Christmas calories don’t count, holly

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where: by number on page 2.
Fabric: navy cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3865 Winter White**
  Words, peaks, band lines, ring and berry lights, star (lighter)
- **2 DMC 3364 Pine Green**
  Holly leaves (light), boughs
- **3 DMC 502 Blue Green**
  Holly leaves (dark)
- **4 DMC 503 Medium Blue Green**
  Holly leaves (lightest)
- **5 DMC 772 Very Light Yellow Green**
  Leaf veins
- **6 DMC 3363 Medium Pine Green**
  Holly leaves (darkest)
- **7 DMC 350 Medium Coral**
  Berries (light)
- **8 DMC 498 Dark Red**
  Berries (dark)
- **9 DMC 321 Red**
  Diamonds and knots, berries (middle)
- **10 DMC 3753 Ultra Very Light Antique Blue**
  Star (darker)

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Holly leaves, peaks, diamonds, star, words
2. **Padded satin stitch**, 2 strands
   Berries
3. **Chain stitch**, 2 strands
   Ring
4. **Stem stitch**, strands by part on page 2
   Boughs, band lines
5. **Split stitch**, 1 strand
   Leaf veins, words
6. **Straight stitch**, 1 strand
   Berry lights
7. **French knot**, 2 strands, two wraps
   Knots

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3865 Winter White	**5**	DMC 772 Very Light Yellow Green	**9**	DMC 321 Red
2	DMC 3364 Pine Green	**6**	DMC 3363 Medium Pine Green	**10**	DMC 3753 Ultra Very Light Antique Bl...
3	DMC 502 Blue Green	**7**	DMC 350 Medium Coral		
4	DMC 503 Medium Blue Green	**8**	DMC 498 Dark Red		

How many strands

Stem stitch. 3 strands: boughs; 2 strands: band lines.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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