Chocolate chip cookie with a heart chip

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.8 in (11.9 × 12.2 cm).



Which color goes where: by number on page 2.
Fabric: teal cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3865 Winter White**
  Lace edge, lace hearts, lace loops, lace scallops and lace knots
- **2 DMC 975 Dark Golden Brown**
  Cookie (darkest), shade under the chips
- **3 DMC 976 Medium Golden Brown**
  Cookie (dark)
- **4 DMC 3827 Pale Golden Brown**
  Cookie (light)
- **5 DMC 3855 Light Autumn Gold**
  Cookie (lightest)
- **6 DMC 938 Ultra Dark Coffee Brown**
  Chips and heart chip
- **7 DMC 543 Ultra Very Light Beige**
  Chip lights

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**
   strands by part on page 2
   Lace hearts, chips, heart chip, chip lights



2. **Chain stitch**, 3 strands
   Lace edge



3. **Running stitch**, 2 strands
   Lace scallops

4. **Stem stitch**
   strands by part on page 2
   Cookie, shade under the chips, chips, chip lights, heart chip

5. **Lazy daisy stitch**, 2 strands
   Lace loops



6. **French knot**
   2 strands, two wraps
   Lace knots



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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A dashed line is running stitch.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 3865 Winter White
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3 DMC 976 Medium Golden Brown
4 DMC 3827 Pale Golden Brown
5 DMC 3855 Light Autumn Gold
6 DMC 938 Ultra Dark Coffee Brown
7 DMC 543 Ultra Very Light Beige

How many strands

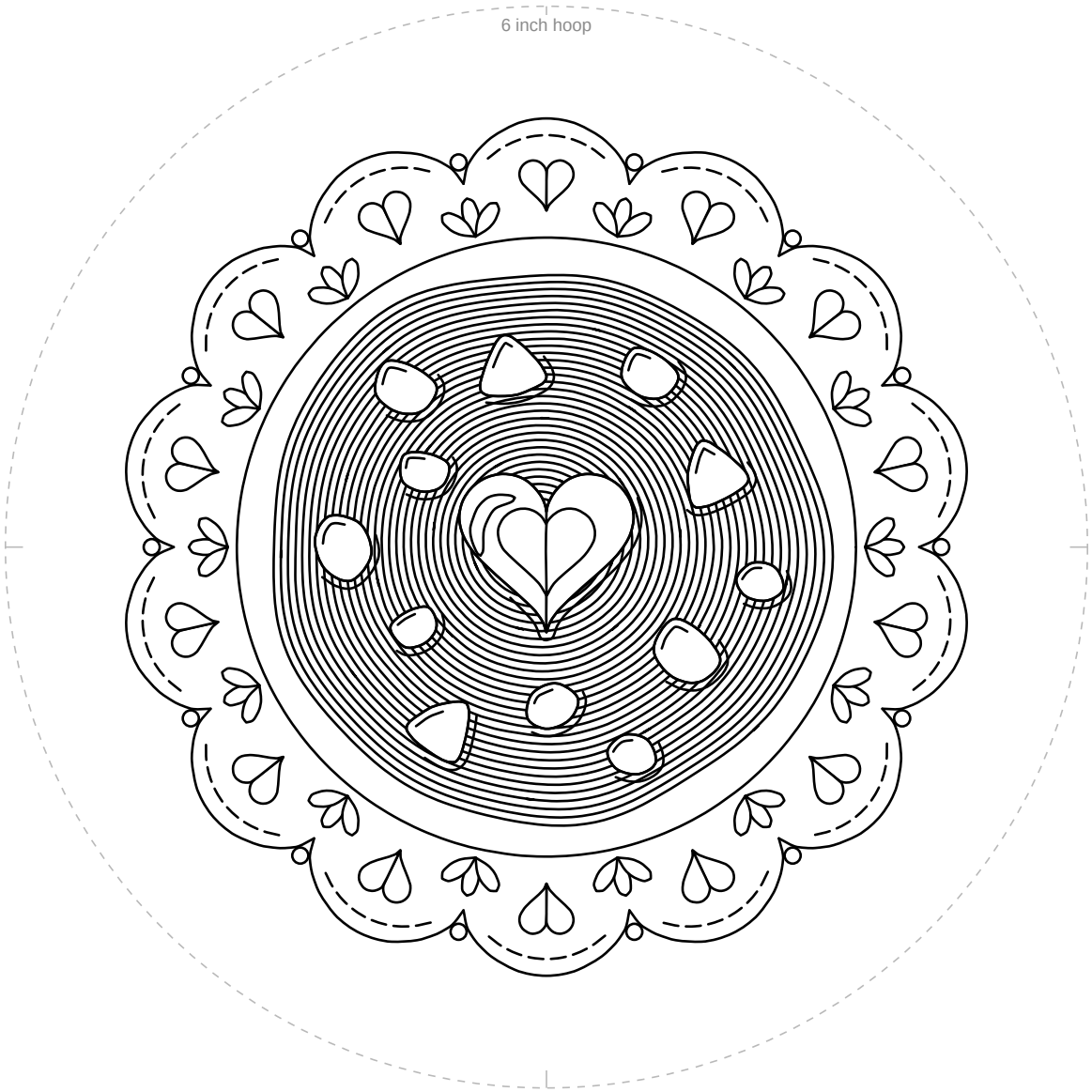
Satin stitch. 3 strands: lace hearts; 2 strands: chips, heart chip, chip lights.
Stem stitch. 6 strands: cookie; 4 strands: shade under the chips; 3 strands: heart chip; 2 strands: chips, chip lights.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

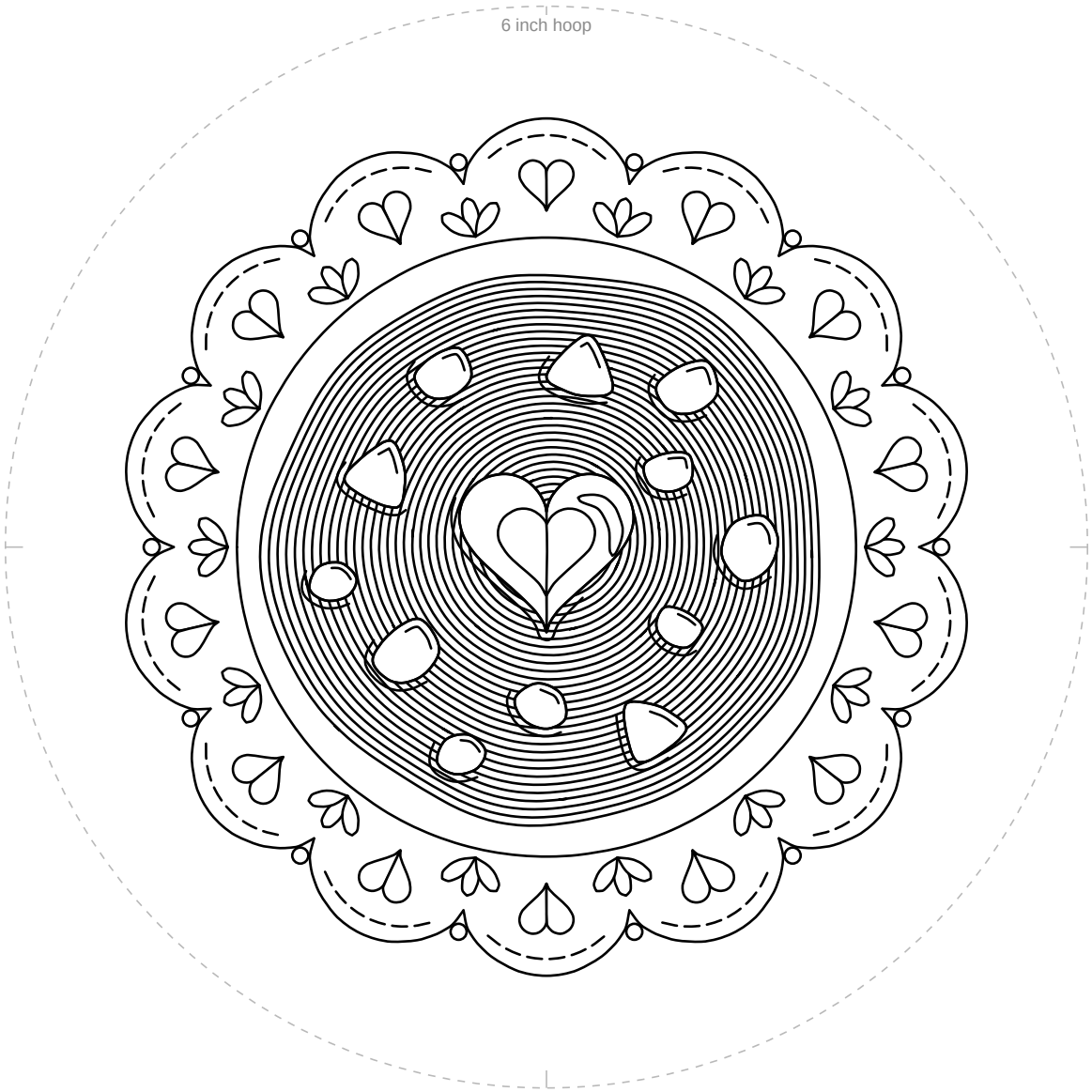
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Chocolate chip cookie with a heart chip

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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