Caring hands loving heart, stethoscope

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.9 in (11.9 × 12.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Eucalyptus, daisy leaves
2. **Satin stitch**, 2 strands
   Spring, ear tubes, ear tips, tube, collars, chest piece stem, chest piece rim, chest piece face, chest piece light, daisy petals, daisy hearts, words
3. **Stem stitch**, strands by part on page 2
   Eucalyptus stems, light on the ear tubes, light on the tube
4. **Straight stitch**, 2 strands
   Eucalyptus stems
5. **Split stitch**, strands by part on page 2
   Spring, ear tube edges, ear tips, tube edges, chest piece stem, chest piece edge, daisy petals, words
6. **Back stitch**, 1 strand
   Chest piece edge

Floss

1 **DMC 501 Dark Blue Green**
Eucalyptus stems, daisy leaves (darker), eucalyptus (dark)

2 **DMC 502 Blue Green**
Eucalyptus (middle), daisy leaves (lighter)

3 **DMC 503 Medium Blue Green** Eucalyptus (light)

4 **DMC 415 Pearl Gray**
Chest piece face, spring and chest piece stem (lighter)

5 **DMC 413 Dark Pewter Gray**
Chest piece rim (darker), ear tube edges and chest piece edge and 3 more parts

6 **DMC 318 Light Steel Gray**
Ear tubes, chest piece face (darker), chest piece rim (lighter)

7 **DMC BLANC White**
Daisy petals (light), light on the ear tubes and chest piece light

8 **DMC 3687 Mauve** Tube, ear tips (lighter)

9 **DMC 3685 Very Dark Mauve**
Tube edges, ear tips and collars (darker)

10 **DMC 3689 Light Mauve** Light on the tube

11 **DMC 3752 Very Light Antique Blue**
Daisy petals (middle)

12 **DMC 931 Medium Antique Blue**
Daisy petals (dark)

13 **DMC 783 Medium Topaz** Daisy hearts (darker)

14 **DMC 3820 Dark Straw**
Daisy hearts (lighter), small flower hearts

15 **DMC 340 Medium Blue Violet** Small flowers

16 **DMC 814 Dark Garnet** Words

Stitches, continued

7. **French knot**, 2 strands, two wraps
   Daisy hearts, small flowers, small flower hearts

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 501 Dark Blue Green	7	DMC BLANC White	13	DMC 783 Medium Topaz
2	DMC 502 Blue Green	8	DMC 3687 Mauve	14	DMC 3820 Dark Straw
3	DMC 503 Medium Blue Green	9	DMC 3685 Very Dark Mauve	15	DMC 340 Medium Blue Violet
4	DMC 415 Pearl Gray	10	DMC 3689 Light Mauve	16	DMC 814 Dark Garnet
5	DMC 413 Dark Pewter Gray	11	DMC 3752 Very Light Antique Blue		
6	DMC 318 Light Steel Gray	12	DMC 931 Medium Antique Blue		

How many strands

Stem stitch. 2 strands: eucalyptus stems, light on the tube; 1 strand: light on the ear tubes.
Split stitch. 2 strands: chest piece edge; 1 strand: spring, ear tube edges, ear tips, tube edges, chest piece stem, daisy petals, words.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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