Cross country skier in a birch wood

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Sky, mountains, far wood, snow, blue shadow, birch trunks, hare, sweater, mittens, socks, boots, trousers, hair
2. **Satin stitch**, 2 strands
   Ear tips, hare eye, skis, cuffs, neck, braid, braid tie, face, headband, ear, collar
3. **Stem stitch**, strands by part on page 2
   Ski tracks, birch twigs, shadow poles, ski edges, ski poles, hoop edge
4. **Split stitch**, strands by part on page 2
   Birch bark, sweater, mittens, socks, boots, trousers, face edge
5. **Straight stitch**, strands by part on page 2
   Hare eye light, hare nose, whiskers, pole baskets, braid lights, braid end, eye, eyebrow, mouth
6. **Chain stitch**, 1 strand
   Sweater pattern
7. **French knot**, 1 strand, two wraps
   Sweater pattern

Floss

- **1 DMC 712 Cream**
  Sky and snow (lightest), birch trunks, socks and mittens (lighter) and 6 more parts
- **2 DMC 758 Very Light Terra Cotta** Sky (darkest)
- **3 DMC 3825 Pale Pumpkin** Sky (dark)
- **4 DMC 3824 Light Apricot** Sky (middle)
- **5 DMC 967 Very Light Apricot**
  Sky and mountains (light)
- **6 DMC 340 Medium Blue Violet**
  Mountains (dark), far wood (lighter), snow (darkest)
- **7 DMC 3746 Dark Blue Violet**
  Far wood (darker), mountains (darkest), ski tracks
- **8 DMC 341 Light Blue Violet**
  Snow (dark), mountains (middle dark), blue shadow (lighter)
- **9 DMC 3747 Very Light Blue Violet**
  Snow (light), mountains (middle light)
- **10 DMC 3839 Medium Lavender Blue**
  Blue shadow (darker), trousers (light), shadow poles
- **11 DMC 3032 Medium Mocha Brown**
  Birch bark (lighter), birch trunks, socks and mittens (darker), hare (middle)
- **12 DMC 3781 Dark Mocha Brown**
  Boots (lighter), birch bark (darker), birch twigs and ski poles and 3 more parts
- **13 DMC 310 Black**
  Braid, hair, braid end, ear tips, hare eye, eye, eyebrow and hare nose, boots (darker)
- **14 DMC 3772 Very Dark Desert Sand**
  Skis, neck and face edge
- **15 DMC 918 Dark Red Copper**
  Sweater (dark), ski edges and mouth
- **16 DMC 921 Copper** Sweater (middle), collar and braid tie
- **17 DMC 930 Dark Antique Blue**
  Trousers (middle), hoop edge and braid lights
- **18 DMC 3750 Very Dark Antique Blue**
  Trousers (dark)
- **19 DMC 922 Light Copper** Sweater (light)
- **20 DMC 407 Dark Desert Sand** Face and ear

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Cross country skier in a birch wood

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 712 Cream	**8**	DMC 341 Light Blue Violet	**15**	DMC 918 Dark Red Copper
2	DMC 758 Very Light Terra Cotta	**9**	DMC 3747 Very Light Blue Violet	**16**	DMC 921 Copper
3	DMC 3825 Pale Pumpkin	**10**	DMC 3839 Medium Lavender Blue	**17**	DMC 930 Dark Antique Blue
4	DMC 3824 Light Apricot	**11**	DMC 3032 Medium Mocha Brown	**18**	DMC 3750 Very Dark Antique Blue
5	DMC 967 Very Light Apricot	**12**	DMC 3781 Dark Mocha Brown	**19**	DMC 922 Light Copper
6	DMC 340 Medium Blue Violet	**13**	DMC 310 Black	**20**	DMC 407 Dark Desert Sand
7	DMC 3746 Dark Blue Violet	**14**	DMC 3772 Very Dark Desert Sand		

How many strands

Stem stitch. 3 strands: ski poles, hoop edge; 2 strands: shadow poles; 1 or 2 strands: ski tracks; 1 strand: birch twigs, ski edges.
Split stitch. 1 or 2 strands: birch bark; 1 strand: sweater, mittens, socks, boots, trousers, face edge.
Straight stitch. 3 strands: pole baskets; 2 strands: hare nose, braid end; 1 strand: hare eye light, whiskers, braid lights, eye, eyebrow, mouth.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Cross country skier in a birch wood

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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