Coneflower coaster

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

24 colors of floss (page 2): 2 skeins of DMC 745; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 19, 21, 22, 23
   Sky, sun, clouds, far hills, near hills, prairie grass, leaves, petals, cone, flower stems, wings, broad grass



2. **Satin stitch**
   2 strands, colors 12, 13, 14, 15, 21, 23, 24
   Seed heads, far flowers, wing spots, body, head, eyes



3. **Split stitch**
   1 strand, colors 10, 17, 22
   Leaf veins, petal edges, wing veins, wing edges

4. **Straight stitch**, colors 18, 21, 24
   2 strands: lines of the cone
   1 strand: body bands, eye highlights



5. **Stem stitch**, colors 9, 10, 11, 24
   1 strand: lines of the seed heads, lines of the far flowers
   2 strands: lines of the flower stems
   4 strands: rim

6. **Padded satin stitch**
   2 strands, colors 21, 22, 23
   Body



7. **French knot**
   2 strands, two wraps, colors 16, 18, 19, 20
   Knots of the far flowers, knots of the cone



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 745 Light Pale Yellow	9	DMC 3012 Medium Khaki Green	17	DMC 915 Dark Plum
2	DMC 3341 Apricot	10	DMC 936 Very Dark Avocado Green	18	DMC 922 Light Copper
3	DMC 3825 Pale Pumpkin	11	DMC 3362 Dark Pine Green	19	DMC 300 Very Dark Mahogany
4	DMC 3856 Ultra Very Light Mahogany	12	DMC 834 Very Light Golden Olive	20	DMC 742 Light Tangerine
5	DMC 3823 Ultra Pale Yellow	13	DMC 718 Plum	21	DMC 598 Light Turquoise
6	DMC 3743 Very Light Antique Violet	14	DMC 3607 Light Plum	22	DMC 3808 Ultra Very Dark Turquoise
7	DMC 3042 Light Antique Violet	15	DMC 3608 Very Light Plum	23	DMC 3810 Dark Turquoise
8	DMC 3041 Medium Antique Violet	16	DMC 920 Medium Copper	24	DMC 154 Very Dark Grape

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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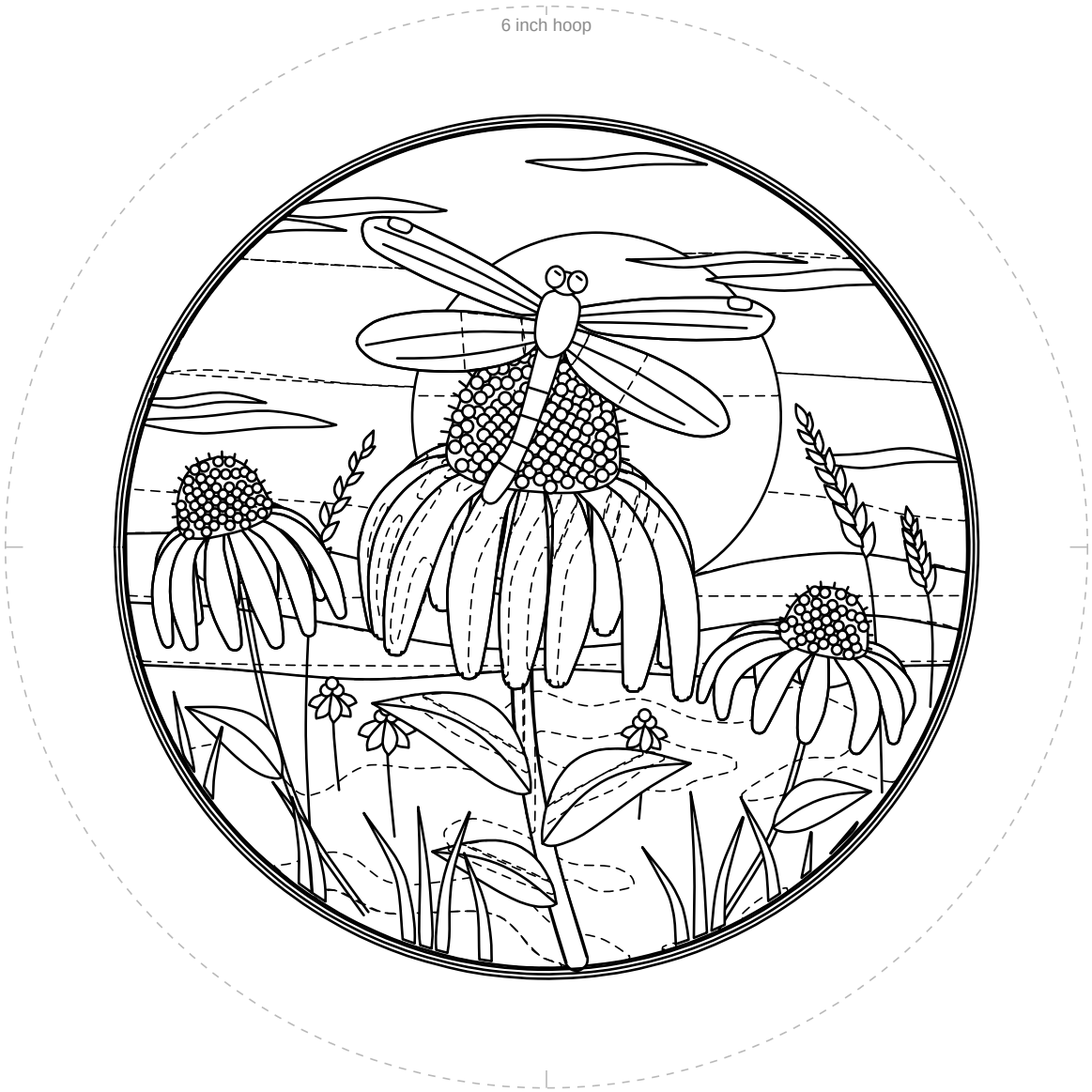
Coneflower coaster

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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