Chakra tree with seven rainbow wheels

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.7 in (11.7 × 11.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Long and short stitch**, 2 strands
   Branches, leaf curls, deep leaf halves, trunk, red petals, violet petals
2. **Satin stitch**, 2 strands
   Leaf curls, pale leaf halves, sprig stems, tulip buds, bud cups, hillocks, rainbow spine, and 11 more
3. **Trellis stitch**, 1 strand
   Leaf trellis, petal trellis
4. **Fishbone stitch**, 2 strands
   Small leaves, flower cups, red flower sepals
5. **Buttonhole stitch**, 2 strands
   Buttonhole wheel
6. **Woven filling stitch**, 3 strands
   Woven heart
7. **Split stitch**, strands by part on page 2
   Branch edges, leaf edges, leaf side veins, bud edges, hillock edges, trunk grain, trunk edge, and 3 more
8. **Chain stitch**, strands by part on page 2
   Leaf veins, hillock scallops, rainbow chain
9. **Straight stitch**, 3 strands
   Petal veins
10. **Lazy daisy stitch**, 3 strands
    Tiny flowers, gold rays
11. **French knot**, 2 strands, two wraps
    Tiny flowers, wheel hearts, knotted heart, third eye, gold knots

In a 6 inch hoop the French knots and the shortest lazy daisy loops are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 433 Medium Brown** Trunk (middle), branches (lighter)
- **2 DMC 938 Ultra Dark Coffee Brown**
  Branch edges and trunk edge, branches (darker) and 3 more parts
- **3 DMC 319 Very Dark Pistachio Green**
  Leaf edges, hillocks (darker) and 12 more parts
- **4 DMC 3363 Medium Pine Green**
  Hillocks (lighter), deep leaf halves (dark) and 5 more parts
- **5 DMC 351 Coral** Coral petal hearts, pale leaf halves (darkest) and 5 more parts
- **6 DMC 321 Red** Red petals (lighter), tulip buds (dark) and 2 more parts
- **7 DMC 3348 Light Yellow Green**
  Deep leaf halves (lightest), pale leaf halves (light) and 6 more parts
- **8 DMC 988 Medium Forest Green**
  Deep leaf halves (light), green petals (middle) and 5 more parts
- **9 DMC 742 Light Tangerine**
  Apricot petal hearts, pale leaf halves (middle light) and 3 more parts
- **10 DMC 740 Tangerine**
  Orange petals and petal trellis, leaf trellis (light) and 3 more parts
- **11 DMC 920 Medium Copper** Petal edges (light), wheel hearts and leaf trellis (dark)
- **12 DMC 727 Very Light Topaz**
  Pale leaf halves (lightest), yellow petals (light) and 6 more parts
- **13 DMC 726 Light Topaz** Yellow petals (middle), leaf trellis (lightest) and 5 more parts
- **14 DMC 783 Medium Topaz**
  Petal edges (lightest), buttonhole wheel and gold rays and 4 more parts
- **15 DMC 519 Sky Blue** Fan petals (light), pale leaf halves (dark) and 4 more parts
- **16 DMC 3760 Medium Wedgwood**
  Fan petals (middle), leaf trellis (middle dark) and 2 more parts
- **17 DMC 823 Dark Navy Blue** Indigo points and fan petals (dark) and 4 more parts
- **18 DMC 340 Medium Blue Violet**
  Pale leaf halves (middle dark), indigo points (light) and 4 more parts
- **19 DMC 3746 Dark Blue Violet**
  Indigo points (middle), rainbow spine (shade 3 of 7) and 1 more part
- **20 DMC 815 Medium Garnet**
  Petal edges (darkest), red petals (darker) and 3 more parts
- **21 DMC 552 Medium Violet** Violet petals (middle), woven heart and 2 more parts
- **22 DMC 550 Very Dark Violet** Violet petals and wheel rims (dark), bud edges (middle)
- **23 DMC 554 Light Violet**
  Violet petals (light), wheel hearts (middle light) and 3 more parts
- **24 DMC 435 Very Light Brown** Trunk (light), trunk grain (lighter)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Chakra tree with seven rainbow wheels

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 433 Medium Brown	**9**	DMC 742 Light Tangerine	**17**	DMC 823 Dark Navy Blue
2	DMC 938 Ultra Dark Coffee Brown	**10**	DMC 740 Tangerine	**18**	DMC 340 Medium Blue Violet
3	DMC 319 Very Dark Pistachio Green	**11**	DMC 920 Medium Copper	**19**	DMC 3746 Dark Blue Violet
4	DMC 3363 Medium Pine Green	**12**	DMC 727 Very Light Topaz	**20**	DMC 815 Medium Garnet
5	DMC 351 Coral	**13**	DMC 726 Light Topaz	**21**	DMC 552 Medium Violet
6	DMC 321 Red	**14**	DMC 783 Medium Topaz	**22**	DMC 550 Very Dark Violet
7	DMC 3348 Light Yellow Green	**15**	DMC 519 Sky Blue	**23**	DMC 554 Light Violet
8	DMC 988 Medium Forest Green	**16**	DMC 3760 Medium Wedgwood	**24**	DMC 435 Very Light Brown

How many strands

Split stitch. 2 strands: hillock edges, trunk grain, trunk edge, rainbow edges, wheel rims; 1 or 2 strands: leaf edges, leaf side veins, petal edges; 1 strand: branch edges, bud edges.
Chain stitch. 3 strands: rainbow chain; 2 strands: leaf veins, hillock scallops.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

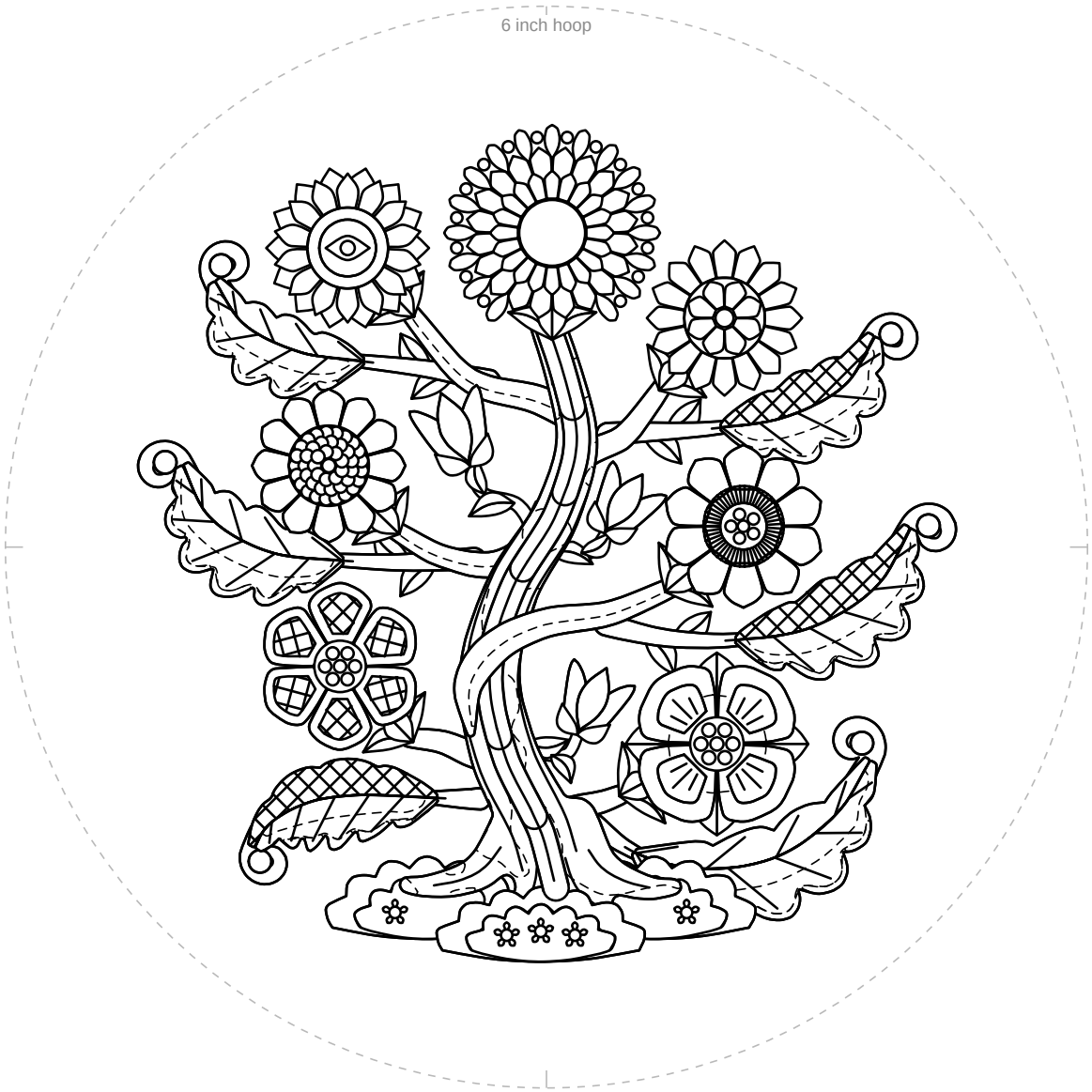
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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