Coach in chalk letters

6 inch (15 cm) hoop, 3.5 × 3.2 in (8.9 × 8.1 cm)



A number is a row of the list.
Fabric: dark green cotton or linen.

Floss

- **DMC 3865 Winter White**
  Letters
- **DMC 351 Coral**
  Crosses
- **DMC 3325 Light Baby Blue**
  Dashed play, ring and arrowhead
- **DMC 3821 Straw**
  Star

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of dark green cotton or linen.

Embroidery needles, size 7, and size 3 for 4 or 5 strands.

One skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 2 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 2 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 2 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**, 2 strands
   Crosses, arrowhead, star



2. **Chain stitch**
   2 strands: letters
   3 strands: ring



Stitch in this order, continued

3. **Running stitch**, 5 strands
   Dashed play

Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a dashed line is running stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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