Christ with open hands

6 inch (15 cm) hoop, 4.2 × 4.9 in (10.7 × 12.4 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 22 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), embroidery needles size 9, and size 3 for 4 to 6 strands, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of navy cotton or linen, a white pencil.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Lily stems
2. **Fishbone stitch**, 2 strands
   Lily leaves
3. **Long and short stitch**, 1 strand
   Lilies (colors 3 and 6), feet (colors 10 and 11), robe, mantle, sleeves, hands (colors 10, 11 and 14), neck, hair, face, beard
4. **Satin stitch**, 2 strands
   Lilies (colors 3, 6 and 7), lily throats, feet (color 14), robe folds, gold hem, mantle folds, sleeve folds, sleeve lining, hands (colors 11 and 14), neckline, mouth
5. **Couching**
   4 strands: long rays, sleeve hems
   6 strands: halo ring
6. **Straight stitch**
   3 strands: short rays
   1 strand: edges of the lily throats, stamens
   2 strands: wound marks
7. **Split stitch**
   1 strand: lily edges, fold lines, mantle creases, palm lines, nose (color 12), hair highlights
   2 strands: robe edges, sleeve edges, sleeve seams, eyelids, brows
8. **Chain stitch**, 2 strands
   Mantle hem
9. **Back stitch**, 1 strand
   Edges of the mouth, nose (color 10)
10. **Padded satin stitch**, 2 strands
    Mantle roll
11. **French knot**, two wraps
    2 strands: pearls
    1 strand: stamen tips

Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3820 Dark Straw	9	DMC 772 Very Light Yellow Green	17	DMC 644 Medium Beige Gray
2	DMC 822 Light Beige Gray	10	DMC 869 Very Dark Hazelnut Brown	18	DMC 642 Dark Beige Gray
3	DMC BLANC White	11	DMC 437 Light Tan	19	DMC 3031 Very Dark Mocha Brown
4	DMC 3363 Medium Pine Green	12	DMC 3828 Hazelnut Brown	20	DMC 801 Dark Coffee Brown
5	DMC 523 Light Fern Green	13	DMC 422 Light Hazelnut Brown	21	DMC 434 Light Brown
6	DMC 3753 Ultra Very Light Antique Bl...	14	DMC 738 Very Light Tan	22	DMC 3722 Medium Shell Pink
7	DMC 159 Light Gray Blue	15	DMC 918 Dark Red Copper		
8	DMC 160 Medium Gray Blue	16	DMC 161 Gray Blue		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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