Carolina lily quilt block

6 inch (15 cm) hoop, 4.9 × 4.9 in (12.4 × 12.4 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 3 for 4 to 6 strands.

8 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Whipped back stitch**, 6 strands
   Stems

2. **Straight stitch**, 3 strands
   Legs



3. **Fishbone stitch**, 2 strands
   Leaves (colors 3 and 4)



4. **Satin stitch**, 2 strands
   Sawtooth border, corner squares, green cups, lilies, leaves (color 4), tails, birds, collars, wings, eyes, basket, basket rim, basket foot, heart



5. **Stem stitch**, 3 strands
   Border lines

6. **Whipped back stitch**, 4 strands
   Branches

7. **Back stitch**, 2 strands
   Wing edges

8. **Straight stitch**, 2 strands
   Beaks



9. **French knot**, two wraps
   2 strands: seeds
   1 strand: knots of the eyes



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1 DMC 3777 Very Dark Terra Cotta	**4** DMC 3346 Hunter Green	**7** DMC 932 Light Antique Blue
2 DMC 311 Medium Navy Blue	**5** DMC 760 Salmon	**8** DMC 3371 Black Brown
3 DMC 895 Very Dark Hunter Green	**6** DMC 783 Medium Topaz	

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot; a dashed line is whipped back stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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