Daisy chain mandala

6 inch (15 cm) hoop, 4.9 × 4.9 in (12.4 × 12.4 cm)



Colors by number: page 2.
Fabric: denim blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of denim blue cotton or linen.

Embroidery needles, size 9, and size 3 for 4 or 5 strands.

12 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   5 strands: bud stems
   2 strands: ring stem

2. **Fishbone stitch**, 2 strands
   Leaves



3. **Long and short stitch**, 1 strand
   Open daisy petals, side daisy petals, buds, big daisy outer petals, big daisy inner petals



4. **Satin stitch**, 2 strands
   Daisy stems, twisted stems, ring leaves, ring flowers, daisy eyes, green cups, big daisy eye



5. **Stem stitch**
   3 strands: tendrils
   1 strand: lines of the leaves

6. **Split stitch**, 1 strand
   Big daisy inner edge

7. **French knot**
   2 strands, two wraps
   Pearls, ring flower centers, knots of the daisy eyes, knots of the big daisy eye



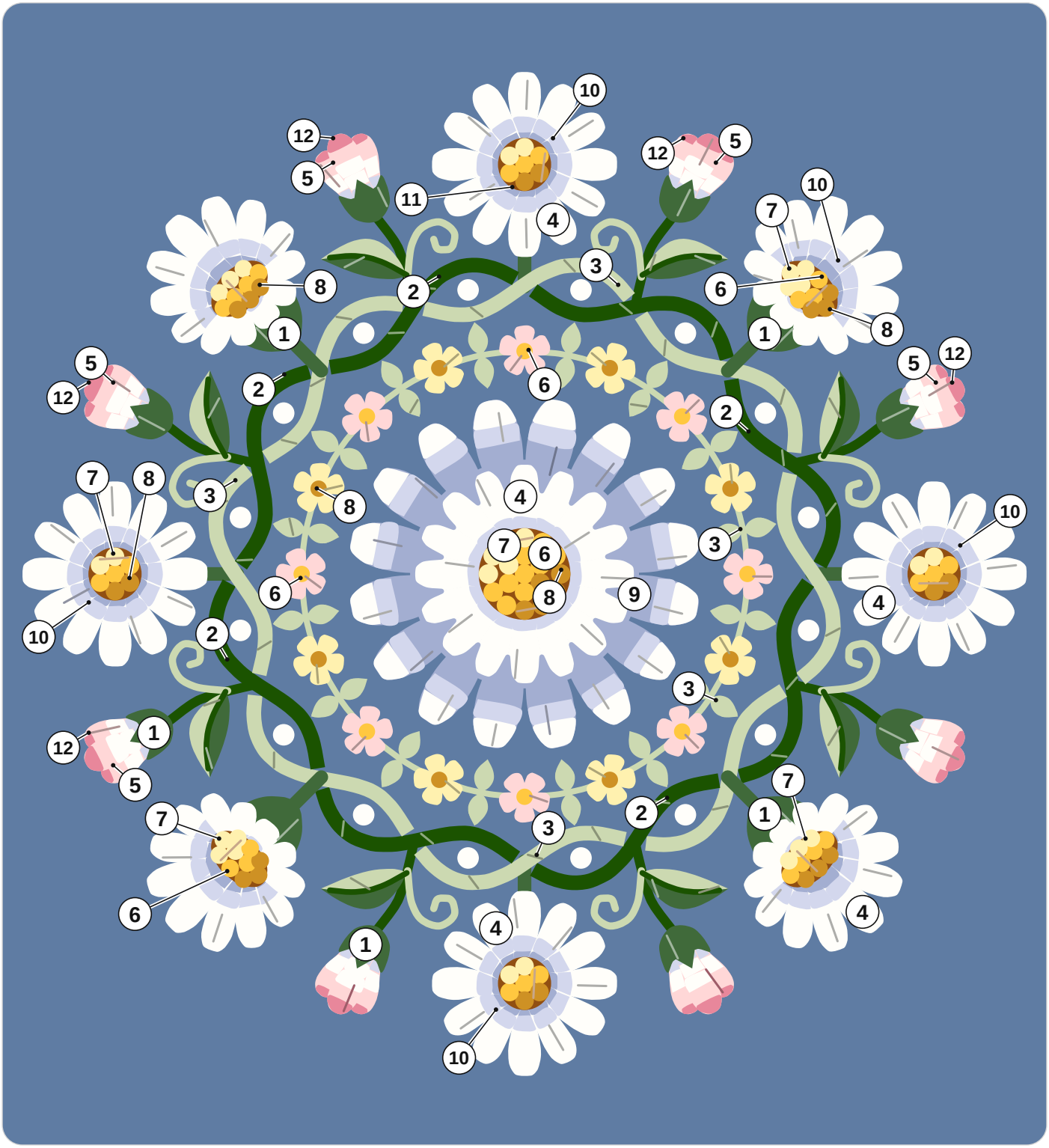
Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



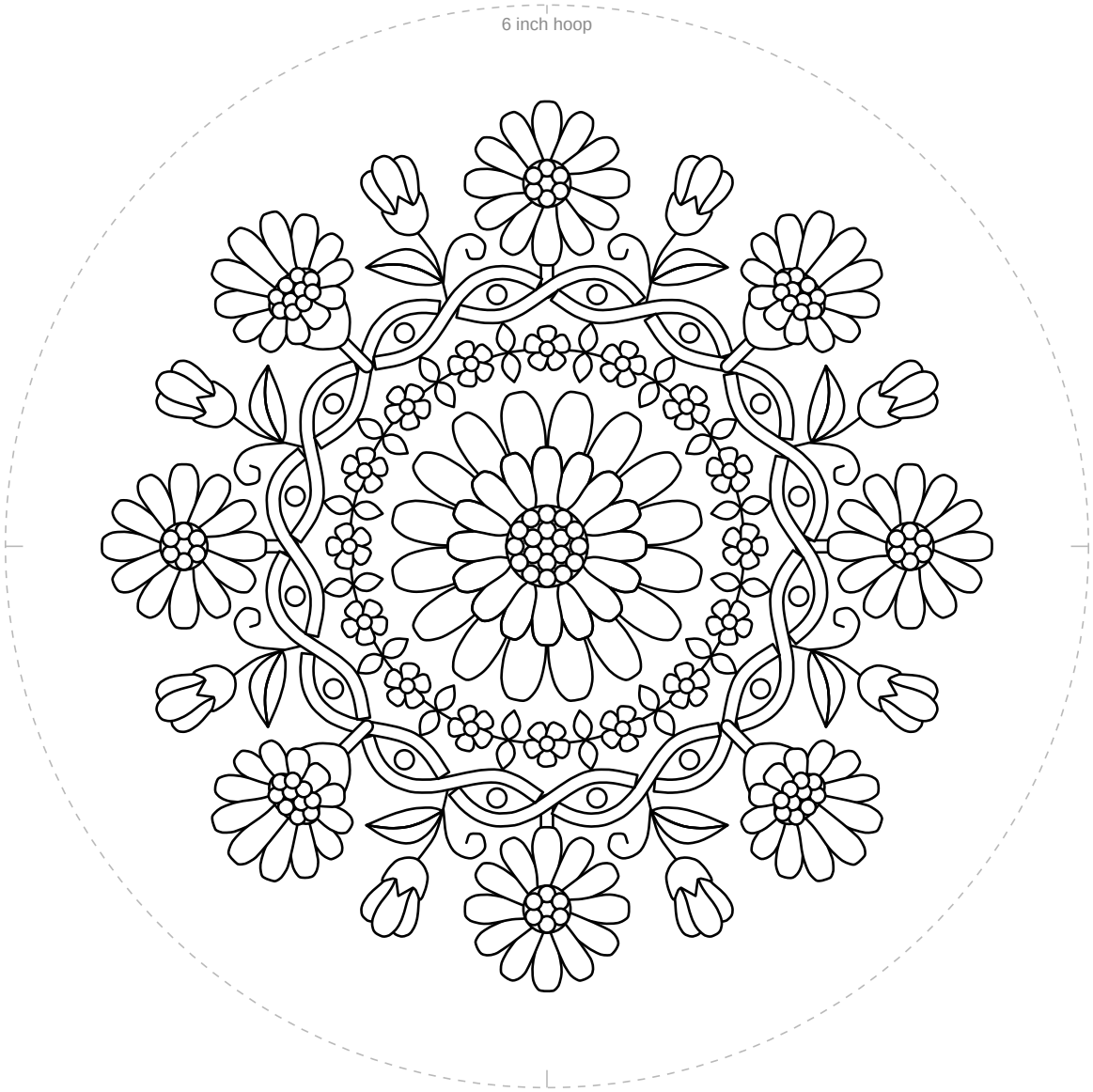
1	DMC 3346 Hunter Green	5	DMC 963 Ultra Very Light Dusty Rose	9	DMC 156 Medium Light Blue Violet
2	DMC 895 Very Dark Hunter Green	6	DMC 725 Medium Light Topaz	10	DMC 3747 Very Light Blue Violet
3	DMC 3348 Light Yellow Green	7	DMC 727 Very Light Topaz	11	DMC 975 Dark Golden Brown
4	DMC BLANC White	8	DMC 783 Medium Topaz	12	DMC 3733 Dusty Rose

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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