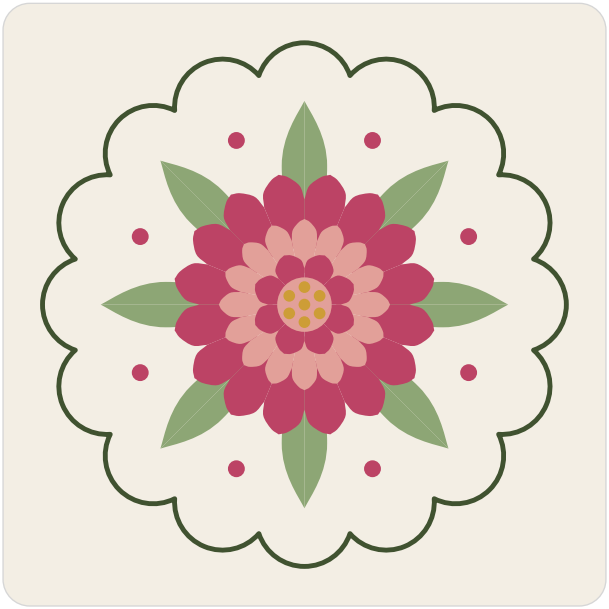
Dahlia coaster

6 inch (15 cm) hoop, 4.5 × 4.5 in (11.4 × 11.4 cm)



Colors.

Floss

- **DMC 989 Forest Green**
  Leaves
- **DMC 3350 Ultra Dark Dusty Rose**
  Dahlia outer petals, dahlia inner petals and knots between the leaves
- **DMC 152 Medium Light Shell Pink**
  Dahlia middle petals and dahlia center
- **DMC 3852 Very Dark Straw**
  Dahlia center knots
- **DMC 986 Very Dark Forest Green**
  Scalloped edge

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 7.

One skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 4 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 4 on top; trace with a ballpoint.

Iron-on pen: go over page 5, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Fishbone stitch**, 2 strands
   Leaves



2. **Satin stitch**, 2 strands
   Dahlia outer petals, dahlia middle petals, dahlia inner petals, dahlia center



Stitch in this order, continued

3. **Stem stitch**, 2 strands
   Scalloped edge

4. **French knot**
   Dahlia center knots (2 strands, two wraps), knots between the leaves (4 strands, two wraps)



Take out lines that still show, press face down, finish the hoop.

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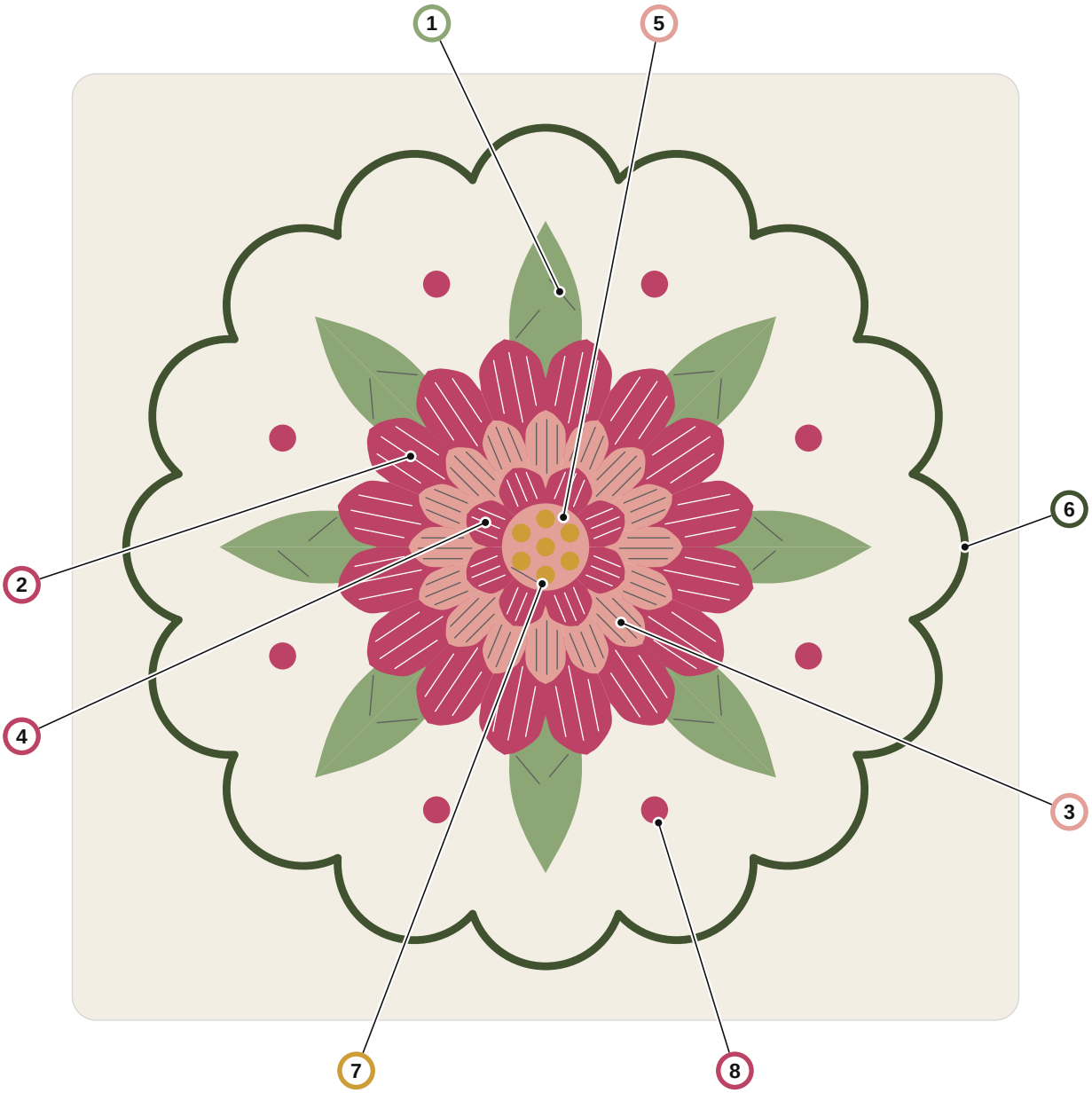
Dahlia coaster

6 inch hoop

Each number is one group of like parts, numbered in the order of work. The short lines show which way the stitches lie. The picture is not to size.



	PART	STITCH	FLOSS	STRANDS
1	**Leaves × 8**	Fishbone stitch	DMC 989 Forest Green	2 strands
2	**Dahlia outer petals × 16**	Satin stitch	DMC 3350 Ultra Dark Dusty Rose	2 strands
3	**Dahlia middle petals × 16**	Satin stitch	DMC 152 Medium Light Shell Pink	2 strands
4	**Dahlia inner petals × 8**	Satin stitch	DMC 3350 Ultra Dark Dusty Rose	2 strands
5	**Dahlia center**	Satin stitch	DMC 152 Medium Light Shell Pink	2 strands
6	**Scalloped edge**	Stem stitch	DMC 986 Very Dark Forest Green	2 strands
7	**Dahlia center knots × 7**	French knot	DMC 3852 Very Dark Straw	2 strands, two wraps
8	**Knots between the leaves × 8**	French knot	DMC 3350 Ultra Dark Dusty Rose	4 strands, two wraps

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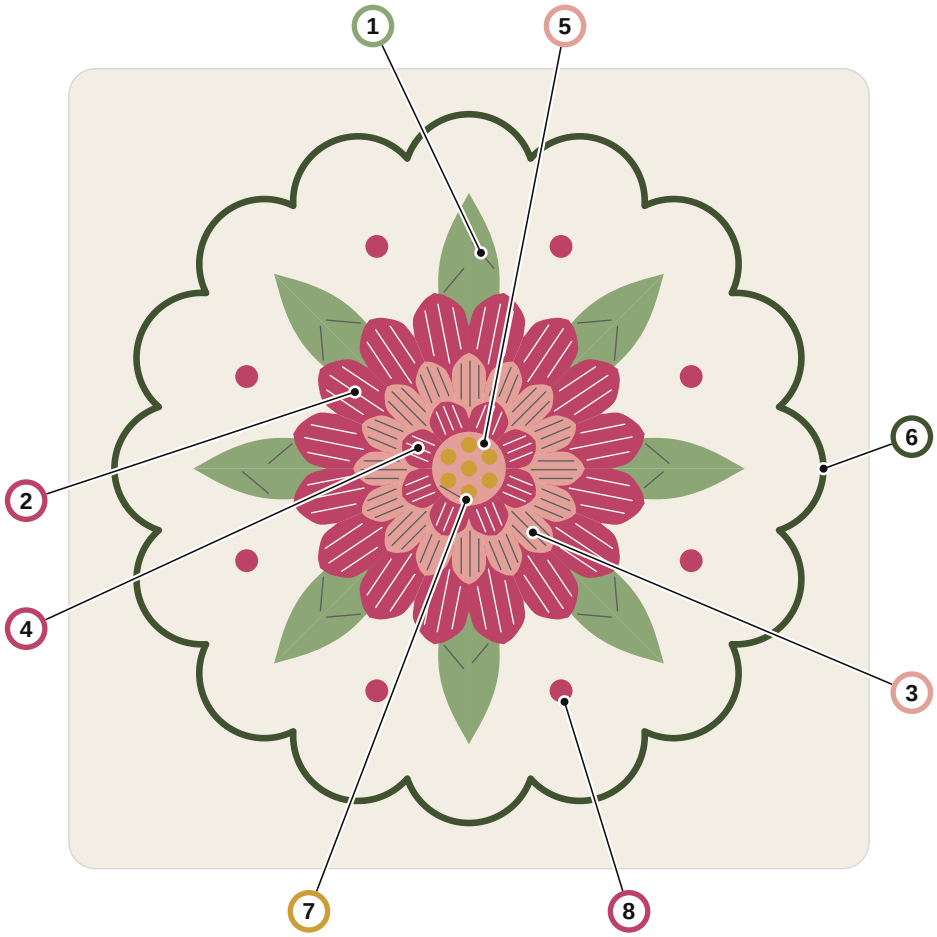
Dahlia coaster

6 inch hoop

The numbers are those of the stitch and color map on page 2.



Work it in this order

1 Start with the leaves in fishbone stitch. End each stitch just across the center line, not on it.

2 to 5 Then the dahlia outer petals (2), the dahlia middle petals (3), the dahlia inner petals (4) and the dahlia center (5) in satin stitch. Before you take the first stitch down, hold the thread across the shape to set its angle.

6 Then the scalloped edge in stem stitch. Keep the working thread below the line for every stitch. Keep the stitches equal in length, and shorten them on tight curves so the line stays smooth. For a sharp corner, end the line at the corner with the needle down, then start a new line in the new direction.

7 and 8 Last, the dahlia center knots (7) and the knots between the leaves (8) as French knots. Hold the working thread taut from the first wrap until only the last inch or so (about 2.5 cm) is left to pull through. Take the needle down right beside the place it came up, with a little space between. Do not use the same hole, or the knot can pull through to the back.

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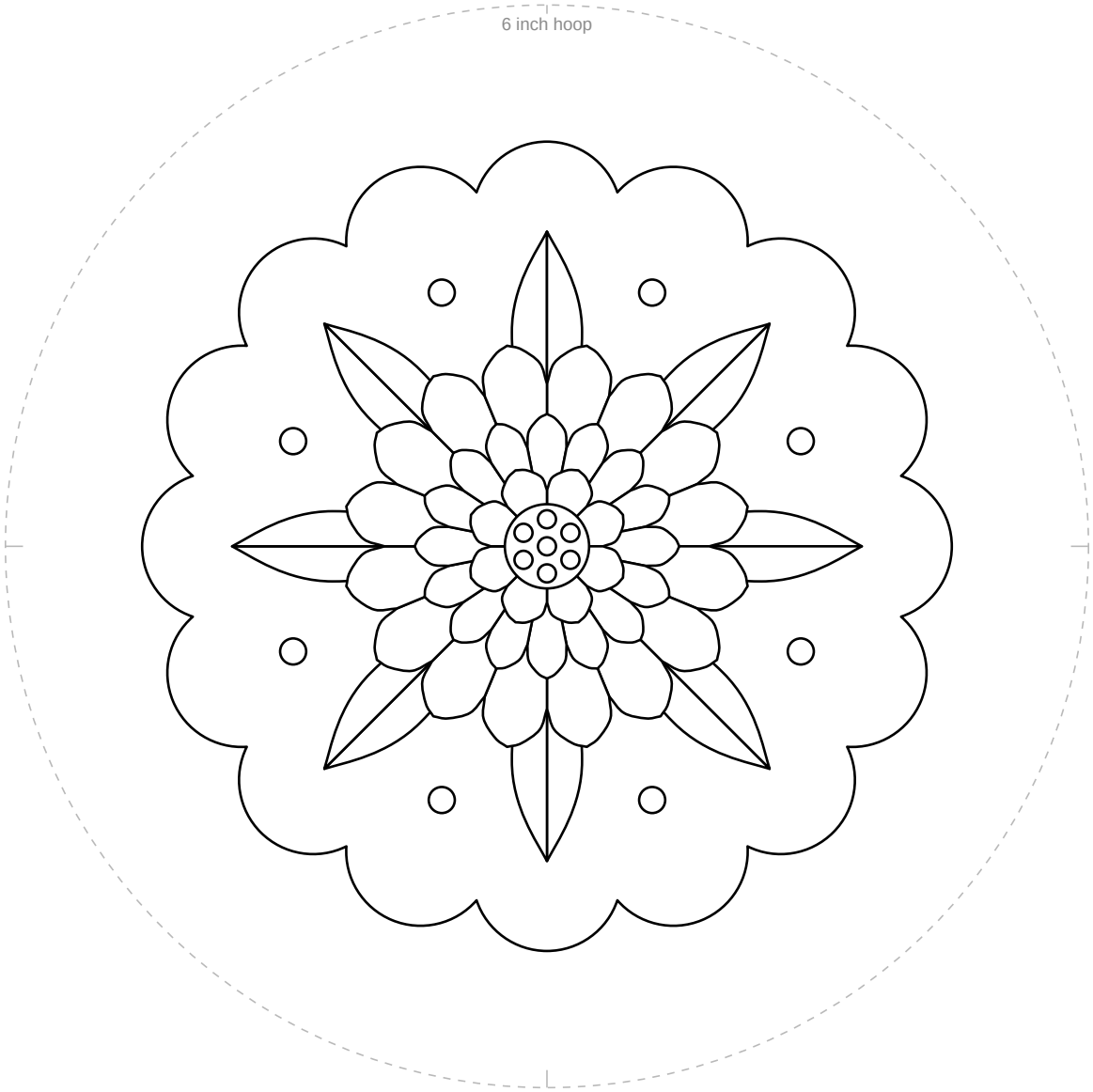
Dahlia coaster

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.

Key. The numbers are those of the stitch and color map on page 2.

1. Leaves · 989 · fishbone
2. Dahlia outer petals · 3350 · satin
3. Dahlia middle petals · 152 · satin
4. Dahlia inner petals · 3350 · satin
5. Dahlia center · 152 · satin
6. Scalloped edge · 986 · stem stitch
7. Dahlia center knots · 3852 · French knot
8. Knots between the leaves · 3350 · French knot



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Dahlia coaster

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.

Key. The numbers are those of the stitch and color map on page 2.

1. Leaves · 989 · fishbone
2. Dahlia outer petals · 3350 · satin
3. Dahlia middle petals · 152 · satin
4. Dahlia inner petals · 3350 · satin
5. Dahlia center · 152 · satin
6. Scalloped edge · 986 · stem stitch
7. Dahlia center knots · 3852 · French knot
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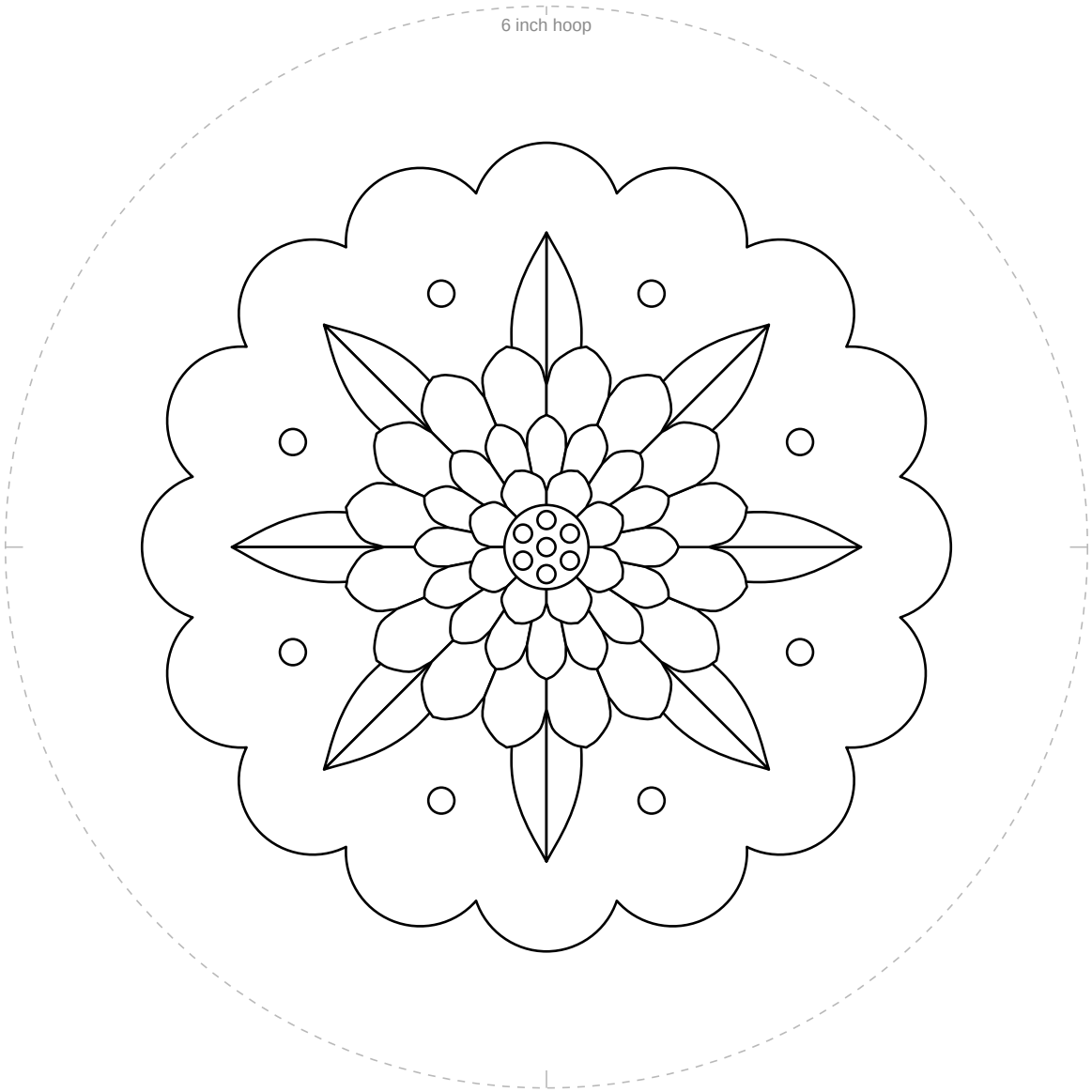

1 in
25.4 mm

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