Chiapas style flower yoke

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.2 in (11.9 × 10.7 cm).



Which color goes where: by number on page 2.
Fabric: black cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.

2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.

3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3808 Ultra Very Dark Turquoise**
  Leaves and sepals (darker), stems
- **2 DMC 3810 Dark Turquoise**
  Leaves and sepals (lighter)
- **3 DMC 208 Very Dark Lavender**
  Petals (shade 3 of 11), inner petals (shade 3 of 9), buds (darkest)
- **4 DMC 209 Dark Lavender**
  Petals (shade 5 of 11), inner petals (shade 5 of 9), buds (light)
- **5 DMC 3609 Ultra Light Plum**
  Petals (shade 8 of 11), inner petals (shade 7 of 9), buds (lightest)
- **6 DMC 3607 Light Plum**
  Petals (shade 4 of 11), inner petals (shade 4 of 9), buds (dark)
- **7 DMC 799 Medium Delft Blue**
  Petals (shade 6 of 11), inner petals (shade 6 of 9), neck edge
- **8 DMC 797 Royal Blue**
  Petals (shade 2 of 11), inner petals (shade 2 of 9)
- **9 DMC 3747 Very Light Blue Violet**
  Petals (shade 10 of 11), inner petals (shade 8 of 9)
- **10 DMC 819 Light Baby Pink**
  Petals (shade 11 of 11), inner petals (shade 9 of 9)
- **11 DMC 550 Very Dark Violet**
  Petals (shade 1 of 11), inner petals (shade 1 of 9)
- **12 DMC 743 Medium Yellow**
  Flower hearts
- **13 DMC 3844 Dark Bright Turquoise**
  Petals (shade 7 of 11)
- **14 DMC 3846 Light Bright Turquoise**
  Petals (shade 9 of 11)

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves, sepals
2. **Long and short stitch**, 1 strand
   Buds, petals, inner petals
3. **Stem stitch**, 3 strands
   Stems
4. **Chain stitch**, 3 strands
   Neck edge
5. **French knot**, 2 strands, two wraps
   Flower hearts

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



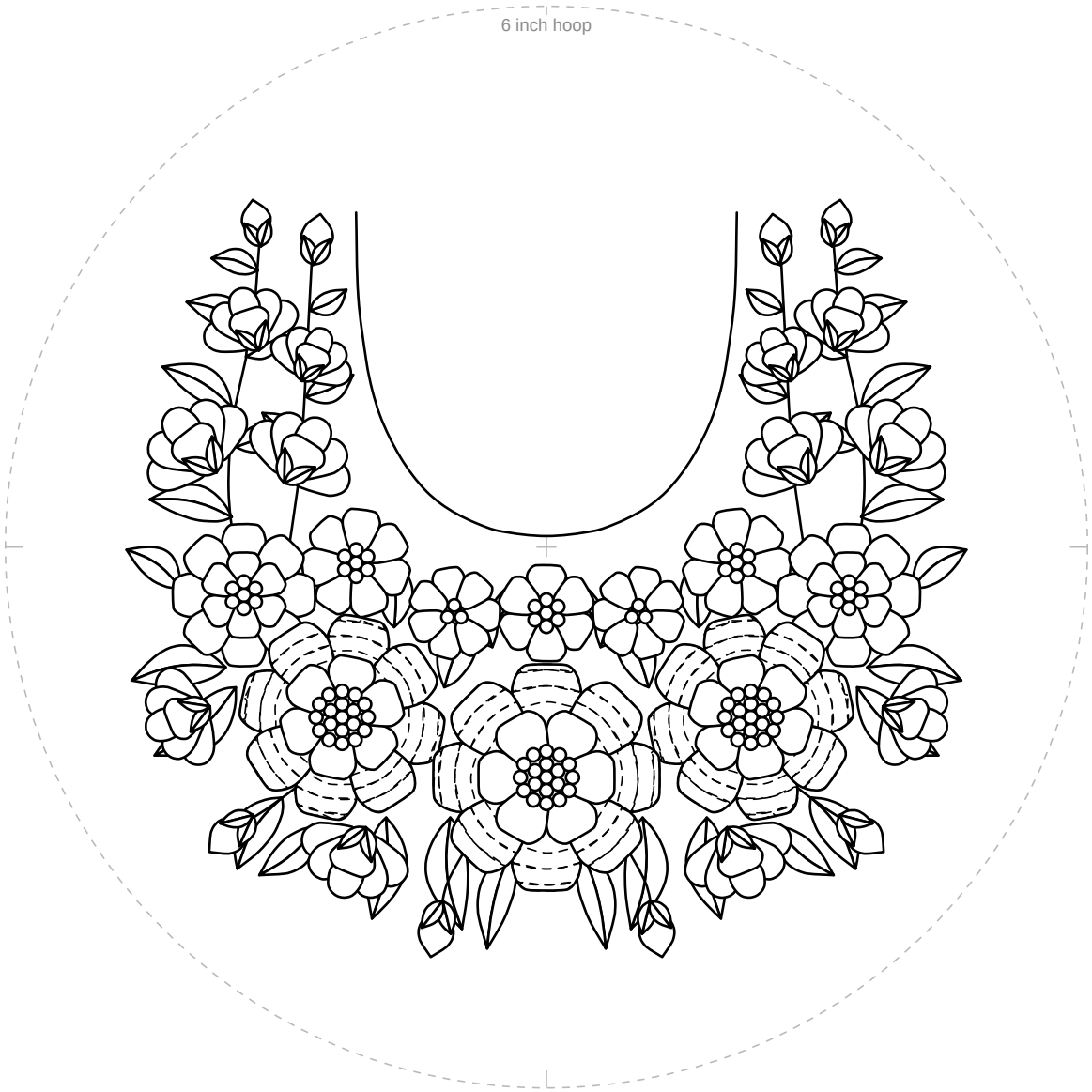
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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

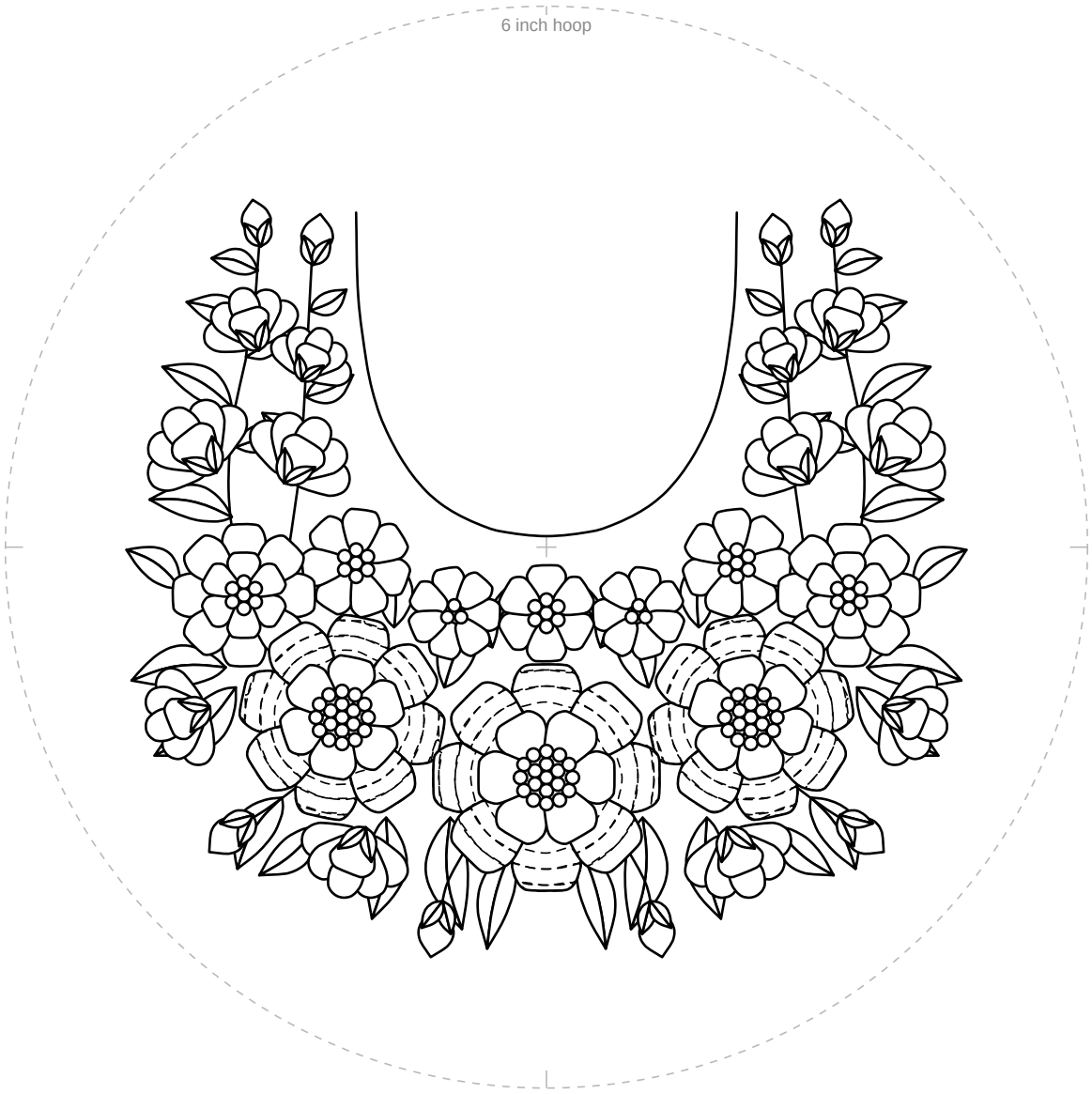
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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