Choose joy

6 inch (15 cm) hoop, 4.9 × 4.9 in (12.4 × 12.4 cm)



Colors by number: page 2.
Fabric: dark teal cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of dark teal cotton or linen.

An embroidery needle, size 9.

23 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   colors 1, 2, 3, 4, 5, 6, 10, 11, 12, 13, 14, 15, 16, 18, 19, 20, 21, 23
   2 strands: sky, far hills, flower field, near hills, grass verge
   1 strand: far ear, neck and chest, scarf, jaw, tongue, head, near ear, paw



2. **Satin stitch**
   2 strands, colors 7, 8, 14, 15, 16, 22
   Chrome molding, door handle, mirror stand, mirror, scarf knot, mouth, nose, closed eye, poppies, letters



3. **Back stitch**, 2 strands, color 8
   Molding shade, handle shade

4. **Stem stitch**, colors 7, 8, 9
   3 strands: window trim, roof trim, edge
   2 strands: door seams, mirror rim

5. **Straight stitch**, 2 strands, color 7
   Nose highlight



6. **Split stitch**, colors 11, 14
   1 strand: tongue crease
   2 strands: mouth line, toes

7. **Lazy daisy stitch**
   2 strands, color 17
   Daisies



8. **French knot**
   two wraps, colors 5, 10, 17, 22
   2 strands: scarf dots, daisy centers, poppy centers, buttercups
   1 strand: whisker dots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Choose joy

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 746 Off White	9	DMC 926 Medium Gray Green	17	DMC BLANC White
2	DMC 3841 Pale Baby Blue	10	DMC 434 Light Brown	18	DMC 738 Very Light Tan
3	DMC 747 Very Light Sky Blue	11	DMC 801 Dark Coffee Brown	19	DMC 3733 Dusty Rose
4	DMC 3348 Light Yellow Green	12	DMC 435 Very Light Brown	20	DMC 3731 Very Dark Dusty Rose
5	DMC 3820 Dark Straw	13	DMC 437 Light Tan	21	DMC 739 Ultra Very Light Tan
6	DMC 3347 Medium Yellow Green	14	DMC 815 Medium Garnet	22	DMC 3371 Black Brown
7	DMC 762 Very Light Pearl Gray	15	DMC 321 Red	23	DMC 3346 Hunter Green
8	DMC 318 Light Steel Gray	16	DMC 3801 Very Dark Melon		

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Choose joy

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.