown**
  Branch and twigs (middle)
- **5 DMC 3031 Very Dark Mocha Brown**
  Branch and twigs (dark), toes, legs and bill line
- **6 DMC 437 Light Tan** Branch and twigs (light)
- **7 DMC 3363 Medium Pine Green** Leaves (middle)
- **8 DMC 3348 Light Yellow Green**
  Bract veins and leaf veins
- **9 DMC 3865 Winter White**
  Dogwood bracts and dogwood bud (light), eye light
- **10 DMC 318 Light Steel Gray**
  Dogwood bracts and dogwood bud (dark)
- **11 DMC 762 Very Light Pearl Gray**
  Dogwood bracts and dogwood bud (middle)
- **12 DMC 760 Salmon** Rose notches (lighter)
- **13 DMC 3820 Dark Straw** Dogwood hearts (lighter)
- **14 DMC 815 Medium Garnet**
  Wing feathers, tail and wing coverts (dark), head and breast (darkest) and 3 more parts
- **15 DMC 498 Dark Red**
  Head and breast and crest (dark), wing feathers, wing coverts and tail (middle)
- **16 DMC 350 Medium Coral**
  Head and breast and crest (lightest), feather edges and shoulder (lighter)
- **17 DMC 310 Black** Mask and eye
- **18 DMC 922 Light Copper** Bill (middle), eye ring
- **19 DMC 920 Medium Copper** Bill (dark)
- **20 DMC 402 Very Light Mahogany** Bill (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Cardinal and dogwood block

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3364 Pine Green	**8**	DMC 3348 Light Yellow Green	**15**	DMC 498 Dark Red
2	DMC 3362 Dark Pine Green	**9**	DMC 3865 Winter White	**16**	DMC 350 Medium Coral
3	DMC 347 Very Dark Salmon	**10**	DMC 318 Light Steel Gray	**17**	DMC 310 Black
4	DMC 840 Medium Beige Brown	**11**	DMC 762 Very Light Pearl Gray	**18**	DMC 922 Light Copper
5	DMC 3031 Very Dark Mocha Brown	**12**	DMC 760 Salmon	**19**	DMC 920 Medium Copper
6	DMC 437 Light Tan	**13**	DMC 3820 Dark Straw	**20**	DMC 402 Very Light Mahogany
7	DMC 3363 Medium Pine Green	**14**	DMC 815 Medium Garnet		

How many strands

Satin stitch. 2 strands: eye; 1 strand: bill.
Stem stitch. 4 strands: twigs; 3 strands: frame ring, legs, toes; 2 strands: wing edge; 1 strand: leaf veins.
Straight stitch. 2 strands: sepals; 1 or 2 strands: rose notches; 1 strand: bract veins.
French knot. 2 strands: frame berries, dogwood hearts; 1 strand: eye light.

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Cardinal and dogwood block

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Cardinal and dogwood block

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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